

WELCOME TO
**SAINT BRENDAN & SAINT TERESA OF CALCUTTA
 PARISH FAMILY**
3RD SUNDAY IN ORDINARY TIME
 JANUARY 25, 2026



From that time on, Jesus began to preach and say,
“Repent, for the kingdom of heaven is at hand.”
 — Matthew 4:17

SAINT BRENDAN PARISH | STB



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 8AM | 10AM* | 12PM* (Misa en Español)
- * LIVESTREAM ON FACEBOOK

DAILY MASS Monday, Wednesday - Saturday | 8:30AM

ADORATION

- Monday - Thursday | 1PM to 6PM • Friday | 9:30AM to 6PM
- First Friday | 9:30AM to FIRST SATURDAY DEVOTION at 7:30AM*
- *WITH ROSARY FOLLOWED BY BENEDICTION |

CONFESSION

- Monday, Wednesday - Saturday | 7:45AM - 8:15AM
- Saturdays | 2:30PM - 4PM

“Help me to journey beyond the familiar and into the unknown. Give me the faith to leave old ways and break fresh ground with You” —ST. BRENDAN, THE NAVIGATOR

SAINT TERESA OF CALCUTTA PARISH | STOC



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 9AM | 11AM | 5PM

DAILY MASS - Tuesday to Friday | 9AM

ADORATION

- Tuesday - Friday | 8:30AM (Prior to Daily Mass)
- Benediction just before 9AM Mass

CONFESSION

- Saturday | 3PM to 4:30PM
- Other: By Appointment.

“Do small things with great love” —SAINT MOTHER TERESA

PARISH DIRECTORY



PASTOR

Rev. Nicholas Wichert
frwichert@saintbrendan.org
425-483-9400, Ext 2647
frwichert@saintteresa.org
425-806-8096, Ext. 3103



PAROCHIAL VICAR

Rev. Peter Adoko-Enchill
frpeter@saintbrendan.org
frpeter@saintteresa.org
425-806-8096, Ext 3104

ST. TERESA OF CALCUTTA PARISH (STOC)

Monday - Friday | 9:30AM - 3PM

- 17856 NE Woodinville Duvall Rd, Woodinville WA 98077
- 425-806-8096 | www.saintteresa.org

Parish Assistant for Administration

Zoltan Abraham | Ext. 3105 | zoltan@saintteresa.org

Administrative Assistant

Audrey Kozel | audrey@saintteresa.org

First Communion • Children's Catechesis

Analaura Rodriguez | Ext 3101 | analaura@saintteresa.org

Confirmation • Youth Ministry

Andrew Duncan | Ext. 3102 | andrew@saintteresa.org

OCIA Coordinator • Adult Catechesis

Mark Sizemore | childfamilyministry@saintbrendan.org

Director of Music | John Dobson | music@saintteresa.org

DEACONS

- Dcn. Leon Garcia-Martinez | deaconleon@saintbrendan.org
- Dcn. Armando Medina | deaconarmando@saintbrendan.org

ST. BRENDAN PARISH (STB)

Monday - Friday | 9:15AM-Noon • 12:30PM-4PM

- Church - 10100 NE 192nd St, Bothell, WA 98011-2931
- Office - 10051 NE 195th St., Bothell, WA 98011-2931
- 425-483-9400 | www.saintbrendan.org

Pastoral Assistant for Administration

Pastoral Assistant for Evangelization

Brigitte Blair | ext. 2645 | brigitteb@saintbrendan.org

Bookkeeper | Mary Deitch | ext. 2642 | bookkeeper@saintbrendan.org

Children & Family Ministry • OCIA Coordinator

Mark Sizemore | ext. 2648 | childfamilyministry@saintbrendan.org

Confirmation

Margaret Deleon | ext. 2644 | youthminister@saintbrendan.org

Director of Music | John Dobson | directorofmusic@saintbrendan.org

Facilities Supervisor

Josh Stutzman | ext. 2650 | facilitiesupervisor@saintbrendan.org

Office Assistant | Christy Avila | ext. 2677 | christya@saintbrendan.org

Receptionist | Lupita Silva Ocampo | receptionist@saintbrendan.org

Liturgical Minister Schedule • Bulletin

Ermina Swager | ermina@saintbrendan.org • bulletin@saintbrendan.org

ST. BRENDAN PARISH SCHOOL

Monday, Tuesday, Thursday, Friday | 8AM to 4PM

Wednesday | 8AM to 3PM

- 10049 NE 195th St., Bothell, WA 98011
- 425-483-8300 | www.school.saintbrendan.org

School Principal | Catherine Shumate | catherines@school.saintbrendan.org

Admissions Director | Karah Burgess | karahb@school.saintbrendan.org

Advancement Director | Kerry Engle | kerrye@school.saintbrendan.org

School Secretary | Karyn Murnane | secretary@school.saintbrendan.org

COVER ART

TITLE: *Then He Wept (Flevit Super Illam)*, 1892

ARTIST: Enrique Simonet

SOURCE: kellybagdanov.com

MINISTRY TO THE SICK AND HOMEBOUND

To arrange for the Sacrament of Anointing of the Sick, call the Ministry of Pastoral Care of the Eastern Deanery at 425-655-3200.

To arrange for Holy Communion for the sick or homebound, call the parish office.

MINISTERIO PARA LOS ENFERMOS Y LAS PERSONAS CONFINADAS EN CASA

Para concertar el Sacramento de la Unción de los Enfermos, llame al Ministerio de Atención Pastoral del Decanato Oriental al 425-655-3200.

Para concertar la Sagrada Comunión para los enfermos o las personas confinadas en casa, llame a la oficina parroquial.

FUNERAL MASSES AND BURIAL RITES

To arrange for a funeral Mass, please contact the Parish Office, or ask the funeral director to do so.

MISAS PARA FUNERALES Y RITOS DE ENTIERRO

Para hacer arreglos para Misa para funeral, por favor contacte la Oficina de la Parroquia, o pregunte al director de los servicios funerarios.

PARISH NEWSFLASH

If you would like to receive the weekly St. Teresa Newsflash over email, please let us know at admin@saintteresa.org.

To submit a bulletin announcement:

- Due Thursday a week before the target weekend.
- St. Brendan > bulletin@saintbrendan.org
- St. Teresa > admin@saintteresa.org

To submit a Mass announcement or Mass intentions:

- St. Brendan > receptionist@saintbrendan.org
- St. Teresa > admin@saintteresa.org

UPCOMING EVENTS

- **ADORERS NEEDED** - St. Brendan Chapel • See page 7 for listed hours.
- **ST. VINCENT DE PAUL** - Help Wanted - Retail Crew Member • Kenmore Branch • Pg. 9 for links and details.
- **PANCAKE BREAKFAST** - By Knights of Columbus • Sunday, JAN 25 • After the 8AM/10AM Masses • St. Brendan Narthex.
- **ST. BRENDAN SCHOOL OPEN HOUSE** - Sunday, JAN. 25 • 11AM TO 2PM • Pg. 10 for details.
- **CATHOLIC SCHOOLS' WEEK** - JAN. 25 -30.
- **BABY BOTTLE CAMPAIGN** - Supporting Next Step Pregnancy NW. - Bottles are due back by Monday, JAN. 26 • St. Brendan. • Pg. 6.
- **APOLOGETICS MINISTRY**- Sunday, JAN. 31 • 11AM • St. Teresa • **UPDATED TIME/LOCATION.** • See next column.
- **STORY TIME With Mrs. Abraham** - Sunday, FEB. 1 • After the 10AM Mass • St. Brendan Nursery.
- **BAPTISM PREPARATION CLASSES** - Saturday, FEB. 7 • 9:30AM • St. Brendan • See below.
- **THE NATIONAL PILGRIM VIRGIN STATUE - OUR LADY OF FATIMA** - Sunday, FEB. 8 • Hosted by St. Brendan • Pg. 7 for more info.
- **WOMEN'S GROUP** - Thursday, FEB. 12 • 6:30PM • St. Brendan Narthex.
- **BITE OF ST. BRENDAN** - Friday, FEB. 13 • 5PM • St. Brendan School Gym • Pg. 5.
- **YOUNG AT HEART SENIORS** - Guest Speaker Abraham Zoltan • Potluck Lunch • Tuesday, FEB. 17 • 10AM • St. Brendan Narthex. Pg. 5 for details.

BAPTISM PREPARATION CLASSES

Baptism Preparation Class is scheduled for **Saturday, FEB. 7 at 9:30AM at St. Brendan Church.** Classes are offered in both Spanish and English

Both Parents and Godparents are required to attend Baptism Preparation prior to Baptism of your child. **Please notify the office if you wish to attend.**

CLASES DE PREPARACIÓN PARA EL BAUTISMO

La clase de preparación para el bautismo está programada para el **sábado 7 de febrero a las 9:30AM. en la iglesia St. Brendan.** Las clases se imparten tanto en español como en inglés.

Tanto los padres como los padrinos deben asistir a la clase de preparación para el bautismo antes del bautismo de su hijo. **Si desea asistir, por favor avise a la oficina.**

APOLOGETICS STUDY GROUP

FOR THE ST. BRENDAN AND ST. TERESA OF CALCUTTA PARISH FAMILY

LEARN TO:

- DEFEND THE CHRISTIAN FAITH
- SPEAK WITH CONFIDENCE, AND CHARITY
- PROCLAIM CATHOLIC MORAL TEACHING
- ENGAGE WITH PROTESTANTS & ATHEISTS
- EVANGELIZE FRIENDS, FAMILY, & COWORKERS
- ANSWER TOUGH QUESTIONS WITH CLARITY

✝️ LAST SATURDAY OF THE MONTH | 🕒 11:00 AM | 📍 ST. TERESA'S

NEXT MEETING: 1/31/26

Contact Mark Perez at: markperez8523@gmail.com



Richard Pizzo Honorary Scholarship

Offered by the Knights of Columbus; Redmond, WA. Council #8102

Application Deadline: January 31, 2026

Award: \$5,000 per student attending an accredited U.S. University or Trade School

About the Scholarship

- Three scholarships will be awarded to high school seniors based on community involvement, academic achievement and financial need
- Scholarship is renewable for one additional year
- Scholarship covers tuition only and will be paid directly to the University or Trade school
- Open to all high school seniors who live in Redmond, WA. and the surrounding communities
- Awardees will be notified by March 31, 2026

Requirements

- Fully completed Knights of Columbus scholarship application
- High school transcripts and activity form
- Proof of community involvement
- Letter of recommendation (from a non-family member)
- Essay 300-350 words
- Proof of financial need (Pell Grant application or other relevant documents; if claiming financial need)

The application form, complete qualification criteria, and information on the program are available by contacting Vinod Nazareth; Email: v29nazareth@gmail.com



PRAYER AND READINGS

READINGS OF THE WEEK

3RD SUNDAY IN ORDINARY TIME

JANUARY 25, 2026

THE LORD IS MY LIGHT AND MY SALVATION. (PSALM 27)

Sunday: Is 8:23-9:3 • Ps 27:1, 4, 13-14 • 1 Cor 1:10-13, 17 • Mt 4:12-23 or 4:12-17

Monday: 2 Tm 1:1-8 or Ti 1:1-5 • Ps 89:20-22, 25-26 • Mk 3:22-30

Tuesday: 2 Sm 6:12b-15, 17-19 • Ps 24:7-10 • Mk 3:31-35

Wednesday: 2 Sm 7:4-17 • Ps 89:4-5, 27-30 • Mk 4:1-20

Thursday: 2 Sm 7:18-19, 24-29 • Ps 132:1-2, 3-5, 11-14 • Mk 4:21-25

Friday: 2 Sm 11:1-4a, 5-10a, 13-17 • Ps 51:3-7, 10-11 • Mk 4:26-34

Saturday: 2 Sm 12:1-7a, 10-17 • Ps 51:12-17 • Mk 4:35-41

LET US PRAY FOR . . .

The Sick

God of all goodness, Look with mercy on all who suffer any kind of infirmity, sickness or injury, that they may be comforted. Let your hand of healing and protection be upon them. When they are fearful, ease their fear and anxieties. When they are afraid, give them strength and courage. When they feel alone, send them someone to listen and to care. When they are confused, provide reassurance and direction. When they are in pain, ease their suffering. When they despair, give them hope. May they experience your healing presence in the comfort of a caregiver's calm gaze and tender touch. We ask this in your holy name. Amen.

Joan Dedman • Diaz Family • Toyo Erickson • Erika Ferreri • Norman Hradec • Katherine A. Quillinan • Catalino Salmasan • Barbara Schielmann • Jon VanWagenen • Sarah Watson

The Deceased

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Dennis Behrens • MaryLynn Gardner • Roberto Eduardo Gomez Hernandez • Robert Lindquist • Francisca Lopez Gradilla • Roberta Merlitti • Fr. Roger O'Brien • Blake Podnar • Francis Rardin • Larry Schwartzkopf • Carol Toner • Barbara Vanderwel-Finley

JESUS PROCLAIMED THE **GOSPEL** OF THE
KINGDOM AND CURED EVERY DISEASE
AMONG THE PEOPLE. (MATTHEW 4:23)

O SACRAMENT MOST HOLY

O SACRAMENT DIVINE

ALL PRAISE AND

ALL THANKSGIVING

BE EVERY MOMENT THINE



MASS INTENTIONS

Sunday, January 25

STB

8:00AM + Ronaldo Uy

10:00AM + Victor Palazzo

12:00PM For Saint Brendan Parish

STOC

9:00AM For Saint Teresa Parish

11:00AM For Saint Teresa Parish

Monday, January 26

STB - 8:30AM Angela Go

STOC - NO MASS

Tuesday, January 27

STB - NO MASS

STOC - 9:00AM + Carlos de Imus

Wednesday, January 28

STB - 8:30AM + Victor Palazzo

STOC - 9:00AM + Everett Bissonette

Thursday, January 29

STB - 8:30AM Quinn Anderson

STOC - 9:00AM + Sean Hern

Friday, January 30

STB - 8:30AM + Ana Maria Montero

STOC - 9:00AM Dan Hilderbrand

Saturday, January 31

STB

8:30AM Francisco Gonzalez

5:00PM For Saint Brendan Parish

STOC - 5:00PM For Saint Teresa Parish

+ = deceased.

To submit a Mass intention, contact the parish office at the following email address.

- St. Brendan - receptionist@saintbrendan.org
- St. Teresa of Calcutta - admin@saintteresa.org



WOMEN'S GROUP

Thank you to all who joined us last month. We will be taking a short break in January and resume on **Thursday, FEB. 12**, with **guest speaker, Fr. Wichert!** We hope you can join us then.

LORD, AS WE START FRESH, BLESS US WITH NEW HOPE, FAITH, AND STRENGTH TO LIVE FOR YOU. AMEN

BITE OF ST. BRENDAN

Save the Date: Friday, FEB. 13 at 5PM.



Hello **St. Brendan and St. Teresa Parish and School Community!** It is that time to begin preparing for the Bite of Brendan. It will be on **Friday, FEB. 13 at 5PM** in **the school gym**. This will be our 3rd annual event. We will have food from around the world, entertainment, ministries and most importantly an opportunity to spend time with your fellow parishioners. If you are interested in volunteering or preparing food, please contact Brigette Blair at brigetteb@saintbrendan.org. If you are a school parent, please check on [Volunteer Hub](#). We look forward to seeing everyone!

YOUNG AT HEART SENIORS GROUP

Shrove Tuesday is an important day for Christians. It is the day before Ash Wednesday, when we are called to be absolved of our sins and to reflect deeply on our upcoming Lenten journey. To help us with this, guest speaker **Abraham Zoltan** will be giving a talk on **"12 Ways to make Lent a Life-Changing Experience"**. Besides the religious focus, this day (aka Fat Tuesday, Pancake Day, Mardi Gras) is also a day of feasting & celebration before the beginning of our Lenten Fast.

Join us on **Tuesday, FEB, 17 at 10AM**, in the **St Brendan Narthex**. Please bring food to share in the potluck lunch after Zoltan's presentation. Contact Donna (206-335-4469) if you have any questions.

Meydenbauer Center • Bellevue, WA
May 16, 2026

ASCEND
EUCHARISTIC REVIVAL

Get the details and stay updated at:
AscendEucharisticRevival.church

VOLUNTEERS NEEDED!

Scan here to get alerts on registration!

EXECUTIVE

Speaker Series

Deacon Frank DiGirolamo

Executive Director of Operation Nightwatch

Thursday, February 12, 2026
St. Monica Church
Adoration & Confession | 6 PM
Networking & Speaker Address | 7 PM

YOUNG CATHOLIC PROFESSIONALS
SEATTLE

PARISH NEWS

RESPECT LIFE MINISTRY-SPIRITUAL ADOPTION OF UNBORN BABIES


As we observe *Sanctity of Human Life Sunday*, St. Brendan parishioners are invited to once again participate in the Spiritual Adoption for Unborn Children Program. This is a special program to help us all act upon our church's teaching that all life is wanted and sacred. Parishioners will be invited to spiritually adopt a child who has been newly conceived this month by praying daily for one of these children over the next nine months. Prayer cards of the late Archbishop Fulton Sheen will be available at the Respect Life table in the Narthex. If you wish to spiritually adopt an unborn child, simply add a heart to our poster board so we can see how many children are prayed for.

Check the kiosk in the St. Brendan Narthex with a beautiful picture showing the fetal development of our spiritually adopted child each month. Also check the bulletin for announcements describing the fetal development. After nine months of prayers, we will celebrate the births by having a baby shower. All gifts will go to help local mothers in need. We hope to have many parishioners join this program to save God's unborn children.



KNIGHTS OF COLUMBUS CORNER (Council 6686)

• **JANUARY Family of the month:** Greg & Monica Carlin | **JANUARY Knight of the Month:** Dave Potts

- The next Pancake Breakfast is **Sunday, JAN. 25**, after the 8AM/10AM Masses.
- It's that time of the year when the report of your service hours for the 2025 calendar year is due. Please tabulate your hours and submit them by **Monday, JAN. 26** to GK Joe Osmialowski at joe_osmialowski@yahoo.com.
- The Annual Baby Bottle Campaign in support of Life is in progress. All money raised benefits Next Step Pregnancy Services in Lynnwood. If you did not get a bottle, you can make an online donation by **JAN. 26** at <https://www.nextstepnw.com/donate> or by using the QR Code, 
- Scholarship Applications for post-secondary education are available in the kiosks located in the narthex and the rear of the church. Two scholarships of \$2,000 each will be awarded.
- What does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Join 2 million Catholic men on a mission. To learn more, go to kofc.org or look for a Knight in a blue vest or contact Grand Knight Joe Osmialowski at 248-343-9021.

RESPECT LIFE MINISTRY

Please Pray For These Expecting Mothers: Kim Anderson • Claire Cook • Megan D'sa Fuller • Megan Fryhover • Hannah Galvan Bockel • Lauren Green • Taylor Haug • Yohaly Lucas • Lauryn Manning • Avika Nash • Elizabeth Nguyen • Bethany Nicasio • Michaela Sheehan • Shelby Teter • Alex Tolossa.

Congratulations to: Brian & Mary Kate (White) BENSHOOF on the birth of their daughter, Halle Margaret • Blair & Megan CARLIN on the birth of their son, Harrison Jack • Jose & Eustorgia FELIPE on the birth of their son, Emmanuel. • Peter & Mildred HRANEK on the birth of their daughter, Seraphina Shani.

We ask that God bless you and bring you much joy as you raise your little one. If you are expecting a baby and would like your church family to pray for you, please contact Colleen Danforth at rdhcoll@aol.com.

RESPECT LIFE JANUARY

On JAN. 22, 1973, the Supreme Court legalized abortion throughout the United States in its companion decisions *Roe v. Wade* and *Doe v. Bolton*. Since that time, millions of children have lost their lives, and millions of women and families have been wounded by abortion.

On JUN. 24, 2022, the *Dobbs v. Jackson Women's Health Organization* decision overturned *Roe v. Wade*, and we praise God for the great opportunity state and federal legislators now have to protect pre-born children. While God, in His mercy, ended the nearly fifty-year nationwide regime of abortion on demand, right now state and federal laws, in many instances, are still hostile to pre-born children. So, great prayer and advocacy is very needed.

The General Instruction of the Roman Missal (GIRM), no. 373, designates January 22 as a particular day of prayer and penance, called the "Day of Prayer for the Legal Protection of Unborn Children": *In all the Dioceses of the United States of America, January 22 (or January 23, when January 22 falls on a Sunday) shall be observed as a particular day of prayer for the full restoration of the legal guarantee of the right to life and of penance for violations to the dignity of the human person committed through acts of abortion. The liturgical celebrations for this day may be the "Mass For Giving Thanks to God for the Gift of Human Life" (no. 48/1 of the Masses and Prayers for Various Needs and Occasions), celebrated with white vestments, or the Mass "For the Preservation of Peace and Justice" (no. 30 of the Masses and Prayers for Various Needs and Occasions), celebrated with violet vestments.*

RESOURCES [Choices of Readings for Mass on JAN. 22](#) • [Mass for Giving Thanks to God for the Gift of Human Life](#) • [Action Guide for the Anniversary of Roe v. Wade](#) • [9 Days for Life](#) • [Pro-Life Prayers](#)

HOW TO PARTICIPATE Not sure how to observe this day of prayer and penance? Pick from the ideas below or offer some other prayer or sacrifice that you feel called to do.:

- Go to Mass.
- Abstain from meat.
- Pray the [Divine Mercy Chaplet](#).
- Fast
- Pray a decade of the [Rosary](#).
- Give up TV and movies for the day.
- Offer A [Prayer for Life to Jesus in the Blessed Sacrament](#).
- Sacrifice some of your free time to do a small act of service for someone else.

ADORATION - ST. BRENDAN CHAPEL

Come and spend an hour with Jesus in the St. Brendan Adoration Chapel. We need two or three people on the following days:

Monday 2PM to 3PM • 3PM to 4PM • 4PM to 5PM • 5PM to 6PM.
| **Tuesday** 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 5PM to 6PM
| **Wednesday** 1PM to 2PM • 3PM to 4PM • 5PM to 6PM | Thursday
3PM to 4PM • 4PM to 5PM • 5PM to 6PM | **Friday** 11am to Noon •
Noon to 1PM • 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 4PM to
5PM.

First Friday (24-hour adoration up to Saturday) Friday 8PM to 9PM •
9PM to 10PM • 11PM to midnight. | **Saturday** 12AM to 1AM • 1AM
to 2AM • 4AM to 5AM • 6AM to 7AM.

To sign up, call or text Christina Plantilla at 425-486-3376.

ST. LOUIS DE MONTFORT'S 33-DAY CONSECRATION TO JESUS THROUGH MARY MARCH 25

It is a structured spiritual retreat to deepen ones relationship with Christ by totally trusting oneself to Mary's care, involving 12 days of renouncing worldly spirit followed by three weeks focusing on humility, self knowledge and Mary's virtues, culminating in a formal Act of Consecration on a Marian feast day after confession and Holy Communion, with recommendation of annual renewal.

We will have an information table after Masses on the weekend of JAN. 31/FEB. 1. Materials and information will be provided to you in the St. Brendan Narthex. Consecration will start on FEB. 19 and ends on MAR. 25. If you have questions, please call or text Christina Plantilla at 425-486-3376

ST. BRENDAN OVERNIGHT ADORATION OF THE HOLY EUCHARIST

Second Saturday of the Month:

- Women's Overnight Adoration—7PM to 6AM (Sunday)

Third Saturday of the Month:

- Children/Teen's Evening Adoration—6:30PM to 8:30PM
- Men's Overnight Adoration—8:30PM to 6AM (Sunday)

Segundo sábado del mes:

- Adoración nocturna de las mujeres—7PM a 6AM (domingo)

Tercer sábado del mes:

- Adoración nocturna de los niños/adolescentes—6:30PM a 8:30PM
- Adoración nocturna de los hombres—8:30PM a 6:00AM (domingo)

STB - EL GRUPO DE ORACION VEN A MI (STB - COME TO ME PRAYER GROUP)

El Grupo de Oracion Ven a Mi en Espanol los invita todos los **viernes de 7pm a 9pm** a reflexionar la palabra de Dios, a Orar y Alabar a Dios, hay Evangelizacion de Jovenes y Niños. Nos reunimos dentro de la Parroquia.

Vengan a mi y yo los aliviare. —Mateo 11:28

EVANGELIZATION

By Brigette Blair

SAVE THE DATE - On **Sunday, FEB 8**, **St. Brendan Parish** will be hosting **The National Pilgrim Virgin Statue**, a beautiful, hand-carved image of **Our Lady of Fatima**, which will be on display at the Sunday Masses. In the afternoon, there will be a short talk, Adoration, and prayer. More details to come!

A few things to consider as we enter a new calendar year.

- [The Bible in 10 Minutes > The Bible in a Year w/Fr. Mike Schmitz](#)
- [The Catechism in a Year with Fr. Mike Schmitz.](#)
- [Rosary in a Year with Fr. Mark-Mary Ames](#)

PRAY ABOUT HOW YOU CAN GROW IN YOUR FAITH IN 2026.

CHRIS STEFANICK (YOUTUBE)

- [You're Not Abandoned in the Hardest Moments](#)
- [Maximizing Your Potential at Every Stage of Life | Dr. Arthur Brooks](#)
- [God is Hiding in Plain Sight](#)
- [Make Changes That Actually Stick in the New Year | Fr. Peter Mussett](#)

FORMED

- [The Art of Living](#)
- [Formed Daily Reflections](#)
- [Practicing Catholic Podcast](#)

BISHOP BARRON SUNDAY SERMON (YOUTUBE)

- [Side by Side with Sinners](#)
- [The Answer to Your Deepest Longing](#)
- [Protect the Life of Christ in You](#)

ASCENSION PRESENTS

- [How to Quit Your Addictions \(w/ Fr. Mark-Mary Ames\)](#)
- [The Real Reason Modern Life Feels Empty w/ Fr. Mike Schmitz and Dr. Arthur Brooks](#)
- [Ditch the Resolution - Focus on This Instead \(w/ Fr. Mark-Mary Ames\)](#)
- [Regarding Fr. Mike's Bible in a Year podcast](#)

FR. MIKE SCHMITZ HOMILIES

- ["Two Traps" | The Baptism of the Lord](#)
- ["Proximity or Intimacy" | The Epiphany of the Lord](#)
- ["Taken For Granted" | The Solemnity of Mary, the Mother of God](#)

The Catholic Parent - FORMED

FOR KIDS—FORMED

[The Story of Christmas](#) | [Benjamin Cello Christmas Special](#)
[Awesome Animals & Mini Me](#) • [God's Knights](#) • [God's Princesses](#)
[Zack and Yalla](#) • [Brother Francis \(English & Español\)](#) • [Littlest Saints](#) • [The Wonderful World of Benjamin Cello](#)

GROWING IN FAITH

LEAVING ALL FOR CHRIST

By Zoltan Abraham

According to biblical chronology, the Israelites conquered the Holy Land in the 15th century BC. Each of the tribes received a large territory for its own, except for the tribe of Levi, which was designated as the priestly tribe. The Levites would tend to the spiritual needs of the other tribes and, in return, their reward wouldn't be land, but the Lord Himself, who would be their inheritance. The territories belonging to the tribes of Zebulun and Naphtali, mentioned both in the First Reading and the Gospel Reading for this Sunday, were located in the northern part of the Holy Land.

In the 11th century BC, the tribal lands started to be forged into a single monarchy under King Saul, the first king of the Israelites. The kingdom reached its peak in the 10th century BC under King David and his son King Solomon. However, after Solomon's reign, still in the 10th century BC, the kingdom was split in two, the Kingdom of Israel in the north and the Kingdom of Judah in the south. Roughly 200 years later, the Kingdom of Israel was conquered by the Assyrians, who removed the local population and resettled the tribes in other lands. They started the dismantling of the Kingdom of Israel in the area of Zebulun and Naphtali.

After the Assyrians came the Babylonians, who took over the conquered territories and also conquered the Kingdom of Judah in the south. Then came the Persians, who defeated the Babylonians and conquered their empire. The Persians were followed by the Greeks and then by the Romans, who had control of the area at the time of Christ.

During the reigns of the various conquerors, the Israelites were fervently yearning for the coming of the Messiah, who would overthrow their oppressors and would usher in a new, glorious era for the people of Israel. They expected the Messiah to be a military king, who would reign over their enemies and make Jerusalem the center of the world.

When Jesus was born, the Messiah had at long last arrived. However, he did not come in the way the Israelites had expected. Instead, he exceeded even their wildest expectations. The Messiah wasn't just a great man, who would lead the people, but God Himself, the Creator of all things.

In the Gospel Reading for this Sunday, we see that Jesus begins his ministry in Zebulun and Naphtali, where the dismantling of the Kingdom of Israel had started. He begins the restoration where the destruction had begun. But the restoration will be very different from what the Israelites had imagined. He didn't come to restore Israel politically, but to establish his reign upon the earth, the Kingdom of Heaven. He came to offer us salvation from our sins and to usher in the remaking of society according to the divine order. Moreover, in the fullness of time, at his Second Coming, he will restore fallen nature itself.

In the Gospel Reading, we see Jesus calling the first disciples. As he is walking along the Sea of Galilee, he sees them fishing,



which was their family business. He calls to them and invites them to follow him. Peter, Andrew, James, and John leave everything behind and begin to follow him immediately.

The question arises for us: Are we able to follow Jesus in the same way? We may not be called to walk out on a job for Jesus, but there are many other things we need to give up if we are to truly welcome Jesus into our lives. Are we willing to give up unwholesome forms of entertainment? Are we willing to give up an unhealthy attachment to material things? To quit activities that take us away from Christ? To control our words so that our speech is in conformity with the values of Christ? To reshape our thinking so that our mind can reflect the mind of Christ? Are we willing to make Christ completely the center of our lives?

St. Paul urges us to do so in the Second Reading. He chastises the Corinthians because they had developed factions, allowing human values to seep into the life of the Church. Today, we see the tragedy of division within Christianity. Even within the Catholic Church, we see factions and divisions. We must rise above such human bickering and conform ourselves completely to Christ, making him the center of all that we do.

Of course, putting Christ in the center does not come without risk in this world. As Christ told us, if they persecuted him, they will persecute us also. The Gospel Reading for this Sunday starts with the arrest of John the Baptist, who will later be executed because he had preached the truth of God. Of the four disciples who leave everything to follow Jesus in this passage, three will be martyred and one, John, will end his days in a cruel labor camp.

Today, more Christians are martyred than ever before. The Christians of Nigeria are facing genocide at the hands of Muslims. Christians are increasingly being driven out of the Holy Land. Even in the United States, Christians are starting to be killed for their faith, as in the horrific attack on children attending a school Mass in Minneapolis. But even if we are not physically killed, adherence to our faith can cause us to lose employment, business opportunities, friendships, and the love of family members. In the face of such dangers, are we willing to put Christ in the center of our lives? If we do so, our reward is his eternal, unending, infinite love.

If you would like to read more of Zoltan's writings, you can find them at www.zoltanabraham.com.

PARISH FAMILY OUTREACH AND SERVICE

Fairwind - Brittany Park | John McGuinness | johnmcg@gmail.com

Kids of the World | Ken Fabrizio | kenfabrizio4@gmail.com

Knights of Columbus

- STB - Joe Osmialowski | 248-343-9021
- STOC - Dennis Hammonds | dennishammonds45@gmail.com

Ministry to the Homebound

- Bothell Health Care | Cogir of Bothell Memory Care - STB - Anne Chapman 206-234-5849
- All others - STB - Contact receptionist@saintbrendan.org
- STOC - Contact admin@saintteresa.org

Prepares (Pregnancy Support) | Lori Wirtz - loriwirtz@gmail.com

Respect Life | Colleen Danforth - rdhcoll@aol.com

St. Vincent de Paul

- STB - Margie Inghram | 425-486-8953
- STOC - Marion Scichilone | bpgourmet@yahoo.com

SERVING OUR SAVIOR (S.O.S.) SOUP KITCHEN MINISTRY

The St. Brendan pantry could use additional stock of:

NEED: Canned cream of mushroom, canned *cream* of chicken soup, dry pasta, and bags of rice. Please only donate *unexpired* goods in their *original* packaging. Thank you.



WANTED - RETAIL CREW MEMBER

Great Opportunity at St. Vincent de Paul (SVdP) for a Retail Crew Member at its busy thrift store located in Kenmore. Requirements: Strong Customer Service and interpersonal skills are required to assist shoppers. Ability to work in a fast-paced retail setting. Bilingual preferred but not required. Interested candidates should email their resume directly to employment@SVdPSeattle.org For more information about the organization and other potential openings, you can visit the SVdP Seattle|King County Careers page at www.svdpseattle.org.

ST. VINCENT DE PAUL

We need your help again! Our pantry that we share with St. Teresa parish is running low on food and cleaning supplies. We are also preparing meals for Thanksgiving and Christmas for our neighbors. **Please donate some of the following items in the hamper in the Narthex at either church:** We also have a family that needs a used clothes dryer if you know of one. Thank you for your generosity, ~Margie Inghram, 425-486-8953

NEED: Canned fruit • canned chicken or tuna • peanut butter • jam/jelly • saltine crackers • spaghetti sauce • noodles • canned pumpkin • evaporated milk • brown sugar • gravy mix • cranberry sauce • dressing mix • green beans • shampoo • bar soap • laundry soap • dish soap • toilet paper.



PREPARES MINISTRY AT ST. BRENDAN AND ST. TERESA OF CALCUTTA

Supports families in need by providing diapers and clothing for children from birth to school age. We are located in the **lower Brendan House and are open on Tuesdays from 9AM to 11AM.** If you are in a housing or food crisis or in need of other immediate assistance, please call the State of Washington Services at 2-1-1 for help—it's FREE; they are open 24/7 and multilingual. **If you would like to make a financial donation to PREPARES, please write St. Teresa Prepares on the check.** Please contact Lori Wirtz (loriwirtz@gmail.com) with any questions.

NEED: Diapers: Size - 4T and 5T • Diaper Wipes



CYO SPOTLIGHT

Hey, Parents - did you know that your children are eligible and welcome to participate in all St. Brendan CYO sports programs simply by being registered parishioners at St. Brendan or St. Teresa? For more information on CYO and the programs offered at St. Brendan, please reach out to Ena Demeter at ena322@yahoo.com.

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/SEATTLECYO/HOME TO ENROLL >>>

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COORDINATOR LINDA HUYNH

LTHUYNH120@GMAIL.COM FOR ANY QUESTIONS.

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You can give online at:

- St. Brendan Parish (STB) - parish.saintbrendan.org
- St. Teresa of Calcutta (STOC) - <https://pushpay.com/g/saintteresacalcutta>
- OR can the QR codes with your phone's camera, >>>
It's quick, secure, convenient, and easy. Your support helps sustain our parish family. If you need help with online giving, please call the Parish Office at 425-483-9400 (STB) or 425-806-8096 (STOC)

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<p style="text-align: center; font-weight: bold; color: white;">Colonial Optical, LLC</p>  <p style="color: yellow; font-weight: bold;">If you can't read this? Come see me!</p> <p>12911 120th Ave. N.E. Suite C-80 - Kirkland (425) 821-1820 www.colonialoptics.com Parishioner owned & operated</p>	<p style="text-align: center;">Dr. Michelle J. Ament Cosmetic and General Dentist</p> <p style="text-align: center;">Use Code "Smile Bright" for FREE Whitening</p> <p style="text-align: center;">BothellFamilyDentistry.com 425-486-2787</p>	<p style="font-weight: bold; color: blue;">DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?</p> <p>Engaging, ad-supported print and digital newsletters to reach your community.</p> <p style="text-align: center; color: blue; font-weight: bold;">Visit Ipicommunities.com</p>	
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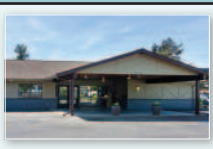
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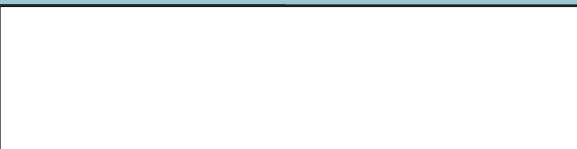
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