

WELCOME TO  
**SAINT BRENDAN & SAINT TERESA OF CALCUTTA  
PARISH FAMILY**  
**2ND SUNDAY IN ORDINARY TIME**  
JANUARY 18, 2026

John the Baptist saw Jesus coming toward him and said,

***“Behold, the Lamb of God, who takes away the sin of the world.”***

— John 1:29



**SAINT BRENDAN PARISH | STB**



**SUNDAY MASS**

- Saturday Vigil | 5PM
- Sunday | 8AM | 10AM\* | 12PM\* (Misa en Español)
- \* LIVESTREAM ON FACEBOOK

**DAILY MASS** Monday, Wednesday - Saturday | 8:30AM  
**NO MASS - JAN. 19.**

**ADORATION**

- Monday - Thursday | 1PM to 6PM • Friday | 9:30AM to 6PM
- First Friday | 9:30AM to FIRST SATURDAY DEVOTION at 7:30AM\*
- \*WITH ROSARY FOLLOWED BY BENEDICTION |

**CONFESSION**

- Monday, Wednesday - Saturday | 7:45AM - 8:15AM
- Saturdays | 2:30PM - 4PM | **NO CONFESSIONS - JAN. 19**

*"Help me to journey beyond the familiar and into the unknown. Give me the faith to leave old ways and break fresh ground with You" —ST. BRENDAN, THE NAVIGATOR*

**SAINT TERESA OF CALCUTTA PARISH | STOC**



**SUNDAY MASS**

- Saturday Vigil | 5PM
- Sunday | 9AM | 11AM | 5PM

**DAILY MASS** - Tuesday to Friday | 9AM

**ADORATION**

- Tuesday - Friday | 8:30AM (Prior to Daily Mass)
- Benediction just before 9AM Mass

**CONFESSION**

- Saturday | 3PM to 4:30PM
- Other: By Appointment.

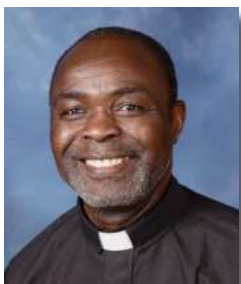
*"Do small things with great love"—SAINT MOTHER TERESA*

# PARISH DIRECTORY



## PASTOR

Rev. Nicholas Wichert  
[frwichert@saintbrendan.org](mailto:frwichert@saintbrendan.org)  
425-483-9400, Ext 2647  
[frwichert@saintteresa.org](mailto:frwichert@saintteresa.org)  
425-806-8096, Ext. 3103



## PAROCHIAL VICAR

Rev. Peter Adoko-Enchill  
[frpeter@saintbrendan.org](mailto:frpeter@saintbrendan.org)  
[frpeter@saintteresa.org](mailto:frpeter@saintteresa.org)  
425-806-8096, Ext 3104

## DEACONS

- Dcn. Leon Garcia-Martinez | [deaconleon@saintbrendan.org](mailto:deaconleon@saintbrendan.org)
- Dcn. Armando Medina | [deaconarmando@saintbrendan.org](mailto:deaconarmando@saintbrendan.org)

## ST. BRENDAN PARISH (STB)

Monday - Friday | 9:15AM-Noon • 12:30PM-4PM

- Church - 10100 NE 192nd St, Bothell, WA 98011-2931
- Office - 10051 NE 195th St., Bothell, WA 98011-2931
- 425-483-9400 | [www.saintbrendan.org](http://www.saintbrendan.org)

Pastoral Assistant for Administration

Pastoral Assistant for Evangelization

Brigette Blair | ext. 2645 | [bridgeteb@saintbrendan.org](mailto:bridgeteb@saintbrendan.org)

Bookkeeper | Mary Deitch | ext. 2642 | [bookkeeper@saintbrendan.org](mailto:bookkeeper@saintbrendan.org)

Children & Family Ministry • OCIA Coordinator

Mark Sizemore | ext. 2648 | [childfamilyministry@saintbrendan.org](mailto:childfamilyministry@saintbrendan.org)

Confirmation

Margaret Deleon | ext. 2644 | [youthminister@saintbrendan.org](mailto:youthminister@saintbrendan.org)

Director of Music | John Dobson | [directorofmusic@saintbrendan.org](mailto:directorofmusic@saintbrendan.org)

Facilities Supervisor

Josh Stutzman | ext. 2650 | [facilitiesupervisor@saintbrendan.org](mailto:facilitiesupervisor@saintbrendan.org)

Office Assistant | Christy Avila | ext. 2677 | [christya@saintbrendan.org](mailto:christya@saintbrendan.org)

Receptionist | Lupita Silva Ocampo | [receptionist@saintbrendan.org](mailto:receptionist@saintbrendan.org)

Liturgical Minister Schedule • Bulletin

Ermina Swager | [ermina@saintbrendan.org](mailto:ermina@saintbrendan.org) • [bulletin@saintbrendan.org](mailto:bulletin@saintbrendan.org)

## ST. BRENDAN PARISH SCHOOL

Monday, Tuesday, Thursday, Friday | 8AM to 4PM

Wednesday | 8AM to 3PM

- 10049 NE 195th St., Bothell, WA 98011
- 425-483-8300 | [www.school.saintbrendan.org](http://www.school.saintbrendan.org)

School Principal | Catherine Shumate | [catherines@school.saintbrendan.org](mailto:catherines@school.saintbrendan.org)

Admissions Director | Karah Burgess | [karahb@school.saintbrendan.org](mailto:karahb@school.saintbrendan.org)

Advancement Director | Kerry Engle | [kerrye@school.saintbrendan.org](mailto:kerrye@school.saintbrendan.org)

School Secretary | Karyn Murnane | [secretary@school.saintbrendan.org](mailto:secretary@school.saintbrendan.org)

## COVER ART

**TITLE:** *St. John the Baptist Showing Christ to St Andrew (San Giovanni che indica il Cristo a Sant'Andrea)*, 17th Century | **ARTIST:** Ottavio Vannini | **SOURCE:** [Wikimedia.org](https://www.wikimedia.org)

## ST. TERESA OF CALCUTTA PARISH (STOC)

Monday - Friday | 9:30AM - 3PM

- 17856 NE Woodinville Duvall Rd, Woodinville WA 98077
- 425-806-8096 | [www.saintteresa.org](http://www.saintteresa.org)

Parish Assistant for Administration

Zoltan Abraham | Ext. 3105 | [zoltan@saintteresa.org](mailto:zoltan@saintteresa.org)

Administrative Assistant

Audrey Kozel | [audrey@saintteresa.org](mailto:audrey@saintteresa.org)

First Communion • Children's Catechesis

Analaura Rodriguez | Ext 3101 | [analaura@saintteresa.org](mailto:analaura@saintteresa.org)

Confirmation • Youth Ministry

Andrew Duncan | Ext. 3102 | [andrew@saintteresa.org](mailto:andrew@saintteresa.org)

OCIA Coordinator • Adult Catechesis

Mark Sizemore | [childfamilyministry@saintbrendan.org](mailto:childfamilyministry@saintbrendan.org)

Director of Music | John Dobson | [music@saintteresa.org](mailto:music@saintteresa.org)

## MINISTRY TO THE SICK AND HOMEBOUND

To arrange for the Sacrament of Anointing of the Sick, call the Ministry of Pastoral Care of the Eastern Deanery at 425-655-3200.

To arrange for Holy Communion for the sick or homebound, call the parish office.

## MINISTERIO PARA LOS ENFERMOS Y LAS PERSONAS CONFINADAS EN CASA

Para concertar el Sacramento de la Unción de los Enfermos, llame al Ministerio de Atención Pastoral del Decanato Oriental al 425-655-3200.

Para concertar la Sagrada Comunión para los enfermos o las personas confinadas en casa, llame a la oficina parroquial.

## FUNERAL MASSES AND BURIAL RITES

To arrange for a funeral Mass, please contact the Parish Office, or ask the funeral director to do so.

## MISAS PARA FUNERALES Y RITOS DE ENTIERRO

Para hacer arreglos para Misa para funeral, por favor contacte la Oficina de la Parroquia, o pregunte al director de los servicios funerarios.

## PARISH NEWSFLASH

If you would like to receive the weekly St. Teresa Newsflash over email, please let us know at [admin@saintteresa.org](mailto:admin@saintteresa.org).

To submit a bulletin announcement:

- Due Thursday a week before the target weekend.
- St. Brendan > [bulletin@saintbrendan.org](mailto:bulletin@saintbrendan.org)
- St. Teresa > [admin@saintteresa.org](mailto:admin@saintteresa.org)

To submit a Mass announcement or Mass intentions:

- St. Brendan > [receptionist@saintbrendan.org](mailto:receptionist@saintbrendan.org)
- St. Teresa > [admin@saintteresa.org](mailto:admin@saintteresa.org)

# UPCOMING EVENTS



## NATIONAL DAY OF PRAYER FOR THE PROTECTION OF HUMAN LIFE

**JANUARY 22** is a day of prayer and penance, called the *Day of Prayer for the Legal Protection of Unborn Children*. For more information >> <https://www.usccb.org/january-22>

## Welcome to New Parishioners

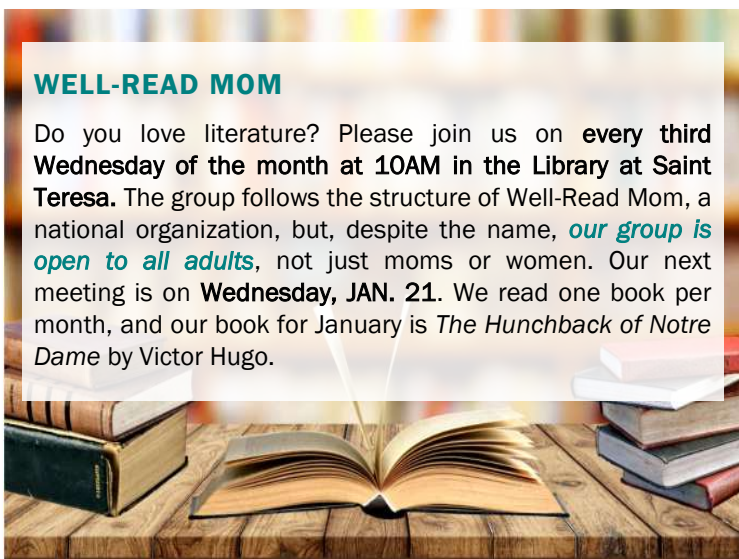
### OF ST. BRENDAN & ST. TERESA OF CALCUTTA PARISH FAMILY

**SAVE THE DATE - Saturday, JAN. 24**, after the 5PM St. Brendan Mass in the St. Brendan Narthex, we will be welcoming our new parishioners with a delicious dinner. The evening will start after the Saturday 5PM Mass and wrap up around 8PM. We are looking forward to meeting and treating our newcomers in person! Current parish members will share information about our vibrant parish and ways to get involved. **Families are welcome.** Evites have been sent and phone calls will be made to the newly registered. If you are not able to join us for dinner, we would like to welcome you with a folder of information about the parish. **Please RSVP by JAN. 21** to **Joyce VonFeldt 425-236-6550** by phone, text, or email ([jyvonfeldt@aol.com](mailto:jyvonfeldt@aol.com)). May God bless you, and we hope to see you there!

- **NO MASS & NO CONFESSIONS** - Monday, JAN. 19.
- **PARISH & SCHOOL OFFICES CLOSE** - Monday, JAN. 19.
- **ADORERS NEEDED** - St. Brendan Chapel • See page 7 for listed hours.
- **WELL-READ MOM** - Wednesday, JAN 21 • 10AM • St. Teresa of Calcutta Commons Room. See next column for details.
- **MOMS GROUP** - Wednesday, JAN. 21 • 9:30AM • St. Brendan Nursery.
- **YOUNG-AT-HEART SENIORS** - Wednesday, JAN. 21 • 10AM • St. Brendan Narthex. • See below.
- **WELCOME DINNER for NEW PARISHIONERS** - Saturday, JAN. 24 • After the 5PM Mass • St. Brendan • See next column.
- **PANCAKE BREAKFAST** - By Knights of Columbus • Sunday, JAN 25 • After the 8AM/10AM Mass • St. Brendan Narthex.
- **ST. BRENDAN SCHOOL OPEN HOUSE** - Sunday, JAN. 25 • 11AM TO 2PM • Pg. 10 for details.
- **CATHOLIC SCHOOLS' WEEK** - JAN. 25 -30.
- **BABY BOTTLE CAMPAIGN - Supporting Next Step Pregnancy NW.** - Bottles are due back by Monday, JAN. 26 • St. Brendan. • Pg. 6.
- **APOLOGETICS MINISTRY**- Sunday, JAN. 31 • 11AM • St. Teresa • **UPDATED TIME/LOCATION.** • See pg. 5 for full details.
- **STORY TIME With Mrs. Abraham** - Sunday, FEB. 1 • After the 10AM Mass • St. Brendan Nursery.
- **BITE OF ST. BRENDAN** - Friday, FEB. 13 • 5PM • St. Brendan School Gym • Pg. 5.
- **WOMEN'S GROUP** - Thursday, FEB. 12 • 6:30PM • St. Brendan Narthex.

### WELL-READ MOM

Do you love literature? Please join us on **every third Wednesday of the month at 10AM in the Library at Saint Teresa.** The group follows the structure of Well-Read Mom, a national organization, but, despite the name, **our group is open to all adults**, not just moms or women. Our next meeting is on **Wednesday, JAN. 21.** We read one book per month, and our book for January is *The Hunchback of Notre Dame* by Victor Hugo.



### YOUNG-AT-HEART SENIORS

Interested in playing Chicken Foot dominoes? Quirkle? Phase 10? Scrabble? Some other game?

**Come to St Brendan's narthex on Wednesday, JAN. 21, around 10AM**, for a couple hours of playing games and enjoying one another's company, followed by a potluck lunch. Please contact Donna (206-335-4469) if you have any questions.



# PRAYER AND READINGS

## READINGS OF THE WEEK

### 2ND SUNDAY IN ORDINARY TIME

JANUARY 18, 2026

*I will make you a light to the nations, that my salvation may reach to the ends of the earth.* (ISAIAH 49:6)

**Sunday:** Is 49:3, 5-6 • Ps 40:2, 4, 7-10 • 1 Cor 1:1-3 • Jn 1:29-34

**Monday:** 1 Sm 15:16-23 • Ps 50:8-9, 16bc-17, 21, 23 • Mk 2:18-22

**Tuesday:** 1 Sm 16:1-13 • Ps 89:20-22, 27-28 • Mk 2:23-28

**Wednesday:** 1 Sm 17:32-33, 37, 40-51 • Ps 144:1b, 2, 9-10 • Mk 3:1-6

**Thursday:** 1 Sm 18:6-9; 19:1-7 • Ps 56:2-3, 9-10ab 11-13 • Mk 3:7-12

**Friday:** 1 Sm 24:3-21 • Ps 57:2-4, 6, 11 • Mk 3:13-19

**Saturday:** 2 Sm 1:1-4, 11-12, 19, 23-27 • Ps 80:2-3, 5-7 • Mk 3:20-21

## LET US PRAY FOR . . .

### The Sick

*God of all goodness, Look with mercy on all who suffer any kind of infirmity, sickness or injury, that they may be comforted. Let your hand of healing and protection be upon them. When they are fearful, ease their fear and anxieties. When they are afraid, give them strength and courage. When they feel alone, send them someone to listen and to care. When they are confused, provide reassurance and direction. When they are in pain, ease their suffering. When they despair, give them hope. May they experience your healing presence in the comfort of a caregiver's calm gaze and tender touch. We ask this in your holy name. Amen.*

Drew Chapman • Joan Dedman • Toyo Erickson • John Espedal • Erika Ferreri • Toby Fine • Norman Hradec • Bill Nash • Katherine A. Quillinan • Alexandra Marie Rocio-Hays • Catalino Salmasan • Barbara Schielmann • Cassie Smith • Jon VanWagenen • Sarah Watson

### The Deceased

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*

Dennis Behrens • MaryLynn Gardner • Roberto Eduardo Gomez Hernandez • Robert Lindquist • Francisca Lopez Gradilla • Roberta Merlitti • Eric Moss • Venus Pettersen • Blake Podnar • Francis Rardin • Larry Schwartzkopf • Carol Toner • Barbara VanderWel-Finley

“GRACE TO YOU AND PEACE FROM GOD

OUR FATHER AND THE LORD

JESUS CHRIST.” (1 COR 1:3)

O SACRAMENT MOST HOLY

O SACRAMENT DIVINE

ALL PRAISE AND

ALL THANKSGIVING

BE EVERY MOMENT THINE



## MASS INTENTIONS

### Sunday, January 18

STB

8:00AM Fr. Thomas

10:00AM Community of St. Brendan

12:00PM + Filiberto Becerra

STOC

9:00AM For Saint Teresa Parish

11:00AM For Saint Teresa Parish

### Monday, January 19

STB - 8:30AM NO MASS

STOC - NO MASS

### Tuesday, January 20

STB - NO MASS

STOC - 9:00AM + Mary Gray

### Wednesday, January 21

STB - 8:30AM +Sean Ahearn

STOC - 9:00AM + Virginia Orem

### Thursday, January 22

STB - 8:30AM Therese Anderson

STOC - 9:00AM + Javier Cordova

### Friday, January 23

STB - 8:30AM + Eleazer Meshesha

STOC - 9:00AM + Louise Betzler

### Saturday, January 24

STB

8:30AM + Alan Jesus Gutierrez Torres

5:00PM Krisette Chinen

STOC - 5:00PM For Saint Teresa Parish

+ = deceased.

*To submit a Mass intention, contact the parish office at the following email address.*

• St. Brendan - [receptionist@saintbrendan.org](mailto:receptionist@saintbrendan.org)

• St. Teresa of Calcutta - [admin@saintteresa.org](mailto:admin@saintteresa.org)

## BLESSING OF THE BELOVED

Dear **GOD**,

Bless and anoint us today. **YOU** are our **FATHER** and guide. Remind us of our identity in **YOU**: loved, called, and equipped for mission. Bless us as we journey, giving us strength for each day and grace in each step. **Amen**

## FLOOD RELIEF 2025

We have all been saddened by the recent flooding in Western Washington and the devastation for local families and businesses. As a parish family, we will be looking for opportunities where we can help physically with the cleanup and rebuilding efforts, which will take quite some time and will most likely take place in the New Year. If you feel moved to act now, here is a list of organizations to consider.

- Archdiocese of Seattle - Emergency Relief Fund: [archseattle.org/flood/](https://archseattle.org/flood/) - Accepts funds.
- Support CCS Disaster Relief | Catholic Community Services of Western Washington - [ccsww.org/funds/support-ccs-disaster-relief/](https://ccsww.org/funds/support-ccs-disaster-relief/) - Accepts funds.
- SKAGIT Disaster Relief Fund: [skagitcf.org/disaster-relief.html](https://skagitcf.org/disaster-relief.html) - Accepts funds.

## BITE OF ST. BRENDAN

**Save the Date: Friday, FEB. 13 at 5PM.**



Hello **St. Brendan and St. Teresa Parish and School Community!** It is that time to begin preparing for the Bite of Brendan. It will be on **Friday, FEB. 13 at 5PM in the school gym**. This will be our 3rd annual event. We will have food from around the world, entertainment, ministries and most importantly an opportunity to spend time with your fellow parishioners. If you are interested in volunteering or preparing food, please contact Brigette Blair at [brigetteb@saintbrendan.org](mailto:brigetteb@saintbrendan.org). If you are a school parent, please check on [Volunteer Hub](#). We look forward to seeing everyone!

Meydenbauer Center • Bellevue, WA  
May 16, 2026

VOLUNTEERS NEEDED!



**ASCEND**  
EUCHARISTIC REVIVAL

Get the details and stay updated at:

[AscendEucharisticRevival.church](https://AscendEucharisticRevival.church)

Scan here to  
get alerts on  
registration!



## APOLOGETICS STUDY GROUP

**FOR THE ST. BRENDAN AND ST. TERESA OF CALCUTTA PARISH FAMILY**

LEARN TO:

- DEFEND THE CHRISTIAN FAITH
- SPEAK WITH CONFIDENCE, AND CHARITY
- PROCLAIM CATHOLIC MORAL TEACHING
- ENGAGE WITH PROTESTANTS & ATHEISTS
- EVANGELIZE FRIENDS, FAMILY, & COWORKERS
- ANSWER TOUGH QUESTIONS WITH CLARITY

✝ LAST SATURDAY OF THE MONTH | ⌚ 11:00 AM | 📍 ST. TERESA'S

**NEXT MEETING: 1/31/26**

Contact Mark Perez at: [markperez8523@gmail.com](mailto:markperez8523@gmail.com)



## WOMEN'S GROUP

Thank you to all who joined us last month. We will be taking a short break in January and resume on **Thursday, FEB. 12**, with guest speaker, Fr. Wichert! We hope you can join us then.

**LORD, AS WE START FRESH, BLESS US WITH NEW HOPE, FAITH, AND STRENGTH TO LIVE FOR YOU. AMEN**

# PARISH NEWS

## RESPECT LIFE MINISTRY-SPIRITUAL ADOPTION OF UNBORN BABIES

As we observe *Sanctity of Human Life Sunday*, St. Brendan parishioners are invited to once again participate in the Spiritual Adoption for Unborn Children Program. This is a special program to help us all act upon our church's teaching that all life is wanted and sacred. Parishioners will be invited to spiritually adopt a child who has been newly conceived this month by praying daily for one of these children over the next nine months. Prayer cards of the late Archbishop Fulton Sheen will be available at the Respect Life table in the Narthex. If you wish to spiritually adopt an unborn child, simply add a heart to our poster board so we can see how many children are prayed for.

Check the kiosk in the St. Brendan Narthex with a beautiful picture showing the fetal development of our spiritually adopted child each month. Also check the bulletin for announcements describing the fetal development. After nine months of prayers, we will celebrate the births by having a baby shower. All gifts will go to help local mothers in need. We hope to have many parishioners join this program to save God's unborn children.



### KNIGHTS OF COLUMBUS CORNER (Council 6686)

- **JANUARY Family of the month:** Greg & Monica Carlin

- **JANUARY Knight of the Month:** Dave Potts

- The Annual Baby Bottle Campaign in support of Life is in progress. All money raised benefits Next Step Pregnancy Services in Lynnwood. If you did not get a bottle, you can make an online donation at <https://www.nextstepnw.com/donate> or by using the QR Code, by **JAN. 26**.



- It's that time of the year when the report of your service hours for the 2025 calendar year is due. Please tabulate your hours and submit them to GK Joe Osmialowski at [joe\\_osmialowski@yahoo.com](mailto:joe_osmialowski@yahoo.com)
- The next Pancake Breakfast is **Sunday, JAN. 25**.
- Scholarship Applications for post-secondary education are available in the kiosks located in the narthex and the rear of the church. Two scholarships of \$2,000 each will be awarded.
- What does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Join 2 million Catholic men on a mission. To learn more, go to [kofc.org](http://kofc.org) or look for a Knight in a blue vest or contact Grand Knight Joe Osmialowski at 248-343-9021.

## RESPECT LIFE MINISTRY

**Please Pray For These Expecting Mothers:** Kim Anderson • Claire Cook • Megan D'sa Fuller • Megan Fryover • Hannah Galvan Bockel • Lauren Green • Taylor Haug • Mildred Hranek • Yohaly Lucas • Lauryn Manning • Avika Nash • Elizabeth Nguyen • Bethany Nicasio • Michaela Sheehan • Shelby Teter • Alex Tolossa

**Congratulations to:** Brian & Mary Kate (White) BENSHOOF on the birth of their daughter, Halle Margaret • Blair & Megan CARLIN on the birth of their son, Harrison Jack • Jose & Eustorgia FELIPE on the birth of their son, Emmanuel • Kay & Danny GRASSESCHI on the birth of their son, Dillon Thomas • Danny & Taryn KILLERI on the birth of their son, Cosimo Takeo Thaddeus.

We ask that God bless you and bring you much joy as you raise your little one. If you are expecting a baby and would like your church family to pray for you, please contact Colleen Danforth at [rdhcoll@aol.com](mailto:rdhcoll@aol.com).

## RESPECT LIFE JANUARY

On JAN. 22, 1973, the Supreme Court legalized abortion throughout the United States in its companion decisions *Roe v. Wade* and *Doe v. Bolton*. Since that time, millions of children have lost their lives, and millions of women and families have been wounded by abortion.

On JUN. 24, 2022, the *Dobbs v. Jackson Women's Health Organization* decision overturned *Roe v. Wade*, and we praise God for the great opportunity state and federal legislators now have to protect pre-born children. While God, in His mercy, ended the nearly fifty-year nationwide regime of abortion on demand, right now state and federal laws, in many instances, are still hostile to pre-born children. So, great prayer and advocacy is very needed.

The General Instruction of the Roman Missal (GIRM), no. 373, designates January 22 as a particular day of prayer and penance, called the "Day of Prayer for the Legal Protection of Unborn Children": *In all the Dioceses of the United States of America, January 22 (or January 23, when January 22 falls on a Sunday) shall be observed as a particular day of prayer for the full restoration of the legal guarantee of the right to life and of penance for violations to the dignity of the human person committed through acts of abortion. The liturgical celebrations for this day may be the "Mass For Giving Thanks to God for the Gift of Human Life" (no. 48/1 of the Masses and Prayers for Various Needs and Occasions), celebrated with white vestments, or the Mass "For the Preservation of Peace and Justice" (no. 30 of the Masses and Prayers for Various Needs and Occasions), celebrated with violet vestments.*

**RESOURCES** [Choices of Readings for Mass on JAN. 22](#) • [Mass for Giving Thanks to God for the Gift of Human Life](#) • [Action Guide for the Anniversary of Roe v. Wade](#) • [9 Days for Life](#) • [Pro-Life Prayers](#)

**HOW TO PARTICIPATE** Not sure how to observe this day of prayer and penance? Pick from the ideas below or offer some other prayer or sacrifice that you feel called to do.:

- Go to Mass.
- Abstain from meat.
- Pray the [Divine Mercy Chaplet](#).
- Fast
- Pray a decade of the [Rosary](#).
- Give up TV and movies for the day.
- Offer A [Prayer for Life to Jesus in the Blessed Sacrament](#).
- Sacrifice some of your free time to do a small act of service for someone else.



## ADORATION - ST. BRENDAN CHAPEL

Come and spend an hour with Jesus in the St. Brendan Adoration Chapel. We need two or three people on the following days:

**Monday** 2PM to 3PM • 3PM to 4PM • 4PM to 5PM • 5PM to 6PM.  
| **Tuesday** 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 5PM to 6PM  
| **Wednesday** 1PM to 2PM • 3PM to 4PM • 5PM to 6PM | Thursday  
3PM to 4PM • 4PM to 5PM • 5PM to 6PM | **Friday** 11am to Noon •  
Noon to 1PM • 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 4PM to  
5PM.

**First Friday** (24-hour adoration up to Saturday) Friday 8PM to 9PM •  
9PM to 10PM • 11PM to midnight. | **Saturday** 12AM to 1AM • 1AM  
to 2AM • 2AM to 3AM • 3AM to 4AM • 4AM to 5AM • 6AM to 7AM.

To sign up, call or text Christina Plantilla at 425-486-3376.

## ST. LOUIS DE MONTFORT'S 33-DAY CONSECRATION TO JESUS THROUGH MARY MARCH 25

It is a structured spiritual retreat to deepen ones relationship with Christ by totally trusting oneself to Mary's care, involving 12 days of renouncing worldly spirit followed by three weeks focusing on humility, self knowledge and Mary's virtues, culminating in a formal Act of Consecration on a Marian feast day after confession and Holy Communion, with recommendation of annual renewal.

We will have an information table after Masses on the weekend of JAN. 31/FEB. 1. Materials and information will be provided to you in the St. Brendan Narthex. Consecration will start on FEB. 19 and ends on MAR. 25. If you have questions, please call or text Christina Plantilla at 425-486-3376

## ST. BRENDAN OVERNIGHT ADORATION OF THE HOLY EUCHARIST

### Second Saturday of the Month:

- Women's Overnight Adoration—7PM to 6AM (Sunday)

### Third Saturday of the Month:

- Children/Teen's Evening Adoration—6:30PM to 8:30PM
- Men's Overnight Adoration—8:30PM to 6AM (Sunday)

### Segundo sábado del mes:

- Adoración nocturna de las mujeres—7PM a 6AM (domingo)

### Tercer sábado del mes:

- Adoración nocturna de los niños/adolescentes—6:30PM a 8:30PM
- Adoración nocturna de los hombres—8:30PM a 6:00AM (domingo)

## STB - EL GRUPO DE ORACION VEN A MI (STB - COME TO ME PRAYER GROUP)

El Grupo de Oracion Ven a Mi en Espanol los invita todos los **viernes de 7pm a 9pm** a reflexionar la palabra de Dios, a Orar y Alabar a Dios, hay Evangelizacion de Jovenes y Niños. Nos reunimos dentro de la Parroquia.

*Vengan a mi y yo los aliviare. —Mateo 11:28*

## EVANGELIZATION

### By Brigette Blair

A few things to consider as we enter a new calendar year.

- [The Bible in 10 Minutes](#) > [The Bible in a Year w/Fr. Mike Schmitz](#)
- [The Catechism in a Year with Fr. Mike Schmitz.](#)
- [Rosary in a Year with Fr. Mark-Mary Ames](#)

**PRAY ABOUT HOW YOU CAN GROW IN YOUR FAITH IN 2026.**

### CHRIS STEFANICK (YouTube)

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# GROWING IN FAITH

## WHAT IS ORDINARY TIME?

By Zoltan Abraham

The Feast of the Baptism of Lord, which we celebrated last Sunday, marks the beginning of Ordinary Time in the liturgical cycle of the Catholic Church. Ordinary Time has two parts: 1) the shorter stretch between the end of the Christmas season and Ash Wednesday and 2) the much longer period between Pentecost and the first Sunday of Advent. The phrase "Ordinary Time" has an unfortunate connotation in the English language, suggesting that this period is plain old ordinary and that nothing special is happening during this time. But nothing could be further from the truth.

At the heart of Catholic liturgical practice is the concept that every Mass, regardless of how grand or simple it is, expresses the fullness of our faith. In that sense, no Mass is ordinary, since the Mass is the most intimate union we can have with God on this side of Heaven. The various feasts and seasons of the liturgical year do not add new concepts to the Mass but serve to highlight different aspects of our faith, helping us to reflect on them more deeply and to enter into them more fully.

The Christmas season, for example, focuses on the mystery of the Incarnation. Lent helps us to reflect on the Crucifixion of the Lord. At Easter, we celebrate the Resurrection. Each of these aspects are a part of every Mass. But the feasts and seasons give them special focus for our edification and spiritual growth. Indeed, the liturgical year is a great gift of the Church to us, giving us a framework for deeper engagement with different mysteries of our faith as each year unfolds.

But then, we might ask, why use the word "ordinary" at all? The reference here is not to something that's not remarkable but to the ordinals from mathematics. In Ordinary Time, each Sunday is named after the ordinals, as in 2nd Sunday, 3rd Sunday, 4th Sunday, etc. (We should also remark that there is no 1st Sunday in Ordinary Time, because that Sunday is supplanted by the Baptism of the Lord.) Another way to refer to Ordinary Time in our own minds could be the numbered Sundays of the liturgical year. (We should also add that the concept of Ordinary Time is relatively new in Church history, the term having been added after the Second Vatican Council. Before then, the short period between Christmas and Lent was known as the Sundays after Epiphany and the longer stretch between Pentecost and Advent was known as the Sundays after Pentecost. There is a lot of detail and nuance to the liturgical calendar!)

Another question that might arise is what we should be doing during Ordinary Time, without the special focus of a feast or season? The answer is that we focus on living out the fullness of our faith. Building on the learning and growth of the feasts and seasons, we focus on continuously deepening our relationship with Christ during Ordinary Time. Doing so will mean that there is nothing ordinary about this time. Instead, it will be filled with the extraordinary love of Christ entering our lives.

Various customs have also grown up for the weeks of Ordinary Time between the end of the Christmas Season and Ash Wednesday. One old custom is to leave Christmas decorations up until February 2, the Feast of the Presentation of the Lord in the Temple, thereby extending the aura of Christmas to 40 days. Another custom, officially observed in the pre-Vatican II Church and privately observed by some today, is a three-week period of pre-Lenten preparation, sometimes called Septuagesima season, designed to help the faithful enter more fully into the penitential practices of Lent. More

recently, another penitential practice has also developed, called Exodus 90 for men and Fiat for women. Participants in these programs engage in a rigorous system of penance and self-sacrifice starting 90 days before Easter. They meet in groups weekly during this time in order to reflect on their progress and to encourage each other, which helps to build a strong, supportive spiritual community.

Yet another custom, with deep roots in various cultures, is a time of festivity in the days leading up to Lent, called Mardi Gras (or Carnival, Carnevale, Shrovetide, or some other name, given the cultural context). Unfortunately, in some areas, Mardi Gras has gotten out of control, but the original intention was good. Mardi Gras can provide a bit of good natured feasting before the rigors of Lent begin. However, Mardi Gras makes sense only if we do undertake some sort of plan of self-denial during Lent. If our Lent is no different from our everyday lives, then there is no point in throwing a special party on the eve of Lent.

A key principle of the Catholic liturgical year is the cycle of alternating feast and fasts or periods of simplicity. Fasts help to discipline us by uprooting our unhealthy attachments and point us toward that which is of primary importance in our lives - our relationship with God. On the other hand, after a period of fasting, we need some feasting so as to rejoice in God's goodness for us, enjoying the gifts he has given to us. Feasting, however, should be temporary, so that we do not become over-indulgent and lose sight of God. We need both feasting and fasting in our lives. The two reinforce each other and each makes the other more meaningful.

The Catholic liturgical calendar had once defined the rhythm, the ebb and flow, of Western culture. Our secular society still has elements of our liturgical calendar, but has kept only the feasts, not the fasts, and has robbed them of their true meaning. Our secular culture likes endless indulgence, with no self-denial. To the extent that we do see fasting or other forms of carefully regulated eating in the broader culture, the focus is on material well-being, physical health, not on cleansing our souls so that we can be more open to God's grace in our lives. As Catholics, let us reclaim the rhythm of the liturgical year and make it the guiding principle of our yearly calendar.

Whatever we do to observe the stretch of Ordinary Time between the end of the Christmas season and the beginning of Ash Wednesday, whether we keep up our Christmas decorations, throw a Mardi Gras party, engage in early Lenten practices, or do not do anything different from our everyday observances - however we spend this time, we should always remember that the focus should be Christ. Christmas lights and décor aren't just pretty things - they help to remind us of the Incarnation. Mardi Gras is not an excuse to have a fun party - it is a celebration of God's gifts for us and a way to say good-bye to foods and drinks that we will be giving up for Lent. Rigorous penitential practices aren't a mere endurance test - they are meant to help us draw closer to God.

Christ must always be in the center. First, last, and always. To quote the Prayer of Saint Patrick: "Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ when I lie down, Christ when I sit down, Christ when I arise, Christ in the heart of every man who thinks of me, Christ in the mouth of everyone who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me." If that is our approach, this Ordinary Time will help us grow deeply spiritually.

*If you would like to read more of Zoltan's writings, you can find them at [www.zoltanabraham.com](http://www.zoltanabraham.com).*



## PARISH FAMILY OUTREACH AND SERVICE

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**Kids of the World** | Ken Fabrizio | kenfabrizio4@gmail.com

### Knights of Columbus

- STB - Joe Osmialowski | 248-343-9021
- STOC - Dennis Hammonds | dennishammonds45@gmail.com

### Ministry to the Homebound

- Bothell Health Care | Cogir of Bothell Memory Care - STB - Anne Chapman 206-234-5849
- All others - STB - Contact receptionist@saintbrendan.org
- STOC - Contact admin@saintteresa.org

**Prepares (Pregnancy Support)** | Lori Wirtz - loriwirtz@gmail.com

**Respect Life** | Colleen Danforth - rdhcoll@aol.com

### St. Vincent de Paul

- STB - Margie Inghram | 425-486-8953
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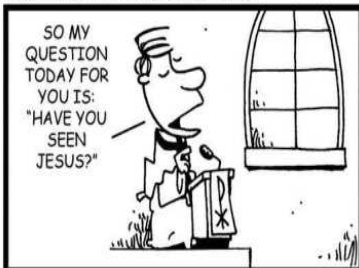
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*We need your help again!* Our pantry that we share with St. Teresa parish is running low on food and cleaning supplies. We are also preparing meals for Thanksgiving and Christmas for our neighbors. **Please donate some of the following items in the hamper in the Narthex at either church:** We also have a family that needs a used clothes dryer if you know of one. Thank you for your generosity, ~Margie Inghram, 425-486-8953

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2nd SUNDAY IN ORDINARY TIME



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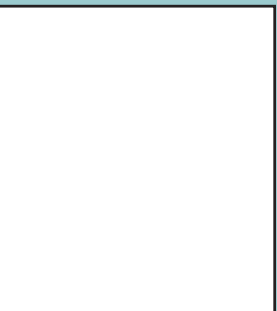
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