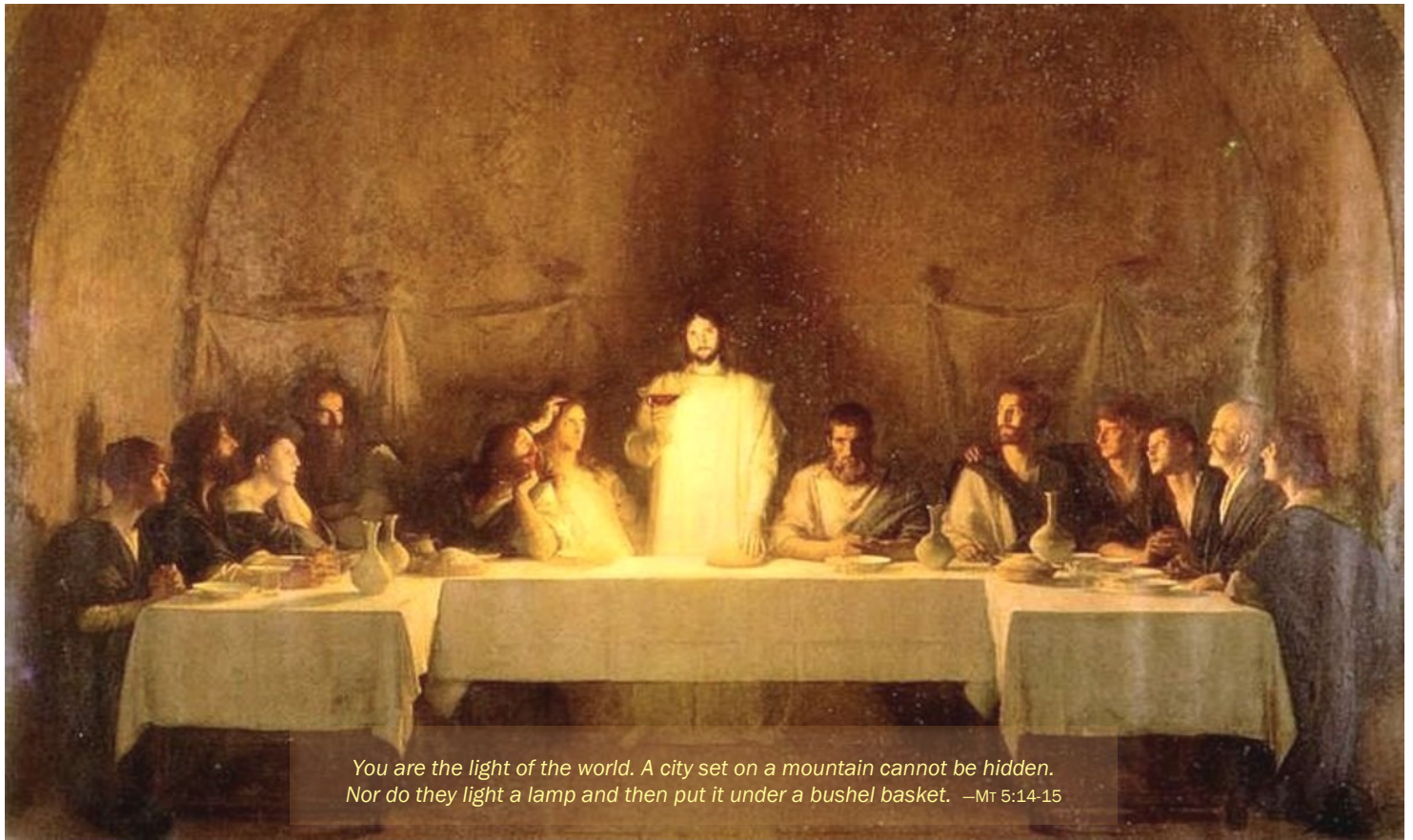


WELCOME TO  
**SAINT BRENDAN & SAINT TERESA OF CALCUTTA  
 PARISH FAMILY**  
**5TH SUNDAY IN ORDINARY TIME**  
 FEBRUARY 8, 2026



*You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket. —Mt 5:14-15*

**SAINT BRENDAN PARISH | STB**



**SUNDAY MASS**

- Saturday Vigil | 5PM
- Sunday | 8AM | 10AM\* | 12PM\* (Misa en Español)
- \* LIVESTREAM ON FACEBOOK

**DAILY MASS** Monday, Wednesday - Saturday | 8:30AM

**ADORATION**

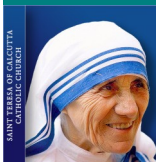
- Monday - Thursday | 1PM to 6PM • Friday | 9:30AM to 6PM
- First Friday | 9:30AM to FIRST SATURDAY DEVOTION at 7:30AM\*
- \*WITH ROSARY FOLLOWED BY BENEDICTION |

**CONFESSION**

- Monday, Wednesday - Saturday | 7:45AM - 8:15AM
- Saturdays | 2:30PM - 4PM

*"Help me to journey beyond the familiar and into the unknown. Give me the faith to leave old ways and break fresh ground with You" —ST. BRENDAN, THE NAVIGATOR*

**SAINT TERESA OF CALCUTTA PARISH | STOC**



**SUNDAY MASS**

- Saturday Vigil | 5PM
- Sunday | 9AM | 11AM | 5PM

**DAILY MASS** - Tuesday to Friday | 9AM

**ADORATION**

- Tuesday - Friday | 8:30AM (Prior to Daily Mass)
- Benediction just before 9AM Mass

**CONFESSION**

- Saturday | 3PM to 4:30PM
- Other: By Appointment.

*"Do small things with great love"—SAINT MOTHER TERESA*

# PARISH DIRECTORY



## PASTOR

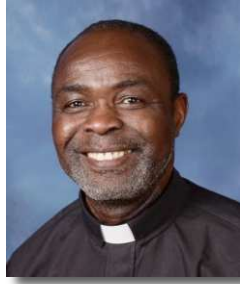
Rev. Nicholas Wichert

[frwichert@saintbrendan.org](mailto:frwichert@saintbrendan.org)

425-483-9400, Ext 2647

[frwichert@saintteresa.org](mailto:frwichert@saintteresa.org)

425-806-8096, Ext. 3103



## PAROCHIAL VICAR

Rev. Peter Adoko-Enchill

[frpeter@saintbrendan.org](mailto:frpeter@saintbrendan.org)

[frpeter@saintteresa.org](mailto:frpeter@saintteresa.org)

425-806-8096, Ext 3104

## ST. TERESA OF CALCUTTA PARISH (STOC)

Monday - Friday | 9:30AM - 3PM

• 17856 NE Woodinville Duvall Rd, Woodinville WA 98077

• 425-806-8096 | [www.saintteresa.org](http://www.saintteresa.org)

### Parish Assistant for Administration

Zoltan Abraham | Ext. 3105 | [zoltan@saintteresa.org](mailto:zoltan@saintteresa.org)

### Administrative Assistant

Audrey Kozel | [audrey@saintteresa.org](mailto:audrey@saintteresa.org)

### First Communion • Children's Catechesis

Analaura Rodriguez | Ext 3101 | [analaura@saintteresa.org](mailto:analaura@saintteresa.org)

### Confirmation • Youth Ministry

Andrew Duncan | Ext. 3102 | [andrew@saintteresa.org](mailto:andrew@saintteresa.org)

### OCIA Coordinator • Adult Catechesis

Mark Sizemore | [childfamilyministry@saintbrendan.org](mailto:childfamilyministry@saintbrendan.org)

Director of Music | John Dobson | [music@saintteresa.org](mailto:music@saintteresa.org)

## DEACONS

- Dcn. Leon Garcia-Martinez | [deaconleon@saintbrendan.org](mailto:deaconleon@saintbrendan.org)
- Dcn. Armando Medina | [deaconarmando@saintbrendan.org](mailto:deaconarmando@saintbrendan.org)

## ST. BRENDAN PARISH (STB)

Monday - Friday | 9:15AM-Noon • 12:30PM-4PM

• Church - 10100 NE 192nd St, Bothell, WA 98011-2931

• Office - 10051 NE 195th St., Bothell, WA 98011-2931

• 425-483-9400 | [www.saintbrendan.org](http://www.saintbrendan.org)

### Pastoral Assistant for Administration

### Pastoral Assistant for Evangelization

Brigette Blair | ext. 2645 | [bridgetteb@saintbrendan.org](mailto:bridgetteb@saintbrendan.org)

Bookkeeper | Mary Deitch | ext. 2642 | [bookkeeper@saintbrendan.org](mailto:bookkeeper@saintbrendan.org)

### Children & Family Ministry • OCIA Coordinator

Mark Sizemore | ext. 2648 | [childfamilyministry@saintbrendan.org](mailto:childfamilyministry@saintbrendan.org)

### Confirmation

Margaret Deleon | ext. 2644 | [youthminister@saintbrendan.org](mailto:youthminister@saintbrendan.org)

Director of Music | John Dobson | [directorofmusic@saintbrendan.org](mailto:directorofmusic@saintbrendan.org)

### Facilities Supervisor

Josh Stutzman | ext. 2650 | [facilitiesupervisor@saintbrendan.org](mailto:facilitiesupervisor@saintbrendan.org)

Office Assistant | Christy Avila | ext. 2677 | [christya@saintbrendan.org](mailto:christya@saintbrendan.org)

Receptionist | Lupita Silva Ocampo | [receptionist@saintbrendan.org](mailto:receptionist@saintbrendan.org)

### Liturgical Minister Schedule • Bulletin

Ermina Swager | [ermina@saintbrendan.org](mailto:ermina@saintbrendan.org) • [bulletin@saintbrendan.org](mailto:bulletin@saintbrendan.org)

## ST. BRENDAN PARISH SCHOOL

Monday, Tuesday, Thursday, Friday | 8AM to 4PM

Wednesday | 8AM to 3PM

• 10049 NE 195th St., Bothell, WA 98011

• 425-483-8300 | [www.school.saintbrendan.org](http://www.school.saintbrendan.org)

School Principal | Catherine Shumate | [catherines@school.saintbrendan.org](mailto:catherines@school.saintbrendan.org)

Admissions Director | Karah Burgess | [karahb@school.saintbrendan.org](mailto:karahb@school.saintbrendan.org)

Advancement Director | Kerry Engle | [kerrye@school.saintbrendan.org](mailto:kerrye@school.saintbrendan.org)

School Secretary | Karyn Murnane | [secretary@school.saintbrendan.org](mailto:secretary@school.saintbrendan.org)

## COVER ART

TITLE: *Last Supper*

ARTIST: Pascal Adolphe Dagnan-Bouvert, 1896

SOURCE: [Wikimedia.org](https://commons.wikimedia.org/wiki/File:Pascal_Dagnan-Bouvert_-_Last_Supper.jpg)

## MINISTRY TO THE SICK AND HOMEBOUND

To arrange for the Sacrament of Anointing of the Sick, call the Ministry of Pastoral Care of the Eastern Deanery at 425-655-3200.

To arrange for Holy Communion for the sick or homebound, call the parish office.

## MINISTERIO PARA LOS ENFERMOS Y LAS PERSONAS CONFINADAS EN CASA

Para concertar el Sacramento de la Unción de los Enfermos, llame al Ministerio de Atención Pastoral del Decanato Oriental al 425-655-3200.

Para concertar la Sagrada Comunión para los enfermos o las personas confinadas en casa, llame a la oficina parroquial.

## FUNERAL MASSES AND BURIAL RITES

To arrange for a funeral Mass, please contact the Parish Office, or ask the funeral director to do so.

## MISAS PARA FUNERALES Y RITOS DE ENTIERRO

Para hacer arreglos para Misa para funeral, por favor contacte la Oficina de la Parroquia, o pregunte al director de los servicios funerarios.

## PARISH NEWSFLASH

If you would like to receive the weekly St. Teresa Newsflash over email, please let us know at [admin@saintteresa.org](mailto:admin@saintteresa.org).

### To submit a bulletin announcement:

- Due Thursday a week before the target weekend.
- St. Brendan > [bulletin@saintbrendan.org](mailto:bulletin@saintbrendan.org)
- St. Teresa > [admin@saintteresa.org](mailto:admin@saintteresa.org)

### To submit a Mass announcement or Mass intentions:

- St. Brendan > [receptionist@saintbrendan.org](mailto:receptionist@saintbrendan.org)
- St. Teresa > [admin@saintteresa.org](mailto:admin@saintteresa.org)

# UPCOMING EVENTS

- **NATIONAL MARRIAGE WEEK** - Week of FEB. 7 - 14 • Pg. 5
- **THE NATIONAL PILGRIM VIRGIN STATUE - OUR LADY OF FATIMA** - Sunday, FEB. 8 • Hosted by St. Brendan • Next column below.
- **ST. BRENDAN SCHOOL** - Week of Giving - FEB. 8 - 13 • Pg. 10.
- **HOLY HOUR / HORA SANTA** - Wednesday, FEB. 11. • 6PM >>>.
- **WOMEN'S GROUP** - Thursday, FEB. 12 • 6:30PM • **Guest Speaker Fr. Wichert** • POTLUCK DINNER • St. Brendan.
- **BITE OF ST. BRENDAN** - Friday, FEB. 13 • 5PM • St. Brendan School Gym • Pg. 5
- **WORLD YOUTH DAY** - Info Meeting • Sunday, FEB. 15/22 • Pg. 7
- **YOUNG AT HEART SENIORS** - **Guest Speaker Zoltan Abraham** • POTLUCK LUNCH • Tuesday, FEB. 17 • 10AM • St. Brendan Narthex. Pg. 5.
- **ASH WEDNESDAY - FEB. 18**  
⇒ Lent Calendar NOW AVAILABLE online and in the narthex.  
⇒ **ST. BRENDAN**
  - Mass Times - 9AM | 6PM (Bilingual)
  - Noon - Prayer Service with Ash Distribution⇒ **ST. TERESA** Mass Times - 9AM | 7PM
- **MOMS GROUP** - Wednesday, FEB. 18 • 9:30AM • St. Brendan Nursery.
- **ROSARY MAKING** - Thursday, FEB. 19 • 10AM • St. Teresa of Calcutta Commons room. • Pg. 5
- **WELL-READ MOMS** - Wednesday, FEB. 25 • 10AM • St. Teresa of Calcutta. • Pg. 5
- **BBQ & BROTHERS** - Thursday, FEB. 26 • 6PM • **Guest Speaker Fr. Wichert** • St. Brendan.
- **APOLOGETICS CLASS** - Saturday, FEB. 28 • 11AM • St. Teresa • Pg. 5.

## NATIONAL PILGRIM VIRGIN STATUE

On **Sunday, FEB 8**, **St. Brendan Parish** will be hosting **The National Pilgrim Virgin Statue**, a beautiful, hand-carved image of **Our Lady of Fatima**, which will be on display at the Sunday Masses. In the afternoon, there will be a short talk, Adoration, and prayer.



*Discover Our Lady of Fatima's message for peace and her call for you individually – and the whole world.*

## HOLY HOUR / HORA SANTA

We will hold a Holy Hour for families and children, including small children (and babies!), on **Wednesday, FEB. 11**, from **6PM to 7PM** in the **small chapel at St. Brendan**. Come and let yourself be blessed by the Lord. Bring the whole family, including babies and small kids. We will pray with hymns, silence, and directed meditations and will receive benediction.



Tendremos una Hora Santa para las familias con hijos pequeños (y bebes!) el **Miercoles 11 de Febrero, de las 6 a las 7 de la noche en la en la capilla de San Brendan**. Ven y déjate bendecir por el Señor, trae a toda tu familia. Rezaremos con himnos, silencio, meditaciones dirigidas y recibiremos la bendición.

## BITE OF ST. BRENDAN & MINISTRY FAIR Friday, FEB. 13 at 5PM.



Hello **St. Brendan and St. Teresa Parish and School Community!** It will be on **Friday, FEB. 13 at 5PM** in the **school gym**. This will be our 3rd annual event. We will have food from around the world, ministries, entertainment, and most importantly an opportunity to spend time with your fellow parishioners.

If you are interested in volunteering or preparing food, please contact Brigette Blair at [bridgeteb@saintbrendan.org](mailto:bridgeteb@saintbrendan.org). If you are a school parent, please check on [Volunteer Hub](#). We look forward to seeing everyone!

## Women's Group

Spend the evening with us for the first **POTLUCK DINNER**

of the new year. Bring a friend or family and join us on

**Thursday, FEB. 12, at 6:30PM** in the **St. Brendan Narthex**.

**GUEST SPEAKER - Fr. Wichert!**

Bring your favorite dish or dessert to share.

We hope to see you all there!

# PRAYER AND READINGS

## READINGS OF THE WEEK

### 5TH SUNDAY IN ORDINARY TIME FEBRUARY 8, 2026

#### THE JUST MAN IS A LIGHT IN DARKNESS TO THE UPRIGHT." (PSALM 112)

**Sunday:** Is 58:7-10 • Ps 112:4-9 • 1 Cor 2:1-5 • Mt 5:13-16

**Monday:** 1 Kgs 8:1-7, 9-13 • Ps 132:6-10 • Mk 6:53-56

**Tuesday:** 1 Kgs 8:22-23, 27-30 • Ps 84:3-5, 10-11 • Mk 7:1-13

**Wednesday:** 1 Kgs 10:1-10 • Ps 37:5-6, 30-31, 39-40 • Mk 7:14-23

**Thursday:** 1 Kgs 11:4-13 • Ps 106:3-4, 35-37, 40 • Mk 7:24-30

**Friday:** 1 Kgs 11:29-32; 12:19 • Ps 81:10-11ab, 12-15 • Mk 7:31-37

**Saturday:** 1 Kgs 12:26-32; 13:33-34 • Ps 106:6-7ab, 19-22 • Mk 8:1-10

## LET US PRAY FOR . . .

### The Sick

*God of all goodness, Look with mercy on all who suffer any kind of infirmity, sickness or injury, that they may be comforted. Let your hand of healing and protection be upon them. When they are fearful, ease their fear and anxieties. When they are afraid, give them strength and courage. When they feel alone, send them someone to listen and to care. When they are confused, provide reassurance and direction. When they are in pain, ease their suffering. When they despair, give them hope. May they experience your healing presence in the comfort of a caregiver's calm gaze and tender touch. We ask this in your holy name. Amen.*

Doug Chapman • Diaz Family • Toyo Erickson • Erika Ferreri • Norman Hradec • Katherine A. Quillinan • Gregorio Rendon • Sofia Villasenor • Sarah Watson

### The Deceased

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*

Dennis Behrens • Refugio Farfan • Maria Gonzalez • Roberto Eduardo Gomez Hernandez • Robert Lindquist • Francisca Lopez Gradillas • Tristan Nguyen • Fr. Roger O'Brien • Blake Podnar • Francis Rardin • Larry Schwartzkopf • Carol Toner • Barbara Vanderwel-Finley • Jon VanWagenen

WHEN I CAME TO YOU, BROTHERS AND SISTERS,  
PROCLAIMING THE MYSTERY OF **GOD**, I DID NOT COME  
WITH SUBLIMITY OF WORDS OR OF WISDOM. FOR I RESOLVED  
TO KNOW NOTHING WHILE I WAS WITH YOU EXCEPT  
**JESUS CHRIST**, AND **HIM** CRUCIFIED. (1 COR 2:1-2 )

O SACRAMENT MOST HOLY

O SACRAMENT DIVINE

ALL PRAISE AND

ALL THANKSGIVING

BE EVERY MOMENT THINE



## MASS INTENTIONS

### Sunday, February 8

**STB**

8:00AM For Saint Brendan Parish

10:00AM + Fr. Roger O'Brien

12:00PM + Angelina Mendez

**STOC**

9:00AM For Saint Teresa Parish

11:00AM For Saint Teresa Parish

### Monday, February 9

**STB - 8:30AM NO MASS**

**STOC - NO MASS**

### Tuesday, February 10

**STB - NO MASS**

**STOC - 9:00AM + MaryLynn Gardner**

### Wednesday, February 11

**STB - 8:30AM + Estela Raimundo Ruiz**

**STOC - 9:00AM + John Fishbaugher**

### Thursday, February 12

**STB - 8:30AM + Dakota George**

**STOC - 9:00AM Kevin Duffy**

### Friday, February 13

**STB - 8:30AM + Isabel Parra Moreno**

**STOC - 9:00AM Kelly Dyer**

### Saturday, February 14

**STB**

8:30AM + Souls in Purgatory

5:00PM + Carol Finch

**STOC - 5:00PM For Saint Teresa Parish**

+ = deceased.

*To submit a Mass intention, contact the parish office at the following email address.*

- St. Brendan - receptionist@saintbrendan.org
- St. Teresa of Calcutta - admin@saintteresa.org

Meydenbauer Center • Bellevue, WA  
May 16, 2026

VOLUNTEERS NEEDED!



## ASCEND EUCHARISTIC REVIVAL

Get the details and stay updated at:

[AscendEucharisticRevival.church](https://AscendEucharisticRevival.church)



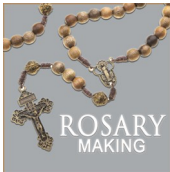
Scan here to  
get alerts on  
registration!

### MOMS GROUP

*Guided by Mary, we aim to be a space where mothers can find connection and community with other mothers as they seek to grow in their relationship with God and deepen their faith.*

We meet every other Wednesday at 9:30AM in the **St. Brendan nursery**. Our next meeting is **Wednesday, FEB. 18**. All children are welcome up to 10 years of age. Please bring any toys or snacks your child may need. You can email [stbmomsgroup25@gmail.com](mailto:stbmomsgroup25@gmail.com) with questions or for more information.

### ROSARY MAKING MINISTRY



The Rosary Making Ministry will have its first meeting of the new year on **Thursday, FEB. 19** in the **St. Teresa of Calcutta Commons Room**. We meet **every third Thursday of the month at 10AM** through May. Join us and learn how to make rosaries.

### FEBRUARY 19 - START OF ST. LOUIS DE MONTFORT'S 33-DAY CONSECRATION TO JESUS THROUGH MARY

If you need materials or support as a group during the 33-day consecration, please reach out to Christina at 425-486-3376. This includes those who are renewing their yearly consecration.

### BBQ & BROTHERS

Did you miss last month's dinner? Join us Thursday, **FEB. 26, at 6PM** in the **St. Brendan narthex** for another memorable evening of fellowship and great food. Yes, to note this meeting will be the **4th Thursday** of the month. Bring a family member or friend and a side to share. Desserts are always welcome. **Fr. Wichert will be presenting on "Spiritual Combat"** Hope to see you there!

### NATIONAL MARRIAGE WEEK



The observances of National Marriage Week (**FEB. 7-14**) and World Marriage Day (**Sunday, Feb. 8**). The Sacrament of Marriage is not a one-time ceremony, but a lifelong collaboration with God to bring life and grace to the world through the powerful witness of married love.

Giving thanks. Gratitude. A grateful heart. A compliment. A word of praise. A thank-you note. All of these expressions are the very oxygen of our marriages and our relationships with our children, the basis for a flourishing Catholic home. This year's theme is *"Man and Woman He Created Them: Together with Purpose."*  
Source: USCCB

### WELL-READ MOM

Do you love literature? Please join us on **every third Wednesday of the month at 10AM** in the **Library at Saint Teresa**. The group follows the structure of Well-Read Mom, a national organization, but, despite the name, *our group is open to all adults*, not just moms or women. Our next meeting is on **Wednesday, FEB. 25**. We read one book per month. Please contact the St. Teresa Parish Office for more information.

### APOLOGETICS MINISTRY



Join us at our **next meeting on Saturday, FEB. 28, at 11AM** at **St. Teresa of Calcutta**. With topics on theology, religion, and morality, we will have discussions on any questions you may have, that you haven't had the chance to get answered, or address any difficulties you have had when approaching non-Catholics. **It's open to people of all ages. Join us for an enriching conversation and fellowship.**

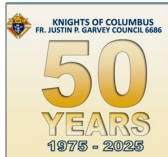
# PARISH NEWS

## RESPECT LIFE MINISTRY

**Please Pray For These Expecting Mothers:** Kim Anderson • Claire Cook • Megan D'sa Fuller • Megan Fryhover • Hannah Galvan Bockel • Lauren Green • Taylor Haug • Yohaly Lucas • Lauryn Manning • Avika Nash • Elizabeth Nguyen • Bethany Nicasio • Michaela Sheehan • Shelby Teter • Alex Tolossa.

**Congratulations to:** Brian & Mary Kate (White) BENSHOOF on the birth of their daughter, Halle Margaret • Blair & Megan CARLIN on the birth of their son, Harrison Jack • Jose & Eustorgia FELIPE on the birth of their son, Emmanuel. • Peter & Mildred HRANEK on the birth of their daughter, Seraphina Shani.

We ask that God bless you and bring you much joy as you raise your little one. If you are expecting a baby and would like your church family to pray for you, please contact Colleen Danforth at [rdhcoll@aol.com](mailto:rdhcoll@aol.com).



## KNIGHTS OF COLUMBUS CORNER (Council 6686)

• **FEBRUARY Family of the month:** Regan & Susie Corwin

- **FEBRUARY Knight of the Month:** Dan Treichel
- The Building the Domestic Church kiosks have been restocked. Stop by and pick up a booklet for some inspirational reading..
- Scholarship Applications for post-secondary education are available in the kiosks located in the narthex and the rear of the church. Two scholarships of \$2,000 each will be awarded.
- **The Baby Bottle Campaign was a success!** Thanks to all who donated and helped in the distribution and collection of the bottles. Over \$8,000 was raised for [Next Step Pregnancy Services in Lynnwood](#).
- Looking for a place to host a wedding reception, shower, birthday or graduation party? Look no further. The Bothell Rental Hall is a great place to hold an event. Contact Cindy Roeter at 425-418-3185 for availability.
- What does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Join 2 million Catholic men on a mission. To learn more, go to [kofc.org](http://kofc.org) or look for a Knight in a blue vest or contact Grand Knight Joe Osmialowski at 248-343-9021.



**CALLED BY NAME**  
PRAY • DISCERN • INVITE

Do you know someone who might be called to the priesthood or religious life?

Scan the QR code to learn more and nominate someone by Feb. 13.



Archdiocese of Seattle



**CALLED BY NAME**  
PRAY • DISCERN • INVITE

¿Conoces a alguna persona que tal vez sea llamada al sacerdocio o a la vida religiosa?

Escanea el código QR para conocer más y nominar a alguien antes del 13 de febrero.



Archdiocese of Seattle

# EXECUTIVE Speaker Series

**Deacon Frank DiGirolamo**  
Executive Director of Operation Nightwatch

**Thursday, February 12, 2026**

**St. Monica Church**

Adoration & Confession | 6 PM

Networking & Speaker Address | 7 PM



YOUNG CATHOLIC PROFESSIONALS  
SEATTLE



# GROWING IN FAITH

## ADORATION - ST. BRENDAN CHAPEL

Come and spend an hour with Jesus in the St. Brendan Adoration Chapel. We need two or three people on the following days:

**Monday** 2PM to 3PM • 3PM to 4PM • 4PM to 5PM • 5PM to -6PM. |  
**Tuesday** 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 5PM to 6PM |  
**Wednesday** 1PM to 2PM • 3PM to 4PM • 5PM to 6PM | **Thursday** 3PM to 4PM • 4PM to 5PM • 5PM to 6PM | **Friday** 11am to Noon • Noon to 1PM • 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 4PM to 5PM.

**First Friday** (24-hour adoration up to Saturday) Friday 8PM to 9PM • 9PM to 10PM • 11PM to midnight. | **Saturday** 12AM to 1AM • 1AM to 2AM • 4AM to 5AM • 6AM to 7AM.

To sign up, call or text Christina Plantilla at 425-486-3376.

## STB - EL GRUPO DE ORACION VEN A MI (STB - COME TO ME PRAYER GROUP)

El Grupo de Oracion Ven a Mi en Espanol los invita todos los **viernes de 7pm a 9pm** a reflexionar la palabra de Dios, a Orar y Alabar a Dios, hay Evangelizacion de Jovenes y Niños. Nos reunimos dentro de la Parroquia.

*Vengan a mi y yo los aliviare.* —Mateo 11:28

## WORLD YOUTH DAY

AUG 2 - AUG 10 2027

(FOR AGES 16-21 AS OF AUG 2ND 2027)



### Info Meeting

**St. Brendan**  
2/15 @ 11:15AM  
in  
The NURSERY

### Info Meeting

**St. Teresa**  
2/22 @ 12:15PM  
in  
The Commons  
Room



9 Days  
8 Nights Price Approx.  
**\$3549.00**  
/per person

- ✓ Roundtrip Airfare
- ✓ Daily Mass
- ✓ Simple Lodging
- ✓ Ground Transportation
- ✓ Private Guide
- ✓ MJM - Breakfast WYD - Lunch and Dinner

andrew@saintteresa.org  
<https://www.jmjyouth.com/>

TAKE COURAGE! I HAVE OVERCOME THE WORLD.  
JOHN 16:33

## EVANGELIZATION

By Brigette Blair

### CHRIS STEFANICK (YOUTUBE)

- [How God Meets You at Your Breaking Point](#)
- [These Things Drive Priests Crazy with Fr. Leo Patalinghug](#)
- [Feeling Small? Here's What God Thinks of You](#)
- [Do People Who Commit Suicide Go To Hell? Fr. Chris Alar on Mercy, Repentance & Prevention](#)
- [Lessons in Joy from a Child's Funeral](#)
- [How to Overcome Fear with SEAL Team Six Veteran Dom Raso](#)

### FORMED

- [How to Lent - Formed](#)
- [Lectio: God - Formed](#)
- [The Art of Living](#)
- [Introduction to the Cardinal Virtues](#)
- [Formed Daily Reflections](#)
- [Practicing Catholic Podcast](#)

### BISHOP BARRON SUNDAY SERMON (YOUTUBE)

- [Do You Want to Be Happy?](#)
- [Unity in Christ](#)
- [The Lamb Who Takes Away the Sin of the World](#)

### BISHOP BARRON PRESENTS

[Is it Rational to Believe in God? - Ross Douthat](#)

### ASCENSION PRESENTS

- [Why Did Judas Betray Jesus? \(w/ Fr. Mike Schmitz\)](#)
- [If You're Too Busy, You're in Danger of This Grave Mistake \(w/ Fr. Mike Schmitz\)](#)
- [Infant Baptism Explained \(w/ Fr. Mike Schmitz\)](#)
- [How to Quit Your Addictions \(w/ Fr. Mark-Mary Ames\)](#)
- [The Real Reason Modern Life Feels Empty w/ Fr. Mike Schmitz and Dr. Arthur Brooks](#)

### FR. MIKE SCHMITZ HOMILIES

- ["Counterfeit Happiness" | 4th Sunday in Ordinary Time](#)
- ["God Shows Up" | 3rd Sunday in Ordinary Time](#)
- ["Mistaken Identity" | 2nd Sunday in Ordinary Time](#)

### The Catholic Parent - FORMED

### FOR KIDS—FORMED

- [The Story of Christmas | Benjamin Cello Christmas Special](#)
- [Awesome Animals & Mini Me](#)
- [God's Knights](#)
- [God's Princesses](#)
- [Zack and Yalla](#)
- [Brother Francis \(English & Español\)](#)
- [Littlest Saints](#)
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# GROWING IN FAITH

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## FAITH IS NOT ENOUGH

By Zoltan Abraham

Salt was an essential ingredient for food processing in the ancient world. Without modern refrigeration, salt was used to preserve meat, fish, and other types of food, which was especially important in the hot desert climate of the Middle East. Salt was also used as a basic spice to make various foods more tasty.

Given its importance, salt was an expensive commodity in the ancient world. So valuable was salt that soldiers were often paid in salt for their military service. In fact, the English word "salary" comes from the Latin word for salt. Even today, we might say that someone is "worth his salt," meaning that they have truly earned their wages.

In the Gospel passage for this Sunday, Jesus warns against salt losing its taste. Some might object saying that salt produced for modern cooking doesn't go stale. However, ancient salt could lose its taste because it wasn't fully purified. Thus salt could go bad.

Jesus tells us, his Christian followers, that we are to be the salt of the world. Though our numbers may be small, we are to have a profound influence on the world. Just as salt was essential for the physical survival of the ancients, we are essential for the spiritual survival of humanity. Without the followers of Christ, the world plunges into darkness and self-destruction. We can see in our own society that the more Christ is pushed out of public life, the more dysfunctional people's lives become.

But we Christians can impact the world positively only if we are truly centered on Christ and fully live out his teachings. If we are lukewarm or tepid, if we conform to the world, rather than calling upon the world to conform to Christ, then we cannot transform the world. If we are not truly focused on Christ, we cannot be vessels of Christ. In fact, Christians who have succumbed to the world but still profess to follow Christ do a tremendous amount of damage because they are perceived as giving religious approval to the values of the world. We see religious leaders and even entire congregations professing a supposedly Christian faith that is nothing of the sort but merely a mirroring of the latest secular trends. We see politicians who go to Mass, hold up rosaries, wear ashes on their forehead, while supporting policies that are diametrically opposed to the values of Christ. Those are prime examples of salt losing its taste.

In the Gospel passage for today, Jesus also calls us to be the light of the world, which is a phrase we see in the Old Testament as well. The mission of the ancient Israelites was to be the light of the world, in order to show the peoples of the world what it means to be in right relationship with God. Jesus brings to fruition the Old Testament. The mission of ancient Israel continues in the Church established by Christ, which is now composed both of Jews and Gentiles.

What is more, in the Gospel of John, Jesus refers to himself as the light of the world. By calling us, his followers, the light of the world in this passage, he is reiterating that we are to be Christ for the world. The world will encounter Christ's saving grace only

through us. Thus, our responsibility is tremendous. Only we Christians can heal the darkness of the world, by letting Christ work through us.

In the Gospel passage for today, Jesus also states: "Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father" (Matthew 5:16). That statement might be puzzling in light of another passage, also from the Gospel of Matthew, which we will hear on Ash Wednesday: "Take care not to perform righteous deeds in order that people may see them; otherwise, you will have no recompense from your heavenly Father" (Matthew 6:1). In fact, the whole Ash Wednesday Gospel reading is about not letting other know when we give alms, pray, or fast. Why the discrepancy between the two?

The difference in perspective has to do with our focus. When we pray, fast, and give of our resources, we have the opportunity to grow spiritually. But if we put these actions on public display, we lose the correct focus and can easily turn these actions into self-aggrandizement. What is more, if we make a show of helping others less fortunate than ourselves, then we can easily embarrass them and can turn our charitable actions into a way of trying to assert superiority over others.

By contrast, the good deeds that Jesus talks about in the Gospel passage for this Sunday have to do with building up the Kingdom of God. We are to show the values of Christ in action, so that others might see them and might be inspired to follow Christ themselves. From this perspective, even our prayer, fasting, and almsgiving can be shown, as long as we do so to give the world a good example, and not to gain glory for ourselves. First and foremost, in all things, we must give credit and glory to the Father for giving us his grace to work through us, rather than seeking the praise for ourselves.

The question of good deeds raises another topic, the centuries-old debate between Protestants and Catholics about faith versus works. Historically, Protestants have, for the most part, claimed that we need only faith for our salvation, not works, that is to say good deeds. The argument seems hollow from the start, considering how often the Holy Scriptures enjoin upon us the doing of good deeds, both in the Old and New Testaments.

Our relationship with God starts with faith. But our faith has to be lived out day to day. Without actions our words are useless. I once heard a professor, who was also a priest, explain this in the following way: Imagine if a man and woman had just gotten married and the husband were to say something like this to his wife: "Dear, I love you. I love you very much and I will keep telling you how much I love you. But I will never show my love for you through my actions at any time through our marriage. So just take my word for it." Obviously, such a marriage could not survive. Neither can our relationship with Christ survive if we do not show our faith through our actions every day.

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*If you would like to read more of Zoltan's writings, you can find them at [www.zoltanabraham.com](http://www.zoltanabraham.com).*

## PARISH FAMILY OUTREACH AND SERVICE

Fairwind - Brittany Park | John McGuinness | johnmcg@gmail.com

Kids of the World | Ken Fabrizio | kenfabrizio4@gmail.com

### Knights of Columbus

- STB - Joe Osmialowski | 248-343-9021
- STOC - Dennis Hammonds | dennishammonds45@gmail.com

### Ministry to the Homebound

- Bothell Health Care | Cogir of Bothell Memory Care - STB - Anne Chapman 206-234-5849
- All others - STB - Contact receptionist@saintbrendan.org
- STOC - Contact admin@saintteresa.org

Prepares (Pregnancy Support) | Lori Wirtz - loriwirtz@gmail.com

Respect Life | Colleen Danforth - rdhcoll@aol.com

### St. Vincent de Paul

- STB - Margie Inghram | 425-486-8953
- STOC - Marion Scichilone | bpgourmet@yahoo.com

## SERVING OUR SAVIOR (S.O.S.) SOUP KITCHEN MINISTRY

The St. Brendan pantry could use additional stock of:

**NEED:** Canned cream of mushroom, canned *cream* of chicken soup, dry pasta, and bags of rice. Please only donate *unexpired goods* in their *original packaging*. Thank you.

## ST. VINCENT DE PAUL

*We need your help again!* Our pantry that we share with St. Teresa parish is running low on food and cleaning supplies. We are also preparing meals for Thanksgiving and Christmas for our neighbors. **Please donate some of the following items in the hamper in the Narthex at either church:** We also have a family that needs a used clothes dryer if you know of one. Thank you for your generosity, ~Margie Inghram, 425-486-8953

**NEED:** Canned fruit • canned chicken or tuna • peanut butter • jam/jelly • saltine crackers • spaghetti sauce • noodles • canned pumpkin • evaporated milk • brown sugar • gravy mix • cranberry sauce • dressing mix • green beans • shampoo • bar soap • laundry soap • dish soap • toilet paper.

## WANTED - RETAIL CREW MEMBER



**Great Opportunity at St. Vincent de Paul (SVdP) for a Retail Crew Member at its busy thrift store located in Kenmore.**

Requirements: Strong Customer Service and interpersonal skills are required to assist shoppers. Ability to work in a fast-paced retail setting. Bilingual preferred but not required. Interested candidates should email their resume directly to [employment@SVdPSeattle.org](mailto:employment@SVdPSeattle.org) For more information about the organization and other potential openings, you can visit the SVdP Seattle|King County Careers page at [www.svdpsattle.org](http://www.svdpsattle.org).



## PREPARES MINISTRY AT ST. BRENDAN AND ST. TERESA OF CALCUTTA

Supports families in need by providing diapers and clothing for children from birth to school age. We are located in the **lower Brendan House and are open on Tuesdays from 9AM to 11AM.** If you are in a housing or food crisis or in need of other immediate assistance, please call the State of Washington Services at 2-1-1 for help—it's FREE; they are open 24/7 and multilingual. **If you would like to make a financial donation to PREPARES, please write St. Teresa Prepares on the check.** Please contact Lori Wirtz ([loriwirtz@gmail.com](mailto:loriwirtz@gmail.com)) with any questions.

**NEED:** Diapers: Size - 4T and 5T • Diaper Wipes



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[AscendEucharisticRevival.church](http://AscendEucharisticRevival.church)

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- Full Sized Items:
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  - Bar Soap / Body Wash
  - Shaving Cream
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  - Deodorant
- Non-perishable Snacks (Individually wrapped: Protein bars, Granola bars, Beef Sticks, Fruit Snacks, Cereal Bars)
- Thermal Socks (mens + womens)
- Knit Hat

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Drop off your donated items in the school or narthex collection box.



See the Amazon Wish List:



[shorturl.at/JhvHO](http://shorturl.at/JhvHO)

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**WEEK OF GIVING** FEBRUARY 8-13, 2026

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Join us and our parish community as we support St. Brendan Catholic Schools, Week of Giving (February 8th-14th).

Your support directly impacts the parish school and its mission of embracing a Catholic identity centered on the Eucharist to empower the students to act as Disciples of Christ. *Will you answer the call?* Our student leaders may be calling you on Wednesday, February 11th, and we hope that you will take a moment to encourage them and if able, consider a meaningful gift in support of the school. Your gift will have double the impact, thanks to a \$25,000 matching gift.

February 11th, 2026

## PHONE-A-THON

*Week of Giving*



## CYO SPOTLIGHT

Hey, Parents - did you know that your children are eligible and welcome to participate in all St. Brendan CYO sports programs simply by being registered parishioners at St. Brendan or St. Teresa? For more information on CYO and the programs offered at St. Brendan, please reach out to Ena Demeter at ena322@yahoo.com.

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- St. Brendan Parish (STB) - [parish.saintbrendan.org](http://parish.saintbrendan.org)
- St. Teresa of Calcutta (STOC) - <https://pushpay.com/g/saintteresacalcutta>
- OR can the QR codes with your phone's camera, >>>  
It's quick, secure, convenient, and easy. Your support helps sustain our parish family. If you need help with online giving, please call the Parish Office at 425-483-9400 (STB) or 425-806-8096 (STOC)

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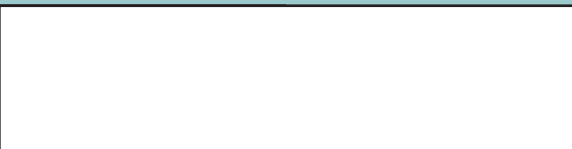


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