

WELCOME TO
**SAINT BRENDAN & SAINT TERESA OF CALCUTTA
 PARISH FAMILY**
1ST SUNDAY OF LENT
 FEBRUARY 22, 2026



At that time Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights. (Mt 4:1-2)

SAINT BRENDAN PARISH | STB



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 8AM | 10AM* | 12PM* (Misa en Español)
- * LIVESTREAM ON FACEBOOK

DAILY MASS Monday, Wednesday - Saturday | 8:30AM

ADORATION

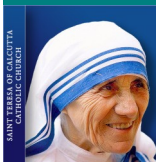
- Monday - Thursday | 1PM to 6PM • Friday | 9:30AM to 6PM
- First Friday | 9:30AM to FIRST SATURDAY DEVOTION at 7:30AM*
- *WITH ROSARY FOLLOWED BY BENEDICTION |

CONFESSION

- Monday, Wednesday - Saturday | 7:45AM - 8:15AM
- Saturdays | 2:30PM - 4PM

"Help me to journey beyond the familiar and into the unknown. Give me the faith to leave old ways and break fresh ground with You" –ST. BRENDAN, THE NAVIGATOR

SAINT TERESA OF CALCUTTA PARISH | STOC



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 9AM | 11AM | 5PM

DAILY MASS - Tuesday to Friday | 9AM

ADORATION

- Tuesday - Friday | 8:30AM (Prior to Daily Mass)
- Benediction just before 9AM Mass

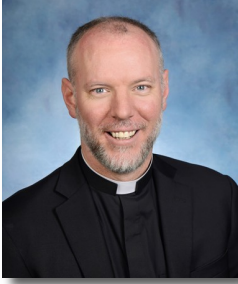
CONFESSION

- Saturday | 3PM to 4:30PM
- Other: By Appointment.

"Do small things with great love" –SAINT MOTHER TERESA

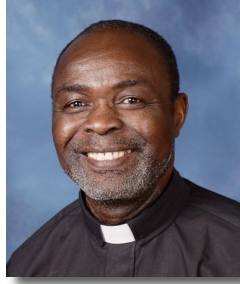
See the Parish Family LENT CALENDAR for additional Adoration and extended Confession times.

PARISH DIRECTORY



PASTOR

Rev. Nicholas Wichert
frwichert@saintbrendan.org
425-483-9400, Ext 2647
frwichert@saintteresa.org
425-806-8096, Ext. 3103



PAROCHIAL VICAR

Rev. Peter Adoko-Enchill
frpeter@saintbrendan.org
frpeter@saintteresa.org
425-806-8096, Ext 3104

DEACONS

- Dcn. Leon Garcia-Martinez | deaconleon@saintbrendan.org
- Dcn. Armando Medina | deaconarmando@saintbrendan.org

ST. BRENDAN PARISH (STB)

Monday - Friday | 9:15AM-Noon • 12:30PM-4PM

- Church - 10100 NE 192nd St, Bothell, WA 98011-2931
- Office - 10051 NE 195th St., Bothell, WA 98011-2931
- 425-483-9400 | www.saintbrendan.org

Pastoral Assistant for Administration

Pastoral Assistant for Evangelization

Brigette Blair | ext. 2645 | bridgetteb@saintbrendan.org

Bookkeeper | Mary Deitch | ext. 2642 | bookkeeper@saintbrendan.org

Children & Family Ministry • OCIA Coordinator

Mark Sizemore | ext. 2648 | childfamilyministry@saintbrendan.org

Confirmation

Margaret Deleon | ext. 2644 | youthminister@saintbrendan.org

Director of Music | John Dobson | directorofmusic@saintbrendan.org

Facilities Supervisor

Josh Stutzman | ext. 2650 | facilitiesupervisor@saintbrendan.org

Office Assistant | Christy Avila | ext. 2677 | christya@saintbrendan.org

Receptionist | Lupita Silva Ocampo | receptionist@saintbrendan.org

Liturgical Minister Schedule • Bulletin

Ermina Swager | ermina@saintbrendan.org • bulletin@saintbrendan.org

ST. BRENDAN PARISH SCHOOL

Monday, Tuesday, Thursday, Friday | 8AM to 4PM

Wednesday | 8AM to 3PM

- 10049 NE 195th St., Bothell, WA 98011
- 425-483-8300 | www.school.saintbrendan.org

School Principal | Catherine Shumate | catherines@school.saintbrendan.org

Admissions Director | Karah Burgess | karahb@school.saintbrendan.org

Advancement Director | Kerry Engle | kerrye@school.saintbrendan.org

School Secretary | Karyn Murnane | secretary@school.saintbrendan.org

COVER ART

TITLE: *In the Wilderness*, 2003 **ARTIST:** Ron Dicianni

SOURCE: [Tapestry Productions](http://TapestryProductions.com)

ST. TERESA OF CALCUTTA PARISH (STOC)

Monday - Friday | 9:30AM - 3PM

- 17856 NE Woodinville Duvall Rd, Woodinville WA 98077
- 425-806-8096 | www.saintteresa.org

Parish Assistant for Administration

Zoltan Abraham | Ext. 3105 | zoltan@saintteresa.org

Administrative Assistant

Audrey Kozel | audrey@saintteresa.org

First Communion • Children's Catechesis

Analaura Rodriguez | Ext 3101 | analaura@saintteresa.org

Confirmation • Youth Ministry

Andrew Duncan | Ext. 3102 | andrew@saintteresa.org

OCIA Coordinator • Adult Catechesis

Mark Sizemore | childfamilyministry@saintbrendan.org

Director of Music | John Dobson | music@saintteresa.org

MINISTRY TO THE SICK AND HOMEBOUND

To arrange for the Sacrament of Anointing of the Sick, call the Ministry of Pastoral Care of the Eastern Deanery at 425-655-3200.

To arrange for Holy Communion for the sick or homebound, call the parish office.

MINISTERIO PARA LOS ENFERMOS Y LAS PERSONAS CONFINADAS EN CASA

Para concertar el Sacramento de la Unción de los Enfermos, llame al Ministerio de Atención Pastoral del Decanato Oriental al 425-655-3200.

Para concertar la Sagrada Comunión para los enfermos o las personas confinadas en casa, llame a la oficina parroquial.

FUNERAL MASSES AND BURIAL RITES

To arrange for a funeral Mass, please contact the Parish Office, or ask the funeral director to do so.

MISAS PARA FUNERALES Y RITOS DE ENTIERRO

Para hacer arreglos para Misa para funeral, por favor contacte la Oficina de la Parroquia, o pregunte al director de los servicios funerarios.

PARISH NEWSFLASH

If you would like to receive the weekly St. Teresa Newsflash over email, please let us know at admin@saintteresa.org.

To submit a bulletin announcement:

- Due Thursday a week before the target weekend.
- St. Brendan > bulletin@saintbrendan.org
- St. Teresa > admin@saintteresa.org

To submit a Mass announcement or Mass intentions:

- St. Brendan > receptionist@saintbrendan.org
- St. Teresa > admin@saintteresa.org

UPCOMING EVENTS

- **LENT CALENDAR** - Available in narthex and online: [ENG](#) | [SPA](#).



ASCEND EUCHARISTIC REVIVAL - Registration is **now open**. • Go to ascendeucharisticrevival.church or stop by at the St. Brendan or St. Teresa Church kiosk. See page 5 for more info.

- **WORLD YOUTH DAY** Info Meeting • Sunday, FEB. 22 • See next column.
- **KNIGHTS PANCAKE BREAKFAST AT ST. BRENDAN** - Sunday, FEB. 22 • After 8AM/10AM Masses • Pg. 6
- **WELL-READ MOM** - Wednesday, FEB. 25 • 10AM • St. Teresa of Calcutta. • >>>.
- **KNIGHTS FISH FRY** - Wednesday, FEB. 25 • 5:30PM • St. Brendan.
- **LENT ADULT EDUCATION** - Wednesday, FEB. 25 • 6PM • St. Brendan.
- **BBQ & BROTHERS** - Thursday, FEB. 26 • 6PM • **Guest Speaker Fr. Wichert** • No Membership Needed • St. Brendan. • >>>.
- **STATIONS OF THE CROSS** - Friday, FEB. 27 • STB - 7PM • STOC - 6:30PM.
- **SOUP NIGHT** - Friday, FEB. 27 • STB - 6PM • STOC - 7PM.
- **APOLOGETICS CLASS** - Saturday, FEB. 28 • 11AM • St. Teresa • Pg. 5.
- **KNIGHTS PANCAKE BREAKFAST AT ST. TERESA** - By Council 14046 • Sunday, MAR. 1 • After the 9AM Mass. • To benefit the PREPARE ministry • See pg. 5 for details.
- **STORY TIME WITH MRS. ABRAHAM** - Sunday, MAR. 1 • After the 10AM • St. Brendan Nursery.

FR. WICHERT REQUEST

If you need to contact the parish for any reason, please reach out to the parish staff during office hours. The staffs' work phone numbers and email addresses are listed in the bulletin and on the website. To reserve church space, schedule a church event, or to make an appointment, we strongly urge you to call or email.

Asking outside of work hours, passing notes to the staff before or after Mass, or calling their personal cellphones runs a risk of requests being forgotten or incorrectly scheduled. For most of the staff, St. Brendan or St. Teresa of Calcutta is their place of worship, where they just happen to work. We thank you in advance for respecting our staffs' time spent with the Lord and with their families.

WORLD YOUTH DAY

AUG 2 - AUG 10 2027
(FOR AGES 16-21 AS OF AUG 2ND 2027)



Info Meeting.

St. Teresa
2/22 @12:15PM
In
The Commons
Room



9 Days
8 Nights **\$3549.00**
Price Approx.
/per person



- ✓ Roundtrip Airfare
- ✓ Daily Mass
- ✓ Simple Lodging
- ✓ Ground Transportation
- ✓ Private Guide
- ✓ JMJ - Breakfast WYD - Lunch and Dinner

andrew@saintteresa.org
<https://www.jmjyouth.com/>

TAKE COURAGE! I HAVE OVERCOME THE WORLD.
JOHN 16:33

WELL-READ MOM

Do you love literature? Please join us on **every third Wednesday of the month at 10AM in the Library at Saint Teresa**. The group follows the structure of Well-Read Mom, a national organization, but, despite the name, **our group is open to all adults**, not just moms or women. Our next meeting is on **Wednesday, FEB. 25**. We read one book per month. Please contact the St. Teresa Parish Office for more information.

BBQ & BROTHERS

Did you miss last month's dinner? Join us Thursday, **FEB. 26, at 6PM in the St. Brendan narthex** for another memorable evening of fellowship and great food. Yes, to note this meeting will be the **4th Thursday** of the month. Bring a family member or friend and a side to share. Desserts are always welcome. **Fr. Wichert will be presenting on "Spiritual Combat"** Hope to see you there!

PRAYER AND READINGS

READINGS OF THE WEEK

1ST SUNDAY OF LENT

FEBRUARY 22, 2026

BE MERCIFUL, O LORD, FOR WE HAVE SINNED. (Ps 51)

Sunday: Gn 2:7-9; 3:1-7 • Ps 51:3-6, 12-13, 17 • Rom 5:12-19 or 5:12, 17-19 • Mt 4:1-11

Monday: Lv 19:1-2, 11-18 • Ps 19:8-10, 15 • Mt 25:31-46

Tuesday: Is 55:10-11 • Ps 34:4-7, 16-19 • Mt 6:7-15

Wednesday: Jon 3:1-10 • Ps 51:3-4, 12-13, 18-19 • Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25 • Ps 138:1, 2abcde-3, 7c-8 • Mt 7:7-12

Friday: Ez 18:21-28 • Ps 130:1-7abc, 8 • Mt 5:20-26

Saturday: Dt 26:16-19 • Ps 119:1-2, 4-5, 7-8 • Mt 5:43-48

LET US PRAY FOR . . .

The Sick

God of all goodness, Look with mercy on all who suffer any kind of infirmity, sickness or injury, that they may be comforted. Let your hand of healing and protection be upon them. When they are fearful, ease their fear and anxieties. When they are afraid, give them strength and courage. When they feel alone, send them someone to listen and to care. When they are confused, provide reassurance and direction. When they are in pain, ease their suffering. When they despair, give them hope. May they experience your healing presence in the comfort of a caregiver's calm gaze and tender touch. We ask this in your holy name. Amen.

Margarita Avila • Criselda Bush • Alberta Paula Casales Torres • Joan Dedman • Lainey Henderson • Norman Hradec • Carlos Hiran Lopez Ramirez • Norma Luz Lopez Pesqueira • Michelle Martinez • Nguyen Family • Marietta Powell • Gregorio Rendon • Lucia Swager • Sofia Villasenor • Sarah Watson

The Deceased

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Molly Boll • Marguerite Botz Carnahan • Maria Gonzalez • Teodosio Gonzalez Castillo • Teodosio Gonzalez Castillo • Serapio Manzano • Jon VanWagenen

FOR JUST AS THROUGH THE DISOBEDIENCE OF THE
ONE MAN THE MANY WERE MADE SINNERS,
SO, THROUGH THE OBEDIENCE OF **THE ONE**,
THE MANY WILL BE MADE RIGHTEOUS. (ROM 5:19)

O SACRAMENT MOST HOLY

O SACRAMENT DIVINE

ALL PRAISE AND

ALL THANKSGIVING

BE EVERY MOMENT THINE



MASS INTENTIONS

Sunday, February 22

STB

8:00AM + Luke VonFeldt

10:00AM + Victoria Alvarado

12:00PM For Saint Brendan Parish

STOC

9:00AM For Saint Teresa Parish

11:00AM For Saint Teresa Parish

Monday, February 23

STB - 8:30AM Catherine Shumate

STOC - NO MASS

Tuesday, February 24

STB - NO MASS

STOC - 9:00AM + Pedro Aquino

Wednesday, February 25

STB - 9:00AM Jerry Go

STOC - 9:00AM + Katherine Hendrix

Thursday, February 26

STB - 8:30AM + Isabel Parra Moreno

STOC - 9:00AM Isabella Young

Friday, February 27

STB - 8:30AM Victoria Quiroz Torres

STOC - 9:00AM + Louise Fishbaugher

Saturday, February 28

STB

8:30AM + Rolando Uy

5:00PM For Saint Brendan Parish

STOC - 5:00PM For Saint Teresa Parish

+ = deceased.

To submit a Mass intention, contact the parish office at the following email address.

- St. Brendan - receptionist@saintbrendan.org
- St. Teresa of Calcutta - admin@saintteresa.org

FIRST SUNDAY OF LENT



APOLOGETICS MINISTRY



Join us at our next meeting on Saturday, FEB. 28, at 11AM at St. Teresa of Calcutta. With topics on theology, religion, and morality, we will have discussions on any questions you may have, that you haven't had the chance to get answered, or address any difficulties you have had when approaching non-Catholics. It's open to people of all ages. Join us for an enriching conversation and fellowship.

PANCAKE BREAKFAST AT ST. TERESA OF CALCUTTA

St. Teresa's Knights of Columbus will be hosting a Pancake Breakfast on Sunday, MAR. 1, after the 9AM Mass. Proceeds will go towards the PREPARES ministry.



ADULT Breakfast
<https://square.link/u/DJm3Flky>



CHILD Breakfast
<https://square.link/u/nynkzits>

STORY TIME

Mrs. Abraham is hosting Story Time in the St. Brendan Nursery on the first Sunday of each month after the 10AM Mass. All children are welcome to come and listen. The next Story Time is this Sunday, MAR. 1.



ASCEND
 EUCHARISTIC REVIVAL

Coming to Bellevue, WA | May 16, 2026



REGISTRATION IS NOW OPEN.



In Him,
 We Rise.

This moment is a time to refresh and renew our hearts in hope and ignite a deeper love for the Real Presence of Jesus in the Eucharist. We are called to become a beacon of Christ's love for humanity in our struggling world.

ASCEND is a ticketed, limited-seating event. Please sign up for alerts to be notified when registration opens.

PARISH NEWS

RESPECT LIFE MINISTRY

Please Pray For These Expecting Mothers: Kim Anderson • Claire Cook • Megan D'sa Fuller • Megan Fryhover • Hannah Galvan Bockel • Lauren Green • Taylor Haug • Yohaly Lucas • Lauryn Manning • Avika Nash • Elizabeth Nguyen • Bethany Nicasio • Michaela Sheehan • Shelby Teter • Alex Tolossa • Chrissy White Cuda

Congratulations to: Brian & Mary Kate (White) BENSHOOF on the birth of their daughter, Halle Margaret • Blair & Megan CARLIN on the birth of their son, Harrison Jack • Jose & Eustorgia FELIPE on the birth of their son, Emmanuel. • Peter & Mildred HRANEK on the birth of their daughter, Seraphina Shani.

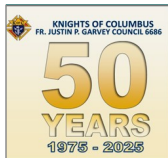
We ask that God bless you and bring you much joy as you raise your little one. If you are expecting a baby and would like your church family to pray for you, please contact Colleen Danforth at rdhcoll@aol.com.



CHILD OF THE MONTH - FEBRUARY 2026

Nuestros Pequeños Hermanos (NPH)
Our Little Brothers and Sisters

ROBENSLEE - Robenslee was born in January 2018. Due to a risky situation, Robenslee and his two siblings were admitted to NPH in the Dominican Republic. They have found a safe and loving home in NPH Casa Santa Ana where they can grow up together. Robenslee likes to help around the house with small tasks, like organizing or tidying the room. He is currently enrolled in the NPH school in second grade. He is a very cheerful boy who loves learning. He is a bit shy but very affectionate. He likes to spend time with his siblings and play with the other boys in this house. His favorite food is fried chicken, and his favorite color is blue. His favorite sport is volleyball. When he's older, Robenslee wants to be an artist.



KNIGHTS OF COLUMBUS CORNER (Council 6686)

• **FEBRUARY Family of the month:**
Regan & Susie Corwin

- **FEBRUARY Knight of the Month:** Dan Treichel
- The next Pancake Breakfast is **this Sunday, FEB. 22 after the 8AM/10AM Masses.**
- The Knights will be hosting Lenten Fish Bakes on the **Wednesdays of Lent in the St. Brendan Narthex** prior to the Adult Education talks. Serving starts at 5:30 PM.
- The next Planning Meeting is on **Thursday, FEB. 26, at 7PM at the Bothell Rental Hall,**
- The Building the Domestic Church kiosks have been restocked. Stop by and pick up a booklet for some inspirational reading.
- Scholarship Applications for post-secondary education are available in the kiosks located in the narthex and the rear of the church. Two scholarships of \$2,000 each will be awarded.
- Looking for a place to host a wedding reception, shower, birthday or graduation party? Look no further. The Bothell Rental Hall is a great place to hold an event. Contact Cindy Roeter at 425-418-3185 for availability.
- What does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Join 2 million Catholic men on a mission. To learn more, go to kofc.org or look for a Knight in a blue vest or contact Grand Knight Joe Osmialowski at 248-343-9021.

If you are suffering from the experience of an abortion, you do not need to walk alone. Project Rachel offers a compassionate and confidential environment for those who suffer the effects of an abortion.

Find *hope and healing* after abortion.

Rachel's Vineyard Retreat™
March 6-8, 2026 -English
June 5-7, 2026-Spanish
September 25-27 2026 -English

For more information about the Project Rachel ministry or our healing retreats, please call Frances at (206) 920-6413 (English) O Alejandra en (206)450-7814 (en Espanol)

<https://ccsww.org/services/project-rachel/>

CATHOLIC COMMUNITY SERVICES
SERVING PEOPLE OF ALL BELIEFS

ADORATION - ST. BRENDAN CHAPEL

Come and spend an hour with Jesus in the St. Brendan Adoration Chapel. We need two or three people on the following days:

Monday 2PM to 3PM • 3PM to 4PM • 4PM to 5PM • 5PM to 6PM. | **Tuesday** 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 5PM to 6PM | **Wednesday** 1PM to 2PM • 3PM to 4PM | **Thursday** 3PM to 4PM • 4PM to 5PM • 5PM to 6PM | **Friday** 11am to Noon • Noon to 1PM • 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 4PM to 5PM.

First Friday (24-hour adoration up to Saturday) Friday - 10AM to 11AM • 8PM to 9PM • 9PM to 10PM • 11PM to midnight. | **Saturday** 12AM to 1AM • 1AM to 2AM • 4AM to 5AM • 6AM to 7AM.

Key Reasons for Eucharistic Adoration:

- **Real Presence:** It is a devotion which affirms the belief that Jesus is physically present (Body, Blood, Soul, and Divinity) in the Consecrated Host.
- **Deepening Relationship** with Christ to converse with Jesus, deepening, with Him.
- **Spiritual Transformation and Peace:** It allows for, reflection and quiet time which brings, clarity, strength, and renewal to the heart and soul.
- **Extension of the Mass:** Adoration, extends the, personal encounter with Christ experienced during the Eucharistic celebration
- **Healing and Grace:** It is a time to bring, before the Lord, seeking, mercy and comfort
- **Contemplative Prayer:** It encourages, adoring the Lord with wonder and praise, rather than just asking for petitions.

Adoration is seen as a way of life that provides, spiritual protection and nourishment.

If you'd like to sign up or have questions, please contact Christina Plantilla at 425-486-3376.

STB - EL GRUPO DE ORACION VEN A MI (STB - COME TO ME PRAYER GROUP)

El Grupo de Oracion Ven a Mi en Espanol los invita todos los **viernes de 7pm a 9pm** a reflexionar la palabra de Dios, a Orar y Alabar a Dios, hay Evangelizacion de Jovenes y Niños. Nos reunimos dentro de la Parroquia.

Vengan a mi y yo los aliviare. —Mateo 11:28

ST. BRENDAN OVERNIGHT ADORATION OF THE HOLY EUCHARIST

Second Saturday of the Month:

- Women's Overnight Adoration—7PM to 6AM (Sunday)

Third Saturday of the Month:

- Children/Teen's Evening Adoration—6:30PM to 8:30PM
- Men's Overnight Adoration—8:30PM to 6AM (Sunday)

Segundo sábado del mes:

- Adoración nocturna de las mujeres—7PM a 6AM (domingo)

Tercer sábado del mes:

- Adoración nocturna de los niños/adolescentes—6:30PM a 8:30PM
- Adoración nocturna de los hombres—8:30PM a 6:00AM (domingo)

EVANGELIZATION

By Brigette Blair

CHRIS STEFANICK (YouTube)

- [Jesus Didn't Abolish the Rules...He Raised the Bar](#)
- [Our Bodies Tell the Story of God's Love | Christopher West on Theology of the Body](#)
- [Your Faithfulness is Changing the World \(even from your living room\)](#)
- [Why Criminals Confess \(and you should, too\) | Police Detective Jeff Wrigley](#)
- [How God Meets You at Your Breaking Point](#)
- [These Things Drive Priests Crazy with Fr. Leo Patalinghug](#)

FORMED

- [How to Lent](#)
- [Lectio: God](#)
- [The Art of Living](#)
- [Introduction to the Cardinal Virtues](#)
- [Formed Daily Reflections](#)
- [Practicing Catholic Podcast](#)
- [The Heart of Prayer](#)
- [Lourdes: Story of Faith, Science, & Miracles](#)

BISHOP BARRON SUNDAY SERMON (YouTube)

- [Which Path Will You Choose?](#)
- [Become Someone for Others - Bishop Barron's Sunday Sermon](#)
- [Do You Want to Be Happy?](#)

VATICAN NEWS

[3 Things Pope Leo XIV Is Asking of Every Catholic This Lent](#)

ASCENSION PRESENTS

- [The Devil's Last Weapon Against You \(w/ Fr. Mike Schmitz\)](#)
- [How to Offer Everything to God this Lent | Fr. Mike Schmitz & Fr. Columba Jordan](#)
- [If This Doesn't Bother You, That's a Problem \(w/ Fr. Mike Schmitz\)](#)
- [Why Did Judas Betray Jesus? \(w/ Fr. Mike Schmitz\)](#)

FR. MIKE SCHMITZ HOMILIES

- ["Put Your Heart Into It" | 6th Sunday in Ordinary Time](#)
- ["Wasted Potential" | 5th Sunday in Ordinary Time](#)
- ["Counterfeit Happiness" | 4th Sunday in Ordinary Time](#)

The Catholic Parent - FORMED

FOR KIDS—FORMED

- [Chime Travelers](#)
- [Awesome Animals & Mini Me](#)
- [God's Knights](#)
- [God's Princesses](#)
- [Zack and Yalla](#)
- [Brother Francis \(English & Español\)](#)
- [Littlest Saints](#)
- [The Wonderful World of Benjamin Cello](#)

GROWING IN FAITH

THE DYNAMICS OF TEMPTATION

By Zoltan Abraham

40 is a number we find at several significant moments in the Bible. The reason for the use of 40 is its association with transformation. At least 40 days are needed for an individual to be transformed, as old habits are uprooted and are replaced with new ones. Similarly, 40 years are required for the large scale transformation of society, as one generation passes and another one rises up.

In the Book of Genesis, 40 days of rain bring about a global flood, which erases the evil social structures that had arisen. Later, after their liberation from Egypt, the Israelites spend 40 years wandering in the desert in order to be reshaped into a new people, who are ready to enter the Promised Land. During this time, Moses stays 40 days at the top of the mountain in God's presence as he prepares to be God's messenger, through whom the law will be communicated to the Israelites. When the Israelites fall into sin by worshipping the Golden Calf, they undergo 40 days of fasting to atone for their sin.

In the New Testament, in the Gospel passage for this Sunday, we see that Jesus spends 40 days fasting in the desert. He does not do so because he himself needs transformation, but to highlight the great transformation he is about to bring about. He will usher in the new law, the New Covenant for humanity. He will, moreover, atone for the sins of all of humanity with his death upon the Cross. The number 40 appears again after the resurrection. Christ spends 40 days instructing the Apostles, preparing them to lead the Church after his ascension back into Heaven.

As we see in the Gospel passage for this Sunday, at the end of his fast in the desert, Jesus is tempted by Satan. The account of the temptation appears in the Gospel of Luke as well, but in a different order. In the First Reading for this Sunday, we also see the temptation of Adam and Eve in the garden.

Temptation is a continual part of our experience as humans here upon the earth. The dynamics of temptation follow a pattern. The tempter seeks to bring about doubt and confusion. In the Genesis temptation narrative, he questions Eve if God had really given the command she had referred to. In the Gospel reading, he questions if Jesus really is the Son of God. The tempter offers partial truths and takes quotes from Scripture out of context, twisting the meaning around. A partial truth is usually more effective than an outright lie, because it is harder to tell from the full truth.

The tempter insinuates that the rules are unreasonable and that they are there for our oppression. Transgressing the rules, the tempter suggests, will liberate us and will help us live into our full potential. The tempter also makes false promises, offering what he cannot give, like offering all the kingdoms of the earth to Christ. Another ploy of the tempter is to encourage us to take things by force, to grasp early that which we would receive in the fullness of time.

Then, if we do fall into sin, the tempter becomes our accuser, seeking to make us think that we are too far fallen to receive God's redemption. The tempter wants us to think that God could never love someone who had sinned as horribly as we have. Through these thoughts, the tempter tries to lead us into complete despair.

We see three types of temptation play out in both temptation narratives. The first has to do with the body - physical comfort and

pleasure. The second is focused on the ego, an unhealthy elevation of our self. The third revolves around a sense of control, having the power and resources to serve our body and our ego.

But how does such temptation work upon Jesus? As we know, Jesus is God incarnate. Since he is God Himself, he would never and could never sin, since sin would contradict his very nature. At the same time, he has come among us to live like one of us, entering into the fullness of our humanity. As a human, he allows himself to experience human temptation, though he will never sin.

As God Incarnate living among us, Christ used his divine power only in his ministry, to fulfill his mission. But Satan tempts him to get him to use his power for himself, rather than for the benefit of others. Jesus is tempted to make food for himself miraculously, for his own satisfaction, rather than to experience the limitations of the human condition and to use his powers only to feed others. In the temptation to jump off the Temple, Jesus is tempted to use his power for his own glory, his own ego, rather than for the service of others. The glory will be his. But first he must complete his mission. He must first give himself in sacrifice upon the Cross. Then he will receive the glory.

The third temptation seeks to get Jesus to take control over all the world right now. He is already King of the Universe. He already has all the power. But his mission upon the earth entails that he not claim the power for now, not until after the crucifixion and resurrection, when he will claim again the fullness of his power.

The temptation of Jesus is the reversal of the temptation of Adam and Eve. He succeeds where our First Parents failed. Adam and Eve eat what is not meant for them, but Jesus resists the food that is not his to eat. Adam and Eve reach out for glory that would be given to them in the fullness of time, but Jesus refuses to grasp at glory prematurely.

Adam and Eve are placed in charge of God's creation. But by seeking control beyond what is given to them, they squander the gift, losing the protection of God and falling under the dominion of the evil one. Jesus is tempted to take control of the world by subjecting himself to the tempter. But he refuses to reach for power before the fullness of time. Instead, he claims his dominion over the world only after the resurrection.

As our spiritual journey unfolds, we too can expect to encounter relentless temptation. Needless to say, our society constantly tempts us to please the flesh and to elevate the ego. Moreover, as Christ is pushed more and more out of public life, we can see that our culture is falling increasingly under the control of the evil one, and we are under ever-greater pressure to acquiesce.

But we should not despair. Christ has given us an example of resisting temptation. We must look to him to be our guide and protector. We should not seek to overcome temptation through our own strength, but always through the strength of Christ. To receive his strength, we need to maintain a deep and consistent prayer life and focus on drawing close to the Sacraments, especially the Holy Eucharist. We should also invoke the protection of all the heavenly hosts, and first and foremost of our Holy Mother, the Blessed Virgin Mary.

If you would like to read more of Zoltan's writings, you can find them at www.zoltanabraham.com.

PARISH FAMILY OUTREACH AND SERVICE

Fairwind - Brittany Park | John McGuinness | johnmcg@gmail.com

Kids of the World | Ken Fabrizio | kenfabrizio4@gmail.com

Knights of Columbus

- STB - Joe Osmialowski | 248-343-9021
- STOC - Dennis Hammonds | dennishammonds45@gmail.com

Ministry to the Homebound

- Bothell Health Care | Cogir of Bothell Memory Care - STB - Anne Chapman 206-234-5849
- All others - STB - Contact receptionist@saintbrendan.org
- STOC - Contact admin@saintteresa.org

Prepares (Pregnancy Support) | Lori Wirtz - loriwirtz@gmail.com

Respect Life | Colleen Danforth - rdhcoll@aol.com

St. Vincent de Paul

- STB - Margie Inghram | 425-486-8953
- STOC - Marion Scichilone | bpourmet@yahoo.com

SERVING OUR SAVIOR (S.O.S.) SOUP KITCHEN MINISTRY

The St. Brendan pantry could use additional stock of:

NEED: Canned cream of mushroom, canned *cream* of chicken soup, dry pasta, and bags of rice. Please only donate *unexpired goods* in their *original packaging*. Thank you.

ST. VINCENT DE PAUL

We would like to thank you for your generous donations! Just in the last month we were able to help 119 families. We contributed to rent, utilities, and sometimes even a mattress for our newly housed neighbor. We were able to deliver pantry items, household goods and sometimes used or donated furniture as well as gas vouchers and vouchers to the Kenmore SVDP store. **Thank you so very much.**

At this time, we **need** toothbrushes, shampoo, dish and laundry soap.



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WANTED - RETAIL CREW MEMBER

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Requirements: Strong Customer Service and interpersonal skills are required to assist shoppers. Ability to work in a fast-paced retail setting. Bilingual preferred but not required. Interested candidates should email their resume directly to employment@SVdPSeattle.org For more information about the organization and other potential openings, you can visit the SVdP Seattle|King County Careers page at www.svdpsattle.org.



PREPARES MINISTRY AT ST. BRENDAN AND ST. TERESA OF CALCUTTA

Supports families in need by providing diapers and clothing for children from birth to school age. We are located in the **lower Brendan House and are open on Tuesdays from 9AM to 11AM**. If you are in a housing or food crisis or in need of other immediate assistance, please call the State of Washington Services at 2-1-1 for help—it's FREE; they are open 24/7 and multilingual. **If you would like to make a financial donation to PREPARES, please write St. Teresa Prepares on the check.** Please contact Lori Wirtz (loriwirtz@gmail.com) with any questions.

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CYO SPOTLIGHT

Hey, Parents – did you know that your children are eligible and welcome to participate in all St. Brendan CYO sports programs simply by being registered parishioners at either St. Brendan or St. Teresa of Calcutta Parish Family? Financial Assistance is available to help with registration fees, please contact CYOad@saintbrendan.org for details. For more information on CYO and the programs offered at St. Brendan, please reach out to Ena Demeter at cyosecretary@saintbrendan.org.



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COMING SOON. . . CYO TRACK & FIELD

We are happy to announce that **Track & Field** will be back for the second year in a row. We are working on the program details and are looking for parent feedback – **if your child is interested in joining the team this year or if you are interested in volunteering to coach, please let us know soon!**

Preliminary information on the season is below – **if you are interested in the program or are looking for more detail, please reach out to our Track & Field Coordinator Laura McCourt at cyotrack@saintbrendan.org.**

Program open to boys and girls, grades 4 – 8**

Six meets to be held every week beginning May 9 – meets typically run for most of the day; detailed event schedules to be shared as available.

Registration through [TeamSideline.com](https://www.team sideline.com) – registration timeline and fees coming soon.

***We are exploring the possibility of offering a modified practice-only program for athletes in grades K-3, determination to be based on interest/feedback received.*

ONLINE PARISHIONER STEWARDSHIP PLEDGES & ONLINE GIVING

Every person's finances and family situation is different. Jesus makes it clear that it matters not how much one gives, but that it is planned, calculated, at least some-what sacrificial (see Luke 24:1-4), and not simply from what is "leftover" at the end of the month. We propose the tithe (10%) as the ideal every family can consider working towards. This means taking steps to give 5% to one's parish and 5% to other charities, or causes you have personal passion for.

You can give online at:

- St. Brendan Parish (STB) - parish.saintbrendan.org
- St. Teresa of Calcutta (STOC) - <https://pushpay.com/g/saintteresacalcutta>
- OR can the QR codes with your phone's camera, >>>
It's quick, secure, convenient, and easy. Your support helps sustain our parish family. If you need help with online giving, please call the Parish Office at 425-483-9400 (STB) or 425-806-8096 (STOC)

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<p style="color: white; font-weight: bold; text-align: center;">NOTHING IS IMPOSSIBLE NOTHING IS IMPOSSIBLE WITH GOD. NOTHING IS IMPOSSIBLE</p>	<p>Dr. Michelle J. Ament Cosmetic and General Dentist</p> <p>Use Code "Smile Bright" for FREE Whitening</p> <p>BothellFamilyDentistry.com 425-486-2787</p>	<p>Help is here: Medicare 101. As a licensed insurance agent who focuses on Medicare, I can help you understand and review all of your available plan options to help you select a plan that works for your needs and budget. By representing most major Medicare carriers, I can provide you knowledgeable information at no cost.</p> <p>CONTACT ME: Amber Valencia Senior Health Plan Broker/ St Theresa of Calcutta Parishioner License # 802455 253.315.2311 amber@ambervalencia.com</p>	
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