

WELCOME TO  
**SAINT BRENDAN & SAINT TERESA OF CALCUTTA  
PARISH FAMILY**

20TH SUNDAY IN ORDINARY TIME  
AUGUST 17, 2025



Jesus said to his disciples: *"I have come to set the earth on fire, and how I wish it were already blazing!"*—LUKE 12:49

**SAINT BRENDAN PARISH | STB**



**SUNDAY MASS**

- Saturday Vigil | 5PM
- Sunday | 8AM | 10AM\* | 12PM\* (Misa en Español)

\* LIVESTREAM ON FACEBOOK

**DAILY MASS** Monday, Wednesday - Saturday | 8:30AM

**ADORATION**

- Monday - Thursday | 1:00PM to 6:00PM
- Friday | 9:30AM to 6:00PM
- First Friday | 9:30AM to FIRST SATURDAY DEVOTION at 7:30AM\*

\*WITH ROSARY FOLLOWED BY BENEDICTION

**CONFESSION**

- Monday, Wednesday - Saturday | 7:45AM - 8:15AM
- Saturdays | 2:30PM - 4:00PM

*"Help me to journey beyond the familiar and into the unknown. Give me the faith to leave old ways and break fresh ground with You"* —ST. BRENDAN, THE NAVIGATOR

**SAINT TERESA OF CALCUTTA PARISH | STOC**



**SUNDAY MASS**

- Saturday Vigil | 5PM
  - Sunday | 9AM | 11AM
- (5PM SUNDAY MASS WILL RESUME SEPT 14).

**DAILY MASS** - Tuesday to Friday | 9AM

**ADORATION**

- Tuesday - Friday | 8:30AM (Prior to Daily Mass)
- Benediction just before 9AM Mass

**CONFESSION**

- Saturday | 3PM to 4:30PM
- Other: By Appointment.

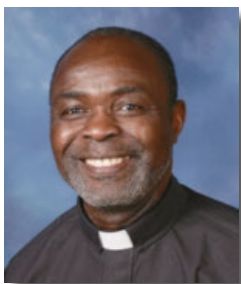
*"Do small things with great love"*—SAINT MOTHER TERESA

# PARISH DIRECTORY



## PASTOR

Rev. Nicholas Wichert  
[frwichert@saintbrendan.org](mailto:frwichert@saintbrendan.org)  
425-483-9400, Ext 2647  
[frwichert@saintteresa.org](mailto:frwichert@saintteresa.org)  
425-806-8096, Ext. 3103



## PAROCHIAL VICAR

Rev. Peter Adoko-Enchill  
[frpeter@saintbrendan.org](mailto:frpeter@saintbrendan.org)  
[frpeter@saintteresa.org](mailto:frpeter@saintteresa.org)  
425-806-8096, Ext 3107

## DEACONS

- Dcn. Leon Garcia-Martinez | [deaconleon@saintbrendan.org](mailto:deaconleon@saintbrendan.org)
- Dcn. Armando Medina | [deaconarmando@saintbrendan.org](mailto:deaconarmando@saintbrendan.org)

## ST. BRENDAN PARISH (STB)

**Monday - Friday | 9:15AM-Noon • 12:30PM-4PM**

- **Church** - 10100 NE 192nd St, Bothell, WA 98011-2931
- **Office** - 10051 NE 195th St., Bothell, WA 98011-2931
- 425-483-9400 | [www.saintbrendan.org](http://www.saintbrendan.org)

**Pastoral Assistant for Administration**

**Pastoral Assistant for Evangelization**

Brigette Blair | ext. 2645 | [bridgetteb@saintbrendan.org](mailto:bridgetteb@saintbrendan.org)

**Bookkeeper** | Mary Deitch | ext. 2642 | [bookkeeper@saintbrendan.org](mailto:bookkeeper@saintbrendan.org)

**Children & Family Ministry • OCIA Coordinator**

Mark Sizemore | ext. 2648 | [childfamilyministry@saintbrendan.org](mailto:childfamilyministry@saintbrendan.org)

**Confirmation**

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**Director of Music** | [directorofmusic@saintbrendan.org](mailto:directorofmusic@saintbrendan.org)

**Facilities Supervisor**

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**Office Assistant** | Christy Avila | ext. 2677 | [christya@saintbrendan.org](mailto:christya@saintbrendan.org)

**Receptionist** | Lupita Silva Ocampo | [receptionist@saintbrendan.org](mailto:receptionist@saintbrendan.org)

**Liturgical Minister Schedule • Bulletin**

Ermina Swager | [ermina@saintbrendan.org](mailto:ermina@saintbrendan.org) • [bulletin@saintbrendan.org](mailto:bulletin@saintbrendan.org)

## ST. BRENDAN PARISH SCHOOL

**Monday - Friday | 8AM to 4PM**

- 10049 NE 195th St., Bothell, WA 98011
- 425-483-8300 | [www.school.saintbrendan.org](http://www.school.saintbrendan.org)

**SUMMER OFFICE HOURS** - Please call for an appointment.

**School Principal** | Catherine Shumate | [catherines@school.saintbrendan.org](mailto:catherines@school.saintbrendan.org)

**Admissions Director** | Karah Burgess | [karahb@school.saintbrendan.org](mailto:karahb@school.saintbrendan.org)

**Advancement Director** | Kerry Engle | [kerrye@school.saintbrendan.org](mailto:kerrye@school.saintbrendan.org)

**School Secretary** | Karyn Murnane | [secretary@school.saintbrendan.org](mailto:secretary@school.saintbrendan.org)

## ST. TERESA OF CALCUTTA PARISH (STOC)

**Monday - Friday | 9AM - 3PM**

- 17856 NE Woodinville Duvall Rd, Woodinville WA 98077
- 425-806-8096 | [www.saintteresa.org](http://www.saintteresa.org)

**Parish Assistant for Administration**

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**Administrative Assistants**

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**First Communion • Children's Catechesis**

Analaura Rodriguez | Ext 3101 | [analaura@saintteresa.org](mailto:analaura@saintteresa.org)

**Confirmation • Youth Ministry**

Andrew Duncan | Ext. 3102 | [andrew@saintteresa.org](mailto:andrew@saintteresa.org)

**OCIA Coordinator • Adult Catechesis**

Mark Sizemore | [childfamilyministry@saintbrendan.org](mailto:childfamilyministry@saintbrendan.org)

**Director of Music** - [music@saintteresa.org](mailto:music@saintteresa.org)

## MINISTRY TO THE SICK AND HOMEBOUND

To arrange for the Sacrament of the Anointing of the Sick or to receive Holy Communion at home, please contact the Parish Office. For after hours emergency care you may also call the Eastside Deanery Pastoral Care Ministry at 425-655-3200.

## MINISTERIO PARA LOS ENFERMOS

Para hacer arreglos para el Sacramento de la Unción de los Enfermos o para recibir la Santa Comunión en casa, por favor contacte la Oficina de la Parroquia.

## FUNERAL MASSES AND BURIAL RITES

To arrange for a funeral Mass, please contact the Parish Office, or ask the funeral director to do so.

## MISAS PARA FUNERALES Y RITOS DE ENTIERRO

Para hacer arreglos para Misa para funeral, por favor contacte la Oficina de la Parroquia, o pregunte al director de los servicios funerarios.

## PARISH NEWSFLASH

If you would like to receive the weekly St. Teresa Newsflash over email, please let us know at [admin@saintteresa.org](mailto:admin@saintteresa.org).

**To submit a bulletin announcement:**

- **Due Thursday a week before the target weekend.**
- St. Brendan > [bulletin@saintbrendan.org](mailto:bulletin@saintbrendan.org)
- St. Teresa > [admin@saintteresa.org](mailto:admin@saintteresa.org)

**To submit a Mass announcement or Mass intentions:**

- St. Brendan > [receptionist@saintbrendan.org](mailto:receptionist@saintbrendan.org)
- St. Teresa > [admin@saintteresa.org](mailto:admin@saintteresa.org)

## COVER ART

**Title:** *Jesus Preaching on the Mount*

**Artist:** Gustave Dore, 1832-1883 | **Source:** [Bread for Beggars](#)



## UPCOMING EVENTS

- **BIBLE STUDY AT ST. BRENDAN** - Begins SEP 16 • See below • **Next registration is on AUG 16-17.**
- **MOMS GROUP** - Wednesday, AUG 20 • 9:30AM • St. Brendan Nursery.
- **PARISH & SCHOOL PICNICS**
  - o St. Brendan - Sunday, AUG. 24 • After the 10AM Mass
  - o St. Teresa of Calcutta - Sunday, SEP 7 • After the 11AM Mass.
- **APOLOGETICS MINISTRY** - Sunday, AUG 31 • 4PM • St. Brendan Narthex.
- **ST. BRENDAN SCHOOL 13TH ANNUAL GOLF CHARITY TOURNAMENT** - Saturday, SEP 20 • 8AM • See page 6.

### MOMS GROUP

Guided by Mary, we aim to be a space where mothers can find connection and community with other mothers as they seek to grow in their relationship with God and deepen their faith. We meet **every other Wednesday at 9:30am in the St. Brendan nursery.** Our next meeting is **Wednesday, August 20.** All children are welcome up to 10 years of age. Please bring any toys or snacks your child may need. You can email [stbmomsgroup25@gmail.com](mailto:stbmomsgroup25@gmail.com) with questions or for more information.

### BIBLE STUDY

The *Book of Acts of the Apostles* - A 20-Session Bible Study will begin **SEPTEMBER 16, 2025 through FEBRUARY 17, 2026, 7PM to 9PM, at St. Brendan Parish. Registration will be after Mass on AUGUST 16-17.** The fee is \$45. We hope you can join us! For more information, please check out the poster in the St. Brendan Narthex for details or contact [johnhurleyd@gmail.com](mailto:johnhurleyd@gmail.com).



# St. Brendan and St. Teresa

## PARISH & SCHOOL (back-to-school)

# PICNIC!!

**Sunday • August 24 • After the 10AM Mass**

- Join us for Faith, Food, & Fun!
- Salads / Desserts (bring your fave to share)
- Relay Race and Other Games

- Reconnect with friends...
- Meet new ones
- Tents and seats available (Chairs and blankets are welcome.)

*See You All in the Parish/School Field!!*

*"For where two or more are gathered in my name, there I am in the midst of them."*

—Matthew 18:20



*Happier marriages take time and work. We, Marriage Encounter, can help married couples take time and lead them in work to enjoy happier marriages. We also encourage them to be more involved in their parish. They can return to your parish as a greater sign and example for your young people and their children. Children deserve parents who love each other. Children are harmed when their parents live lives that lead to divorce.*

Live better lives of love. Your spouse deserves it, also your children deserve it. **Join the Marriage Encounter Weekend in Everett, WA at the Hampton Inn Nov. 14-16, 2025.** Sign up at <http://www.wwme.org>. scroll down to Everett weekend and fill in your information. WELCOME to the Weekend.



Are you unhappy in your marriage? It doesn't have to be that way! Retrouvaille (pronounced retro-vi) is a marriage program that helps couples restore their marriage and rebuild a loving relationship. Whether you need a refresh or a rescue, we can help. Our next program starts **September 19-21, 2025.** To learn more, call 206-706-2608 or go to [www.marriagehelpnw.com](http://www.marriagehelpnw.com).

# PRAYER AND READINGS

## READINGS OF THE WEEK

### 20TH SUNDAY IN ORDINARY TIME

AUGUST 17, 2025

*LORD, COME TO MY AID!*

(PS 40)

**Sunday:** Jer 38:4-6, 8-10 • Ps 40:2-4, 18 (14b) • Heb 12:1-4 • Lk 12:49-53

**Monday:** Jgs 2:11-19 • Ps 106:34-37, 39-40, 43ab, 44 • Mt 19:16-2

**Tuesday:** Jgs 6:11-24a • Ps 85:9, 11-14 • Mt 19:23-30

**Wednesday:** Jgs 9:6-15 • Ps 21:2-3, 4-7 • Mt 20:1-16

**Thursday:** Jgs 11:29-39a • Ps 40:5, 7-8ab 9, 10 • Mt 22:1-14

**Friday:** Ru 1:1, 3-6, 14b-16, 22 • Ps 146:5-6abc-7-9abc, 10 • Mt 22:34-40

**Saturday:** Ru 2:1-3, 8-11; 4:13-17 • Ps 128:1b-2-5 • Mt 23:1-12

## LET US PRAY FOR . . .

### The Sick

*God of all goodness, Look with mercy on all who suffer any kind of infirmity, sickness or injury, that they may be comforted. Let your hand of healing and protection be upon them. When they are fearful, ease their fear and anxieties. When they are afraid, give them strength and courage. When they feel alone, send them someone to listen and to care. When they are confused, provide reassurance and direction. When they are in pain, ease their suffering. When they despair, give them hope. May they experience your healing presence in the comfort of a caregiver's calm gaze and tender touch. We ask this in your holy name. Amen.*

Fidela (Dely) Aguilar • Victor Barrientos • Colleen Danforth • Howard Danforth • Joan Dedman • Fr. Jay De Folco • Rolando de los Reyes • Tom Heestand • Wayne Kaske • Francis McMonigle • Greg Munter • Arlene Plancich • Joyce Von Feldt • Sarah Watson

### The Deceased

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*

Marie Bapst • Claude Gagnon • Alan Jesus Gutierrez • David Luecke • Gordon McKinzie • Elia Nava • Rudy Plancich • Maritza Rosario • Kyle Sahagun • Diego Valenzuela

SINCE WE ARE SURROUNDED BY SO GREAT A CLOUD  
OF WITNESSES, LET US RID OURSELVES OF EVERY  
BURDEN AND SIN THAT CLINGS TO US AND PERSEVERE  
IN RUNNING THE RACE THAT LIES BEFORE US. —HEB 12:1

O Sacrament Most Holy

O Sacrament Divine

All Praise and

All Thanksgiving

Be Every Moment Thine



## MASS INTENTIONS

### Sunday, August 17

STB

8:00AM +Liesel Al-Haddad

10:00AM For Saint Brendan Parish

12:00PM +Armando Saldana Osorio

STOC

9:00AM For Saint Teresa Parish

11:00AM For Saint Teresa Parish

### Monday, August 18

STB - + Souls in Purgatory

STOC - NO MASS

### Tuesday, August 19

STB - NO MASS

STOC - 9:00AM Kathryn Zimmerman

### Wednesday, August 20

STB - 8:30AM + Ryan Anardy

STOC - 9:00AM +Earl Sims

### Thursday, August 21

STB - 8:30AM Johanna White

STOC - 9:00AM +Robert Machado

### Friday, August 22

STB - 8:30AM Len Bagger

STOC - 9:00AM +Robert Christman

### Saturday, August 23

STB

8:30AM Luis Fernando Luna

5:00PM + Monica Desimone

STOC - 5:00PM For Saint Teresa Parish

*To submit a Mass intention, contact the parish office at the following email address.*

- St. Brendan - receptionist@saintbrendan.org
- St. Teresa of Calcutta - admin@saintteresa.org

+ = deceased.

## SAVE THE DATE - ASCEND: A EUCHARISTIC REVIVAL

*"There is nothing so great as the Eucharist. If God has something more precious, He would have give it to us."* ST. JOHN VIANNEY.

**Date:** Saturday, May 16, 2026

**Place:** Meydenbauer Center, Bellevue.

**Guest Speakers:** Chris Stefanick • Andy & Sarah Swafford.

*Be part of something big in the Northwest.*

## RESPECT LIFE MINISTRY

**Please Pray For These Expecting Mothers:** Sandra (Kinsey) Barnett • Taryn Beard-Killeri • Megan Carlin • Madeline Castro Dempsey • Allison Danforth Reisinger • Katy Danforth Staley • Dalia Davis Elledge • Eustorgia Felipe • Alexis Fuller • Robbi Ann Gray (Buendia) • Mildred Hranek • Rhianna Kofmehl • Colette Lambert Treperinas • MaryKate White Benshoof • Melissa White Harrow.

**Congratulations to:** Shawn & Gemma NASH on the birth of their son, Theodore (Theo) Thomas • Tom & Cate HARMON on the birth of their daughter, Margaret Ann (Maisie) • Ben and Anna HASTINGS on the birth of their son, Charles. • We ask that God bless you and bring you much joy as you raise your little one. If you are expecting a baby and would like your church family to pray for you, please contact Colleen Danforth at [rdhcoll@aol.com](mailto:rdhcoll@aol.com).



## FAITH FORMATION FOR ADULTS, TEENS, & CHILDREN



The Faith Formation Programs for Adults, Teens and Children are starting up again in mid-September.

- **The Disciples Club Program** is for all children in Grades 1st - 5th.
- The **Confirmation and OCIC Programs** are for teens and young adults ages 13 through 17 years old.
- **The OCIA Program** is for adults 18 and older, who wish to become Catholic and Catholic adults seeking Sacraments.

Registrations for all programs will begin this week. Watch the registration forms and posters in the church and in the coming weekly bulletins. *Let's all work together to have great participation in these important education programs.* Questions? Please contact Mark Sizemore at 425.483.9400 (ext. 2648) [childfamilyministry@saintbrendan.org](mailto:childfamilyministry@saintbrendan.org).

## APOLOGETICS MINISTRY



- Have you ever wanted to know how Jimmy Akin, Trent Horn, Bishop Robert Barron, or Fr. Mike Schmitz might answer some of the hardest questions on the faith?
- How do you defend the immaculate conception, or saint intercession to a Protestant? The existence of God to an atheist? Or make a proper defense for church teachings on morality or other religions?

Come and find out the answers to these and many more! St. Brendan is continuing its apologetics ministry and will be meeting once a month on Sunday afternoons. **The next meeting will be on Sunday, August 31, at 4PM to 5:30PM in the St. Brendan narthex.** With topics on theology, religion, and morality, we will have discussions on any questions you may have, that you haven't had the chance to get answered, or address any difficulties you have had when approaching non-Catholics. *It's open to people of all ages. Join us for a enriching conversation and fellowship.*



# PARISH NEWS

## PRAYER FOR BRAVERY

Dear God,

In the moments when my faith is met with others disdain or ridicule, give me grace to be grounded in YOU. Remind me that YOUR mission matters, and that YOU alone bring comfort, healing, and salvation. AMEN.

**FORMED**

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1. Go to - <https://formed.org/signup>
2. Input parish > St. Brendan.
3. Choose > 10051 NE 195th St, Bothell, WA.
4. Add your name and email address to set up the free account.



### KNIGHTS OF COLUMBUS (KofC) CORNER (Council 6686)

- August Knight of the Month: Tom Gray
- August Family of the Month: Terry and Bonnie Losh

- The next Planning meeting is **Thursday, August 28 at 7PM at the Bothell Rental Hall.**
- Please pray for the repose of the souls of our recently deceased members, Bill Ojendyk and Charkes Nolan.
- The Knights of Columbus are men on a mission, a Catholic Brotherhood changing the world. To learn more, go to <http://www.kofc.org> or look for a Knight in a blue vest or contact our Grand Knight, Joe Osmialowski at 248-343-9021. There are many tangible benefits available for Knights and their families.



## 13th Annual Golf Tournament Save the Date for September 20th



The Golf Club at Redmond Ridge

**SATURDAY  
20th SEPTEMBER, 2025  
8:00 AM**

**TICKET  
\$165**

**VIP TICKET  
\$215**

## SAINT OF THE WEEK

### St. Rose of Lima



Born Isabel Flores de Oliva in April 1586 in Lima, Peru to Spanish colonists, Saint Rose of Lima took the name Rose at her confirmation in 1597. Legend holds that she received this nickname as an infant because a servant saw her face transformed into a rose.

Even as a child Saint Rose was dedicated to Christ. Growing up she made many secret penances. And when she was old enough to be married, deterred suitors by cutting off her hair and rubbing pepper on face to make it blister. She took a vow of chastity even though her parents wished her to marry. She fasted many times a week and permanently abstained from meat.

Eventually her parents gave in and allowed her to join the Third Order of St. Dominic, although she was not permitted to live in a convent. Saint Rose undertook severe penances, allowing herself only two hours of sleep a night in order to have more time to pray, wearing a heavy silver crown with spikes on the inside imitating Christ's crown of thorns, and even burning her own hands. However, she also cared for the sick and hungry, and sold her beautiful embroidery and fine lace, as well as flowers she grew to help raise funds for the poor.

She died at the age of 31 on August 24, 1617. Pope Clement X canonized her in 1671, she was the first saint of the New World, born in the Americas. Saint Rose of Lima is the patron saint of Latin America and the Philippines.

*Apart from the Cross, there is no other ladder by which we may get to Heaven. ~St. Rose of Lima*

*St. Rose of Lima, pray for us!*

**FEAST DAY:** August 22

**PATRON SAINT OF:** Latin of America • Philippines.

## EVANGELIZATION

By Brigette Blair

### CHRIS STEFANICK (YouTube)

- [20 Years in Prison—How His Failure Turned into a 100% Success Story](#)
- [Why You Can't Say 'No': How to Stop Burnout with Boundaries | Dr Peter Malinoski](#)
- [How to Let Go of Guilt After Losing a Parent](#)

### LIVING PEACE SERIES (REALLY GOOD SO FAR!!)

- [How to Be as Free as a Dead Man: The Path to Spiritual DETACHMENT](#)
- [The Secret to Unshakable Peace, Drop your Backup Plan & the Craziest Thing Jesus told His Disciples](#)
- [Your Peace Is Getting Hijacked: Here's the Fix](#)
- [Why Hurry Is Stealing Your Peace—And How to Take It Back](#)
- [The Prayer That Will Stop Worry From Running Your Life](#)
- [Why You're Stuck, And How Forgiveness Sets You Free](#)

Welcome to Week 6 of our *Living Peace* series. We're still on this journey toward deep inner peace, and today we dive into spiritual detachment: a life-changing practice that unlocks unshakeable joy, deep contentment, and heroic love. If you've ever felt your heart chained by worry, ambition, or the need for approval, this episode will set you free. We don't detach to escape; we detach to love, learning to live in the freedom Christ died to give us.

### FORMED

- [Edith Stein: The Seventh Chamber](#)
- [The Violinist: Stories of Solanus Casey](#)
- [Work | What Catholics Believe](#)
- [The Way of St. James](#)

### BISHOP BARRON SUNDAY SERMON (YouTube)

- [What Is Faith?](#)
- [All Things Must Pass](#)
- [Lord, Teach Us to Pray](#)

### Ascension Presents

- [The Best Thing Fr. Mike Learned From His Parents](#)
- [Fr. Mike's Top 10 Moments](#)
- [Is It Normal to Feel Lonely? Fr. Mike on Loneliness](#)

### Fr. Mike Schmitz Homilies

- ["More Faith" | 19th Sunday in Ordinary Time](#)
- ["Memento Mori" | 18th Sunday in Ordinary Time](#)
- ["Teach Us to Pray" | 17th Sunday in Ordinary Time](#)

### THE CATHOLIC PARENT—FORMED

### FOR KIDS—FORMED

God's Princesses • Zack and Yalla • Brother Francis (English & Español) • Littlest Saints • The Wonderful World of Benjamin Cello • Christine in Action • Drawing Closer to God • Laugh and Grow Bible for Kids • Chalk and Block: What Every Child Needs to Know About God • Catholic All Year at Home with Kendra Tierney

# GROWING IN FAITH

## DID JESUS WANT DIVISION?

By Zoltan Abraham

Years ago, I heard a Jesuit mention in his homily that when he visited the headquarters of the Society of Jesus in Rome, he saw a life-size statue of Jesus with the Sacred Heart in an alcove. Under the statue was inscribed a verse from the Gospel Reading for this Sunday: *"I have come to set the earth on fire, and how I wish it were already blazing!"* (Luke 12:49) The priest said that he didn't know if it was an oversight or someone's idea of a bad joke, but right next to the alcove, someone had placed a fire extinguisher.

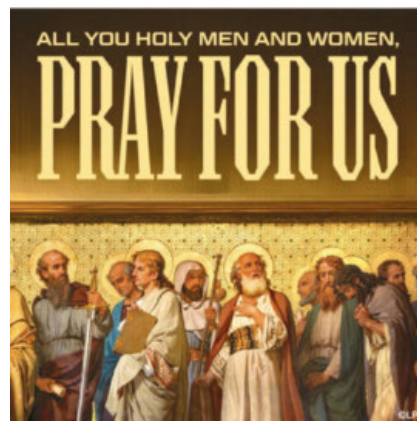
The priest went on to say that the unfortunate juxtaposition was a good illustration of what we tend to do with the Gospel. We have the powerful message of Christ, which is meant to fundamentally transform all of society, reshaping human life entirely. But we tend to domesticate the Gospel message, robbing it of its power, making sure that the message does not disturb our comfort too much. But the Gospel message is meant to upend everything in our lives, to transform our perspective on everything and reorder all of our interactions in life. The Gospel of Christ is not to be a simple veneer on an otherwise earthly life, but a force that transforms us from within.

But what does Jesus mean that he has come to bring not peace but division upon the earth? Does that mean that we are to be divisive and combative as we live out our Christian calling? No, Jesus is not calling us to create division intentionally. Jesus is calling us to live out our lives according to his teachings so as to receive his infinite love in our lives, for all eternity.

However, living out the Gospel message will put us at odds with others. Christ is the light shining in the darkness of the world. While some rejoice at the coming of the light and are eager to embrace it, others hate the light and oppose its message of love. Those who hate the light will hate us for seeking to live our lives according to the light. That is where the division comes from - the reaction of the world to our following Christ.

Christ is God Himself, who created the world out of love for us, to share his love with us. When humanity went astray, he did not leave us alone to our self-destructive behavior but became one of us to redeem us from sin through his sacrifice upon the Cross. Christ is our healing and fulfillment, our only source of peace and true joy. Christ is the answer to life's deepest questions. Following Christ cannot be just a side pursuit. Christ must become central to our lives, the organizing principle of our entire existence. We must put Christ above everyone and everything in life.

As much as we are called to love our families, we cannot conform to our family members if that would mean going against Christ. The same is true for our country. Patriotism is a virtue, but following Christ is an even higher calling, if the two



ever came into conflict somehow. We should also be careful that our view of politics is filtered through Christ, not the other way around. Many people belong to a party first and then claim the title of Christian, which leads to their theology being shaped by their politics. But if we want to follow Christ fully, we need to let his teachings shape our political views, even if that were to put us at odds with views of others. Christ must be first, last, and always in our lives.

Putting Christ in the center will also entail speaking the truth to the world, even when the culture around us does not want to hear our words. Society does not want us to speak about God's vision for the human person or about the inherent dignity of the unborn or those whom the world would want to dispose of through assisted suicide. Living according to the teachings of Christ and speaking the truth of Christ will often lead to a price we must pay. We are not to be enemies of the people around us, but following Christ will almost certainly cause us to have enemies bent on attacking us. Society will punish us both in small and significant ways. We might even face the ultimate cost of discipleship - martyrdom.

People today tend to think of Christian martyrdom as a long-ago thing, something that happened in the Roman times, when the emperors threw Christians to the lions. But martyrdom is very much a contemporary reality. More Christians are being martyred today than ever before. In the Middle East and in parts of Africa, Christians are being murdered daily for their faith. In parts of Nigeria, Muslim militants routinely kidnap and kill priests and attack Catholic churches, indiscriminately butchering the faithful. Many Nigerians practice their faith with the knowledge that when they leave home to go to church, they might never return. And yet the faithful fill the churches for Mass.

We too must face the cost of discipleship, whether small or great, whether just an inconvenience or the ultimate price. We must be ready to suffer for and even die for Christ. Because Christ is the ultimate answer, the reason for our lives and the only fulfillment of our existence.

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If you would like to read more of Zoltan's writings, you can find them at [www.zoltanabraham.com](http://www.zoltanabraham.com).



## PARISH FAMILY OUTREACH AND SERVICE

Fairwind - Brittany Park | John McGuinness | johnmcg@gmail.com

Kids of the World | Ken Fabrizio | kenfabrizio4@gmail.com

### Knights of Columbus

- STB - Joe Osmialowski | 248-343-9021
- STOC - Joe Bussman | bussman5@msn.com

### Ministry to the Homebound

- STOC - Contact admin@saintteresa.org

Prepares (Pregnancy Support) | Lori Wirtz - loriwirtz@gmail.com

Respect Life | Colleen Danforth - rdhcoll@aol.com

### St. Vincent de Paul

- STB - Margie Inghram | 425-486-8953
- STOC - Marion Scichilone | bpgourmet@yahoo.com

## ST. VINCENT DE PAUL – SERVING IN CHALLENGING TIMES

*Do small things with great love.*

– St. Teresa of Calcutta

Dear Friends,

Thank you so much for your heartfelt response to our invitation at the weekend Masses. We are deeply grateful that nine individuals have already expressed interest in joining us in the work of the St. Vincent de Paul Society. Thanks be to God!

We kindly ask you to continue supporting St. Vincent financially. Checks should be made payable to St. Brendan Church with "For St. Vincent" noted on the check. Envelopes with checks or cash should have "For St. Vincent" clearly marked on the envelope. For online donations through your St. Brendan account enter a message such as "This donation is for St. Vincent DePaul" in the box with the header "Message/Instructions for the church:"

Questions? Call Tom Gaines 425-481-3431. Most importantly, please continue to pray for our neighbors in need, and for all Vincentians as we strive to serve with compassion and humility.



### PREPARES MINISTRY AT ST. BRENDAN AND ST. TERESA OF CALCUTTA

Supports families in need by providing diapers and clothing for children from birth to school age. We are located in the **lower Brendan House** and are open on **Tuesdays from 9AM to 11AM**.

If you are in a housing or food crisis or in need of other immediate assistance, please call the State of Washington Services at 2-1-1 for help—it's FREE; they are open 24/7 and multilingual. **If you would like to make a financial donation to PREPARES, please write St. Teresa Prepares on the check.** Please contact Lori Wirtz ([loriwirtz@gmail.com](mailto:loriwirtz@gmail.com)) with any questions. Thank you for your support!

**NEED:** Diapers: Size - 3, 4T-5T, and 6.



PLEASE REGISTER AT  
[nssupport.org/gala2025](https://nssupport.org/gala2025)

AT THE GALA REGISTRATION PAGE YOU CAN:

- Purchase Tickets
- Request Tablemates
- Choose Your Entree

EARLY BIRD PRICE:

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AFTER AUGUST 15TH:

\$95/pp or \$750/ table of 8

Register online, or pay by check using the enclosed RSVP card. Be sure to include all the required information. Contact us at (425) 338-2813 or [gala@nextstepnw.com](mailto:gala@nextstepnw.com) with any questions.



KEYNOTE SPEAKER:

REBECCA KIESSLING

Conceived In Rape.  
Targeted for Abortion.  
Protected by Law.

Rebecca Kiessling is a Family Law attorney, adoptee, and mother of 5 who grew up in a loving and happy home, all while knowing that she was adopted. She knew that she looked different from her family but still had a great childhood and a wonderful family. As a teenager she became curious about her biological parents and, with her parents' blessing, decided to find out about them. When she was 18, Rebecca received some shocking news when she discovered that her birth mother had been raped and that she herself had been conceived in rape. Hear Rebecca's incredible true story of having been conceived in rape, targeted for abortion, but protected by law. She shares a strong message of love, hope and the value of every life. Her story concludes with a strong message of hope since she now understands that her value and identity are not established as a "product of rape" and that the rapist is not her creator, as some would have her believe. It is only God who creates life.

# YOUTH CORNER

Dear Jesus, help me to  
stay close to you always. Amen.

## CATHOLIC TRIVIA

**Question:** In what form did the Holy Spirit appear to the Apostles during Pentecost?

**Answer:** Tongues of Fire

## ST. BRENDAN CATHOLIC SCHOOL UPCOMING DATES & CALENDAR

Parish & School Picnic - August 24th, 2025 following 10:00 AM Mass  
Preschool-Kindergarten Orientation - August 28th, 2025  
Back to School Meet and Greet Fair - August 28th, 2025  
First Day of School - September 3rd, 2025  
Curriculum Night (1st-5th) - September 10th, 2025  
Curriculum Night (6th-8th) - September 11th, 2025  
Picture Day - September 16th, 2025  
Golf Tournament - September 20th, 2025



## Prayers

PRAYAL  
WAYCSPR  
AYTWITH  
OOUTCEA  
FSINGPE  
ANIGEREVLASF  
SACTOFHOPEAEI  
ROETIFNOCIERF  
DOXOLOGYTEINI  
ANGELUSHRAYEC  
TACIFINGAMES  
XGRACEBE  
IVNSLAEMRET  
NOGAPOSTLES  
INIOINSESIAR  
CITIANIMACHR  
UNIRERLILEOC  
RUREIOO  
CMTFURR  
AMNFS  
E000AY  
RCCGYAS  
OLFNT  
FAOIIPR  
EUTNRGA  
BTCRANY  
RIAHOIE  
EROMCNR  
YIUHFEM  
APRAOVE  
RSFITEM  
PNALCDO  
SOTMABR  
ERHAFOA  
RPERRAR  
YERYRSE

Act of Charity  
Act of Contrition  
Act of Faith  
Act of Hope  
Angelus  
Anima Christi  
Apostles' Creed  
Confiteor  
Divine Praises  
Doxology  
Evening Prayer  
Grace after Meals

Grace before Meals  
Hail Mary  
Lord's Prayer  
Magnificat  
Memorare  
Morning Offering  
Our Father  
Prayer before a Crucifix  
Regina Coeli  
Salve Regina  
Spiritual Communion



## ONLINE PARISHIONER STEWARDSHIP PLEDGES & ONLINE GIVING

Every person's finances and family situation is different. Jesus makes it clear that it matters not how much one gives, but that it is planned, calculated, at least some-what sacrificial (see Luke 24:1-4), and not simply from what is "leftover" at the end of the month.

We propose the tithe (10%) as the ideal every family can consider working towards. This means taking steps to give 5% to one's parish and 5% to other charities, or causes you have personal passion for.

You can give online at [parish.saintbrendan.org](http://parish.saintbrendan.org) (STB) or at <https://pushpay.com/g/saintteresacalcutta> (STOC) or scan the following QR codes with your phone's camera, It's quick, secure, convenient, and easy. Your support helps sustain our parish family. If you need help with online giving, please call the Parish Office at 425-483-9400 (STB) or 425-806-8096 (STOC)

### PARISH STEWARDSHIP

TIME. TALENT. TREASURE.

WE ARE CALLED TO SHARE OUR GIFTS WITH OTHERS.



Donate to (STB)  
St. Brendan Parish



Donate to (STOC)  
St. Teresa of Calcutta Parish

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