

WELCOME TO
**SAINT BRENDAN & SAINT TERESA OF CALCUTTA
 PARISH FAMILY**
SOLEMNITY OF THE HOLY TRINITY
 MAY 31, 2026



SAINT BRENDAN PARISH | STB



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 8AM | 10AM* | 12PM (Misa en Español)

* LIVESTREAM ON FACEBOOK

DAILY MASS Monday, Wednesday - Saturday | 8:30AM
NO MASS ON MONDAY, JUNE 1.

ADORATION

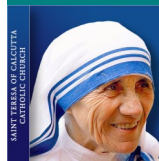
- Monday - Thursday | 1PM to 6PM • Friday | 9:30AM to 6PM
 - First Friday | 9:30AM to FIRST SATURDAY DEVOTION at 7:30AM*
- *WITH ROSARY FOLLOWED BY BENEDICTION |

CONFESSION

- Monday, Wednesday - Saturday | 7:45AM - 8:15AM
- Saturday | 2:30PM - 4PM

"Help me to journey beyond the familiar and into the unknown. Give me the faith to leave old ways and break fresh ground with You"
 —ST. BRENDAN, THE NAVIGATOR

SAINT TERESA OF CALCUTTA PARISH | STOC



SUNDAY MASS

- Saturday Vigil | 5PM
 - Sunday | 9AM | 11AM | 5PM*
- *NO 5PM SUNDAY MASS AFTER MAY 31.**

DAILY MASS - Tuesday to Friday | 9AM |

ADORATION

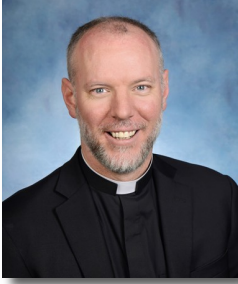
- Tuesday - Friday | 8:30AM (Prior to Daily Mass)
- Benediction just before 9AM Mass

CONFESSION

- Saturday | 3PM to 4:30PM
- Other: By Appointment.

"Do small things with great love"—SAINT MOTHER TERESA

PARISH DIRECTORY



PASTOR

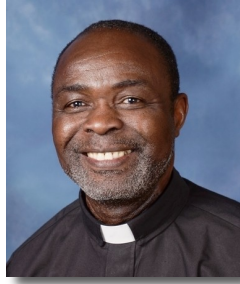
Rev. Nicholas Wichert

frwichert@saintbrendan.org

425-483-9400, Ext 2647

frwichert@saintteresa.org

425-806-8096, Ext. 3103



PAROCHIAL VICAR

Rev. Peter Adoko-Enchill

frpeter@saintbrendan.org

425-806-8096, Ext 3104

ST. TERESA OF CALCUTTA PARISH (STOC)

Monday - Friday | 9:30AM - 3PM

• 17856 NE Woodinville Duvall Rd, Woodinville WA 98077

• 425-806-8096 | www.saintteresa.org

Parish Assistant for Administration

Zoltan Abraham | Ext. 3105 | zoltan@saintteresa.org

Administrative Assistant

Audrey Kozel | audrey@saintteresa.org

First Communion • Children's Catechesis

Analaura Rodriguez | Ext 3101 | analaura@saintteresa.org

Confirmation • Youth Ministry

Andrew Duncan | Ext. 3102 | andrew@saintteresa.org

OCIA Coordinator • Adult Catechesis

Mark Sizemore | childfamilyministry@saintbrendan.org

Director of Music | John Dobson | music@saintteresa.org

DEACONS

- Dcn. Leon Garcia-Martinez | deaconleon@saintbrendan.org
- Dcn. Armando Medina | deaconarmando@saintbrendan.org

ST. BRENDAN PARISH (STB)

Monday - Friday | 9:15AM-Noon • 12:30PM-4PM

• Church - 10100 NE 192nd St, Bothell, WA 98011-2931

• Office - 10051 NE 195th St., Bothell, WA 98011-2931

• 425-483-9400 | www.saintbrendan.org

Pastoral Assistant for Administration

Pastoral Assistant for Evangelization

Brigitte Blair | ext. 2645 | brigitteb@saintbrendan.org

Bookkeeper | Mary Deitch | ext. 2642 | bookkeeper@saintbrendan.org

Children & Family Ministry • OCIA Coordinator

Mark Sizemore | ext. 2648 | childfamilyministry@saintbrendan.org

Confirmation

Margaret Deleon | ext. 2644 | youthminister@saintbrendan.org

Director of Music | John Dobson | directorofmusic@saintbrendan.org

Facilities Supervisor

Josh Stutzman | ext. 2650 | facilitiesupervisor@saintbrendan.org

Office Assistant | Christy Avila | ext. 2677 | christya@saintbrendan.org

Receptionist | Lupita Silva Ocampo | receptionist@saintbrendan.org

Liturgical Minister Schedule • Bulletin

Ermina Swager | ermina@saintbrendan.org • bulletin@saintbrendan.org

ST. BRENDAN PARISH SCHOOL

Monday, Tuesday, Thursday, Friday | 8AM to 4PM

Wednesday | 8AM to 3PM

• 10049 NE 195th St., Bothell, WA 98011

• 425-483-8300 | www.school.saintbrendan.org

School Principal | Catherine Shumate | catherines@school.saintbrendan.org

Admissions Director | Karah Burgess | karahb@school.saintbrendan.org

Advancement Director | Kerry Engle | kerrye@school.saintbrendan.org

School Secretary | Karyn Murnane | secretary@school.saintbrendan.org

COVER ART

TITLE *Holy Trinity*, 1620s ARTIST - Hendrick van Balen the Elder

SOURCE - [Wikimedia Commons](#).

MINISTRY TO THE SICK AND HOMEBOUND

To arrange for the Sacrament of Anointing of the Sick, call the Ministry of Pastoral Care of the Eastern Deanery at 425-655-3200.

To arrange for Holy Communion for the sick or homebound, call the parish office.

MINISTERIO PARA LOS ENFERMOS Y LAS PERSONAS CONFINADAS EN CASA

Para concertar el Sacramento de la Unción de los Enfermos, llame al Ministerio de Atención Pastoral del Decanato Oriental al 425-655-3200.

Para concertar la Sagrada Comunión para los enfermos o las personas confinadas en casa, llame a la oficina parroquial.

FUNERAL MASSES AND BURIAL RITES

To arrange for a funeral Mass, please contact the Parish Office, or ask the funeral director to do so.

MISAS PARA FUNERALES Y RITOS DE ENTIERRO

Para hacer arreglos para Misa para funeral, por favor contacte la Oficina de la Parroquia, o pregunte al director de los servicios funerarios.

PARISH NEWSFLASH

If you would like to receive the weekly St. Teresa Newsflash over email, please let us know at admin@saintteresa.org.

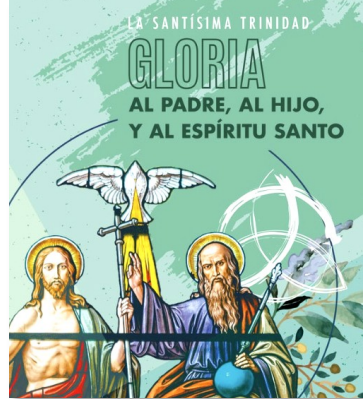
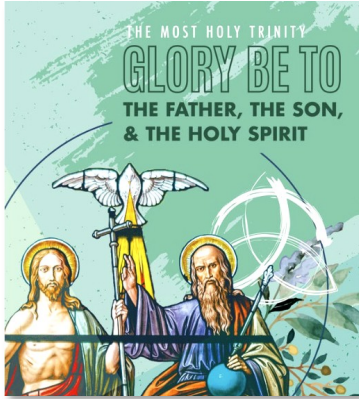
To submit a bulletin announcement:

- Due Thursday a week before the target weekend.
- St. Brendan > bulletin@saintbrendan.org
- St. Teresa > admin@saintteresa.org

To submit a Mass announcement or Mass intentions:

- St. Brendan > receptionist@saintbrendan.org
- St. Teresa > admin@saintteresa.org

UPCOMING EVENTS



MASS TIME CHANGES

- Please note the summer Mass schedule change: the **St. Teresa of Calcutta 5PM Mass on Sundays** will be suspended from **JUN. 7 through SEP. 6.** and will resume on **SEP. 13.**
- **NO Confessions/Mass on Monday, JUN. 1** at St. Brendan.

NOCTURNAL ADORATION FOR MEN

St. Brendan will be offering Nocturnal Adoration in English for men. This monthly vigil before the Blessed Sacrament is a time for prayer, reflection, and resting in the Lord's presence. The group will meet on the **first Saturday of each month**, The target start date is **JUN. 6, beginning at 8:30 PM and concluding with the Rosary at 6:30 AM on Sunday morning.**

Men interested in participating may contact Tom Gray at gwtom@att.net or (206) 799-0397.

- **SOLEMNITY OF THE MOST HOLY TRINITY** - Sunday, **MAY 31**
- **NO CONFESSIONS AND NO MASS** - Monday, **JUN. 1** • **STB.**
- **PARISH FAMILY VACATION BIBLE SCHOOL** - **Save the Date** - June 22-26 • St. Brendan • Pg. 5 for details.
- **NOCTURNAL ADORATION FOR MEN** - Saturday, **JUN. 6** • 8:30PM • St. Brendan. >>> for details.
- **STORY TIME with MRS. ABRAHAM** - Sunday, **JUN. 7** • After the 10AM Mass • St. Brendan. >>>
- **FEAST OF CORPUS CHRISTI** - Sunday, **JUN. 7.**
- **EUCCHARISTIC PROCESSION ON CORPUS CHRISTI** - Sunday, **JUN. 7** • At St. Teresa after the 11AM Mass • At St. Brendan after the NOON Mass. • Both around the campus. • >>>
- **NO 5PM SUNDAY MASS at St. Teresa of Calcutta** - From **JUN. 7 - SEP. 6** • **Next column for details.**
- **YOUNG AT HEART SENIOR LUNCHEON** - Wednesday, **JUN. 17** St. Brendan • **RSVP by JUN. 10** • Pg. 5 .
- **ST. VINCENT DE PAUL** - Donations Needed **UPDATED** • Pg. 9.
- **ST. BRENDAN SCHOOL is HIRING** - See Pg. 10
- **ST. BRENDAN HOLIDAY CRAFT FAIR** - **Save the Date** • Saturday, **NOV. 14.**
- **ARCHDIOCESE ADULT CO-ED SOFTBALL TEAM**—See Pg. 6.



STORY TIME

Mrs. Abraham is hosting Story Time in the **St. Brendan nursery on the first Sunday of each month after the 10AM Mass.** All children are welcome to come and listen. The next Story Time is **next Sunday, JUN. 7.**

THE SOLEMNITY
OF THE MOST
HOLY BODY AND
BLOOD OF CHRIST

Eucharistic Procession

All are welcome to join in this public witness of faith.

Sunday, June 7

St. Teresa of Calcutta

Mass at 9AM • 11AM

Procession immediately after the 11AM Mass. Around the campus.

St. Brendan

Mass at 8 AM | 10AM | 12PM

Procession immediately after the noon Mass. Around the campus.



REMINDER - SCAM ALERT

Scammers periodically impersonate priests and parish staff of the Archdiocese to solicit money over email or text messages. Please do not respond to such messages, instead delete them unread. Other than our annual fundraisers, we will never ask for donations electronically. Please check with either Parish Office if you have any questions about messages that you might receive.

PRAYER AND READINGS

READINGS OF THE WEEK

SOLEMNITY OF THE MOST HOLY TRINITY

MAY 31, 2026

GLORY AND PRAISE FOR EVER! (Dn 3)

Sunday: Ex 34:4b-6, 8-9 • Dn 3:52-56 • 2 Cor 13:11-13 • Jn 3:16-18

Monday: 2 Pt 1:2-7 • Ps 91:1-2, 14-15bc-16 • Mk 12:1-12

Tuesday: 2 Pt 3:12-15a, 17-18 • Ps 90:2-4, 10, 14, 16 • Mk 12:13-17

Wednesday: 2 Tm 1:1-3, 6-12 • Ps 123:1b-2abcdef • Mk 12:18-27

Thursday: 2 Tm 2:8-15 • Ps 25:4-5ab, 8-10, 14 • Mk 12:28-34

Friday: 2 Tm 3:10-17 • Ps 119:157,160, 161, 165, 166, 168 • Mk 12:35-37

Saturday: 2 Tm 4:1-8 • Ps 71:8-9, 14-15ab-17, 22 • Mk 12:38-44

LET US PRAY FOR . . .

The Sick

God of all goodness, Look with mercy on all who suffer any kind of infirmity, sickness or injury, that they may be comforted. Let your hand of healing and protection be upon them. When they are fearful, ease their fear and anxieties. When they are afraid, give them strength and courage. When they feel alone, send them someone to listen and to care. When they are confused, provide reassurance and direction. When they are in pain, ease their suffering. When they despair, give them hope. May they experience your healing presence in the comfort of a caregiver's calm gaze and tender touch. We ask this in your holy name. Amen.

Chavarin Ruiz Family • Joan Dedman • Samantha Deitch • Don Galloway • Rosemarie Gottlieb • Hannah Joy Haug • Norman Hradec • Hannah Therese Leone • Dona Moran • Dianne Osmialowski • Gregorio Rendon • Alexandra Marie Rocio-Hays • Sarah Watson • Shirley Wichert

The Deceased

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Rudy Agpalo • Maria Guadalupe Gonzalez • Deanna McCoy • Ron Runyon
Jacob Santiago Bautista • Angelica Maria Valdez Velasquez

THE GRACE OF THE **LORD JESUS CHRIST**
AND THE LOVE OF **GOD**
AND THE FELLOWSHIP OF THE **HOLY**
SPIRIT BE WITH ALL OF YOU. (2 COR 13:13)

O SACRAMENT MOST HOLY

O SACRAMENT DIVINE

ALL PRAISE AND

ALL THANKSGIVING

BE EVERY MOMENT THINE



MASS INTENTIONS

Sunday, May 31

STB

8:00AM Saint Brendan Parish

10:00AM + Fidela "Dely" Aguilar

12:00PM + Vicenta Castillo Perez

STOC

9:00AM Special Intention

11:00AM Saint Teresa Parish

5:00PM Saint Teresa Parish

Monday, June 1

STB - 8:30AM NO MASS

STOC - NO MASS

Tuesday, June 2

STB - NO MASS

STOC - 9:00AM Krista Schafer

Wednesday, June 3

STB - 8:30AM Dianne Osmialowski

STOC - 9:00AM + Joyce Tolzin

Thursday, June 4

STB - 8:30AM Natalia Anderson

STOC - 9:00AM Annen Martin

Friday, June 5

STB - 8:30AM + Maria Luisa Lopez

STOC - 9:00AM + Auston Barboza

Saturday, June 6

STB

8:30AM + Ann Reilly

5:00PM + Fidela "Dely" Aguilar

STOC - 5:00PM Saint Teresa Parish

+ = deceased.

To submit a Mass intention, contact the parish office at the following email address.

- St. Brendan - receptionist@saintbrendan.org
- St. Teresa of Calcutta - admin@saintteresa.org



KNIGHTS OF COLUMBUS CORNER (Council 6686)

- **MAY KNIGHT OF THE MONTH** - Glen Podany
- **MAY FAMILY OF THE MONTH** - Jason & Katherine Shelton
- The June business meeting is **Thursday JUN. 4, at 7PM at the Bothell Rental Hall.**
- Men of the parish! The next **NEW** video of the **INTO THE BREACH** series takes place on **Saturday, JUN 6, at 7AM in Lower Brendan House.** If you haven't experienced the inspirational video now is the time to try it out.
- All parishioners are invited to pray a rosary led by the Knights of Columbus after every **Sunday, Mass on June 6/7.** Come and pray for your special intentions.
- **Help Wanted:** We are in need of a part-time handy man or woman to perform maintenance at the Bothell Rental Hall. Contact Cindy Roeter at 425-418-3185 if interested.
- Are you looking for a place to host a wedding reception, shower, birthday or graduation party? The Bothell Rental Hall is a great place to hold an event. Contact Cindy Roeter at 425-418-3185 for availability.
- What does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Join 2 million Catholic men on a mission. To learn more, go to kofc.org or look for a Knight in a blue vest or contact Grand Knight Joe Osmialowski at 248-343-9021.

ST. TERESA OF CALCUTTA & ST. BRENDAN
VACATION BIBLE SCHOOL
hosted at
SAINT BRENDAN*

JUNE 22 - 26, 2026 | 9AM TO NOON
ENTERING KINDERGARTEN TO GRADE 5
\$25 PARISHIONERS • \$50 CAP FOR FAMILIES
\$50 OUT-OF-PARISH PARTICIPANTS

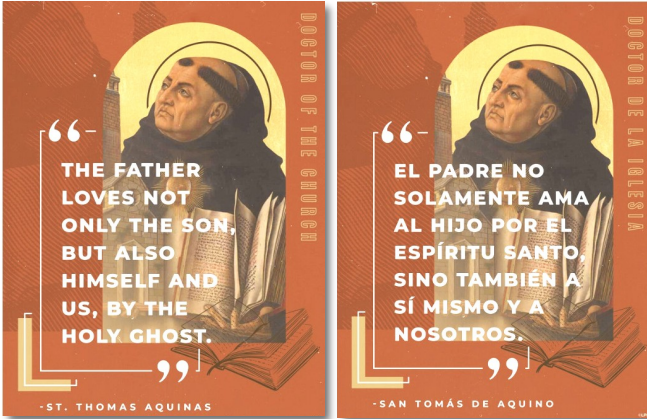
««« USE THIS QR CODE TO REGISTER TO SIGN UP OR VOLUNTEER.

*TRANSPORTATION **IN THE MORNING** WILL BE PROVIDED FROM ST. TERESA TO ST. BRENDAN.

YOUNG AT HEART SENIOR LUNCHEON

On **Wednesday, JUN. 17,** we will be having our annual “pre-summer break” lunch prepared for us by Robert Buendia. This year’s main entrees will be teriyaki chicken & smoked ribs. The cost will be \$15 per person. The lunch will start at noon in the St Brendan narthex. **Please RSVP by contacting Donna (206-335-4469) by Wednesday, JUN. 10, to reserve a seat.**





RESPECT LIFE MINISTRIES

Please Pray For These Expecting Mothers: Hannah Galvan Bockel Sarah Hill • Taylor Lockman • Lauryn Manning • Jennifer McVicker • Scareth Meija • Meron • Elizabeth Nguyen • Joy Stanley • Chrissy White Cuda

Congratulations to: Tyler & Claire COOK on the birth of their daughter, Riley Camille • Reid & Megan FRYHOVER on the birth of their son, Colter Theodore • Frank & Megan D'sa FULLER on the birth of their son, Thaddeus Franklin • Ryan & Lauren GREEN on the birth of their son, Callahan Howard. • Samuel & Bethany NICASIO on the birth of their daughter Madeline Goretti. • Pablo & Alex TOLOSSA on the birth of their son, Fyodor Valentine. We ask that God bless you and bring you much joy as you raise your little one.

If you are expecting a baby and would like your church family to pray for you, please contact Colleen Danforth at rdhcoll@aol.com.

ANNUAL CATHOLIC APPEAL:

The Solemnity of the Most Holy Trinity

ANNUAL CATHOLIC APPEAL UPDATE!

Thank you to the many of you who have chosen to make your gift to the 2026 Annual Catholic Appeal, as well as our parishioners who are monthly recurring donors to the ACA.

Your support matters for religious and lay leaders serving in a variety of roles within our local Catholic Church. Whether it is a future seminarian seeking guidance and resources, a member of the deacon formation program, or a lay leader who has received training or education because of your support. Through your gifts, we can ensure the vitality of our Catholic community. Your support is the reason why our local Catholic Church can continue to spread the joy of the Gospel in the world today.

It's easy to give to the 2026 Annual Catholic Appeal. Scan the QR code >>> or visit archseattle.org/giveaca.



Spiritual Adoption Update - Four Months - "I had A Dream Today"

Our spiritual adopted babies are now four months old. The baby's brain has begun maturing: a process that will continue until the child is 14 years old. The baby's feet are perfectly shaped: eyelids, nails, and fingerprints are fully formed. Their entire body is sensitive to touch and they can feel pain.

Their taste buds are now forming. Nutrients consumed by the mother are passed on to her baby within an hour or two. Three hundred liters of fluid a day are sent to the baby via the umbilical cord. Fine hair begins to grow on the baby's head. Facial expressions similar to the baby's parents can be seen at this time. The baby sleeps and wakes regularly, swims freely and can turn somersaults. Vigorous activity shows distinct personalities. The baby can kick, turn his feet, make fists, move his thumbs and turn his head. The baby's ears are developing and there is evidence they can hear certain sounds-mom's voice and heartbeat and some internal noises. This month Rems (rapid eye movements) have been recorded-a sign of dreaming.

Please continue to pray for babies in danger of abortion. They really need our prayers and their mothers too. Babies are such a beautiful and special gift from God. Check out the kiosk in the narthex for the beautiful poster of our developing baby.

SEATTLE ARCHDIOCESES CO-ED ADULT SOFTBALL

We are looking for a team manager and a preliminary roster. Please contact Ena Demeter at cyosecretary@saintbrendan.org ASAP if you are interested in managing or joining the team.

- Members of any Catholic parish age 21 and older are eligible to play.**
- Games take place between June and August
- Registration opens April 27th
- For more info, please visit <https://teamsideline.com/sites/seattlecyo/content/148/Adult-Softball>

**some exceptions apply

LEGION OF MARY SACRED HEART CATHOLIC CHURCH (SEATTLE)

Marian Procession - JUN. 20 • 9AM to 11AM.

Procession Route: from the Sacred Heart parking lot to the Seattle Center, (Seattle Center campus)

For more information on parking information, and other updates, please contact Rose Tanudtanud, rtanudtanud2009@gmail.com

ADORATION - ST. BRENDAN CHAPEL

Come and spend an hour with Jesus in the St. Brendan Adoration Chapel. We need two or three people on the following days:

Monday 2PM to 3PM • 3PM to 4PM • 4PM to 5PM • 5PM to 6PM.
Tuesday 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 5PM to 6PM
Wednesday 1PM to 2PM • 3PM to 4PM | **Thursday** 3PM to 4PM • 4PM to 5PM • 5PM to 6PM | **Thursday** 4PM to 5PM | **Friday** 11am to Noon • Noon to 1PM • 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 4PM to 5PM. | **Saturday** 12AM to 1AM • 1AM to 2AM • 4AM to 5AM • 6AM to 7AM.

Adoration is seen as a way of life that provides, spiritual protection and nourishment. If you'd like to sign up or have questions, please contact Christina Plantilla at 425-486-3376.

ST. BRENDAN OVERNIGHT ADORATION OF THE HOLY EUCHARIST

Second Saturday of the Month:

- Women's Overnight Adoration—7PM to 6AM (Sunday)

Third Saturday of the Month:

- Children/Teen's Evening Adoration—6:30PM to 8:30PM
- Men's Overnight Adoration—8:30PM to 6AM (Sunday)

Segundo sábado del mes:

- Adoración nocturna de las mujeres—7PM a 6AM (domingo)

Tercer sábado del mes:

- Adoración nocturna de los niños/adolescentes—6:30PM a 8:30PM
- Adoración nocturna de los hombres—8:30PM a 6:00AM (domingo)

FORMED

Provides the very best Catholic content from more than 60 organizations to help you explore your faith anywhere. Supporting thousands of movies, children's programs, eBooks, audio, parish programs, and studies direct to your browser, mobile, or connected device. To sign up for your free account:

1. Go to - <https://formed.org/signup>
2. Input parish > *St. Brendan*.
3. Choose > *10051 NE 195th St, Bothell, WA*.
4. Add your name and email address to set up the free account.

EVANGELIZATION

By Brigette Blair

Chris Stefanick

- [Part of You Is Already in Heaven \(The Ascension Changes Everything\)](#)
- [Leading With the Heart in an Age of Selfishness | Tommy Spaulding](#)
- [You've Never Seen the Holy Spirit This Way \(and It Can Change Your Life\)](#)
- [I Shared the Gospel with a Muslim in a Bathroom Stall and He Wept | Dave VanVickle](#)
- [Practicing Heaven and a Prayer | Theo Von](#)
- [Never Lose Hope for Your Kids | Gordy Demarais](#)

FORMED

- [Lectio: God](#)
- [The Art of Living](#)
- [Jesus Thirsts: The Miracle of the Eucharist](#)
- [Practicing Catholic Podcast](#)
- [Does God Send People to Hell? The Truth About Mercy](#)
- [The Heart of Prayer](#)

Bishop Barron Sunday Sermon

- [What Is the Spirit Calling You to Do?](#)
- [Five Signs of the Holy Spirit](#)
- [The Dwelling Place of God](#)

Ascension Presents

- [Pray with Us | Prayers to Protect Us: A Collection of Prayers, Litanies, Hymns, and Readings](#)
- [This Might Be Your Biggest Weakness | Fr. Mark-Mary Ames](#)
- [Praying Like this Changed My Life | Fr. Mike Schmitz](#)
- [Is This God's Voice or My Own Thoughts? | Dave VanVickle](#)
- [Priest Responds to Bryan Johnson's "Never Die" Vision | Fr. Mark-Mary Ames](#)
- [I Thought I'd Get Married But... | My Vocation Story | Fr. Mark-Mary Ames](#)

Miscellaneous - [Why I Became a Catholic Priest | Fr. Gregory Pine](#)

Fr. Mike Schmitz Homilies

- ["A Necessary Goodbye" | The Ascension of the Lord](#)
- ["A Reason to Hope" | 6th Sunday of Easter](#)
- ["The Next Goodbye" | 5th Sunday of Easter](#)

The Catholic Parent - [The Catholic Parent - FORMED](#)

For Kids

- [Chime Travelers](#) • [Awesome Animals & Mini Me](#) • [God's Knights](#) • [God's Princesses](#) • [Zack and Yalla](#) • [Brother Francis \(English & Español\)](#) • [Littlest Saints - The Wonderful World of Benjamin Cello](#)

GROWING IN FAITH

OUR TRUE PEACE AND FULFILLMENT

By Zoltan Abraham

The Holy Trinity is the most difficult subject in Catholic theology. According to an ancient story, St. Augustine, one of the greatest theologians of Church history, was one day walking along the shore of the Mediterranean Sea contemplating the question of the Holy Trinity, when he saw a child playing on the seashore. The boy had dug a hole in the sand and then was carrying buckets of water from the sea, pouring them into the hole. St. Augustine asked him what he was doing. The boy replied that he was going to put the sea into the hole. The saint replied that the boy would never be able to put the whole sea into that small hole. To which the boy replied, "Neither will you ever be able to understand the Trinity."

Indeed, our finite minds can never fully comprehend the inscrutable mystery of the Holy Trinity, because we can never fully understand the infinite mystery of God. All we can do is formulate some thoughts that point toward the reality of who God is. But we have to bear in mind that all human thought is finite, and therefore no human words can capture the fullness of God. Anything we say about God, even if it is true, will fall short. Imagine going to a place of great natural beauty, like the Grand Canyon, Mt. Rainier, or the ocean. If you take a picture with your phone, then post it to social media, will your followers be able to experience through the picture what you are experiencing in person? No, they will only get a small inkling of the grandeur of what you are beholding. Our words about God are similar. They only give us a small inkling of the inexpressible wonder of God's being. Let us bear that in mind as we contemplate who the Holy Trinity is.

Catholic theology starts with the premise that God is one. God has one, indivisible nature. At the same time, we also believe that God has three persons, the Father, the Son, and the Holy Spirit, who are distinct from each other and yet share that one indivisible nature. We do not have three Gods, but only one. At the same time, the three persons of the Holy Trinity are not merely modes of expression in God, but are actual persons. So God is both indivisibly one, and yet has three distinct persons. Indeed, as stated above, the Holy Trinity is an inscrutable mystery.

As I have said in prior reflections, one way to try to conceptualize the mystery of the Holy Trinity is to start with the premise that God is infinite love. Love, by its very nature, requires a love dynamic. In God, there is the Father, who is the One Who Loves. His love is received and reciprocated by the Son, who is the Beloved. The love that exists between the Father and the Son is the Holy Spirit. The Holy Trinity is an eternal exchange of infinite love, which is not bound by time, but takes place in the eternal timeless now of God's infinite nature.

We might wonder, though, if the doctrine of the Holy Trinity is just some beautiful theology that doesn't have any bearing on

our day-to-day lives. What difference does the concept of the Holy Trinity actually make for us? The answer is a profound difference. Jesus Christ is the Second Person of the Holy Trinity, who has taken on a human nature, becoming one of us, without losing or lessening his divinity. By doing so, Jesus established the closest possible union between the Creator and his creation.



What is more, as I have described in prior reflections, Jesus compares the love he has for us with the love that exists between him and the Father. Jesus loves us with the same eternal, infinite outpouring of love that exists within the Holy Trinity. When we are baptized into Christ, we enter into the closest possible union between us, created beings, and God, our Creator. Jesus then shares with us the infinite, eternal outpouring of divine love that is the Holy Trinity. We are to live and have our being in that divine love. We are to be partakers of God's infinite, eternal love without end, without limit.

That is the state of being for which every human heart yearns. We are incomplete without God's infinite, eternal Trinitarian love filling every aspect of our existence completely. As St. Augustine famously put it at the beginning of his magnificent work, *The Confessions*, "You have made us for yourself, oh Lord, and our hearts are restless until they can rest in you." Only when we fully accept God's love for us and requite his fathomless love with all our being - only then can we find true fulfillment as human beings.

In *The Book of Revelation*, we see images of the heavenly court of Christ, where all of the heavenly hosts find their fulfillment by worshipping Christ ceaselessly, accepting his love and giving him all of their love in return. We also see in these images the reuniting of humanity through Christ. The divisions, the animosity, the vengeful rivalries that have characterized human history will have all fallen away. Humanity will be healed and will be made one through the love of Christ.

That is what Heaven is about. The eternal, infinite exchange of God's love will flow through all of us to all who are in Heaven. The exchange of love within the Holy Trinity will now be a vast web of infinite love shared eternally among all the blessed ones living forever in heavenly glory. Each time we make the sign of the cross, in the Name of the Father and of the Son and of the Holy Spirit, let us remember the inexpressibly beautiful and joyful life that God is calling each of us to experience without end.

If you would like to read more of Zoltan's writings, you can find them at www.zoltanabraham.com.

PARISH FAMILY OUTREACH AND SERVICE

Fairwind - Brittany Park | John McGuinness | johnmcg@gmail.com

Kids of the World | Ken Fabrizio | kenfabrizio4@gmail.com

Knights of Columbus

- STB - Joe Osmialowski | 248-343-9021
- STOC - Dennis Hammonds | dennishammonds45@gmail.com

Ministry to the Homebound

- Bothell Health Care | Cogir of Bothell Memory Care - STB - Anne Chapman 206-234-5849
- All others - STB - Contact receptionist@saintbrendan.org
- STOC - Contact admin@saintteresa.org

Prepares (Pregnancy Support) | Lori Wirtz - loriwirtz@gmail.com

Respect Life | Colleen Danforth - rdhcoll@aol.com

Serving Our Savior (SOS) | Priscilla Finch

St. Vincent de Paul

- STB - Margie Inghram | 425-486-8953
- STOC - Marion Scichilone | bpgourmet@yahoo.com



OUR ST. VINCENT DE PAUL is in need of the following items.

Desperately need: Paper towels • toilet paper • canned fruit (e.g., peaches, pears, fruit cocktail, etc.) • Mac 'n' Cheese (*Kraft* is favorite) • laundry detergent • cooking oil • dishwashing liquid (*Dawn* is recommended as it can be used for other purposes).

Can always use: Toothpaste • under-arm deodorant • shampoo • bar soap (*Dial* or other anti-bacterial bath soaps) • cleaning supplies such as spray cleaner (*409*, *Windex*, *Clorox* and others) • sponges • furniture polish, • jams and jellies • packaged meals (e.g., chili, rice pilaf and other rice dishes, potato dishes, stuff you mix with hamburger or other proteins) • mixes for baking (corn bread is always a good one, but occasionally we get a request for cake mix/frosting for a family birthday) • *Bisquick* or similar baking mix • single meal-sized boxes of rice (e.g., *Minute Rice* or *Uncle Ben's*).

We appreciate your generous support!



MINISTRY AT ST. BRENDAN AND ST. TERESA OF CALCUTTA

Supports families in need by providing diapers and clothing for children from birth to school age. We are located in the **lower Brendan House and are open on Tuesdays from 9AM to 11AM**. If you are in a housing or food crisis or in need of other immediate assistance, please call the State of Washington Services at 2-1-1 for help—it's FREE; they are open 24/7 and multilingual. **If you would like to make a financial donation to PREPARES, please write St. Teresa Prepares on the check.** Please contact Lori Wirtz (loriwirtz@gmail.com) with any questions.

NEED: Diapers: Size - 4T and 5T • Diaper Wipes



CYO SPOTLIGHT

Hey, Parents – did you know that your children are eligible and welcome to participate in all St. Brendan CYO sports programs simply by being registered parishioners at either St. Brendan or St. Teresa of Calcutta Parish Family? Financial Assistance is available to help with registration fees, please contact CYOad@saintbrendan.org for details. For more information on CYO and the programs offered at St. Brendan, please reach out to Ena Demeter at cyosecretary@saintbrendan.org.

ST. BRENDAN CROSS COUNTRY

Registration is Now Open!

Calling all students in Grades K–8! Runners of every age and ability level are welcome to join. Whether your child is brand new to running or already loves to race — there's a place for everyone on the team!

- **Early-Bird Registration:** Through August 29th | \$55 per runner
- **Late Registration:** Through September 8th | \$75 per runner

Get Involved – We Need Coaches! We're looking for **volunteer coaches** to help lead practices and make this season a success.

Join Us for a Great Season! Be part of a fun, supportive experience focused on: Fitness • Teamwork • School Spirit

Questions or Interested in Coaching? Contact: Meg Koury (cyocrosscountry@saintbrendan.org) Cross Country Coordinator

VOLUNTEER OPPORTUNITY

CYO COMMITTEE SPORTS EQUIPMENT MANAGER

Help support and grow our parish & school sports program!

What You'll Do:

- Organize and maintain sports equipment (stored on St. Brendan campus)
- Track inventory and jersey counts
- Distribute and collect uniforms with coaches
- Assist with purchasing equipment and jerseys
- Attend monthly committee meetings via Zoom
- Collaborate to help improve the sports program

Time Commitment:

- Mostly flexible, done outside school hours
- Many tasks can be completed from home

Ideal Volunteer:

- Organized and reliable
- Good at communication and coordination
- Passionate about supporting student athletics

Make a Difference!

- Play an important role in creating a positive, well-run sports experience for our students and parish youth.
- Join the team and help our athletics program thrive! Contact cyosecretary@saintbrendan.org with interest or for additional information

ST. BRENDAN SCHOOL CORNER



PRESCHOOL & PREKINDERGARTEN PROGRAM

Our Early Childhood Program offers children a safe place to explore, create, pray and learn within a loving community where they are known, valued and supported every step of the way.



- Half Day Classroom
- Full Day Classroom
- Before & After School Care

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WE'RE HIRING!

- **Dedicated** individuals who are committed to the school's mission and students.
- **Faithful** leaders who will be a role model for our students.
- **Collaborative** team members ready and willing to support the school community.

Full time and part time positions available!

SCAN HERE



St. Brendan Holiday Craft Fair

Saturday, November 14, 2026

SAVE THE DATE: ST BRENDAN HOLIDAY CRAFT FAIR 2026

This year's Holiday Craft Fair will be held Saturday, November 14, 2026. Vendor applications for the 2026 Holiday Craft Fair are now being accepted (due date May 29, 2026).

The Holiday Craft Fair is our largest community event featuring 100+ small business craft vendors, our beloved bake sale, photos with Santa, and MORE!

Questions about the Craft Fair or to request an application please reach out at CraftFair@school.saintbrendan.org



Finishing the School Year Strong!

Thank you so much for your generous support during our Week of Giving and Student Phone A Thon! Your enthusiasm and commitment to our school community made the week a true celebration of what we can accomplish together. We are excited to share that 27 students and alumni made hundreds of calls, and 163 donors answered the call! Together, we raised \$33,200. We are deeply grateful for your partnership, your trust, and your belief in the work we do. Because of supporters like you, our students are empowered, our teachers are supported, and our community continues to live forward in faith. It's not too late to donate online, visit <https://givebutter.com/ForwardInFaith2025-2026>.



Still looking for Summer Kids Camp? Please contact **Overtime Athletics Seattle** if you have any questions at 206-305-0869 or sean@otathletics.com.

Check out <https://ota-seattle.jumbula.com/> for full details.

ONLINE PARISHIONER STEWARDSHIP PLEDGES & ONLINE GIVING

Every person's finances and family situation is different. Jesus makes it clear that it matters not how much one gives, but that it is planned, calculated, at least some-what sacrificial (see Luke 24:1-4), and not simply from what is "leftover" at the end of the month. We propose the tithe (10%) as the ideal every family can consider working towards. This means taking steps to give 5% to one's parish and 5% to other charities, or causes you have personal passion for.

You can give online at:

- St. Brendan Parish (STB) - parish.saintbrendan.org
- St. Teresa of Calcutta (STOC) - <https://pushpay.com/g/saintteresacalcutta>
- OR can the QR codes with your phone's camera, >>>
It's quick, secure, convenient, and easy. Your support helps sustain our parish family. If you need help with online giving, please call the Parish Office at 425-483-9400 (STB) or 425-806-8096 (STOC)

PARISH STEWARDSHIP

TIME. TALENT. TREASURE.

WE ARE CALLED TO SHARE OUR GIFTS WITH OTHERS.



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<p>Scott A. Boyer General Manager</p> <p>Boyer Electric Co. Commercial - Industrial - Residential 425-806-8096</p> <p>20150 144th Ave NE Ste A • Woodinville, WA 98072</p>	<p style="font-size: 1.5em; font-weight: bold; color: red;">BTL</p> <p style="font-weight: bold;">ENGINEERING PS</p> <p>Located in Woodinville 425-814-8448</p> <p>Brian Lampe, PE, SE Principal St. Teresa of Calcutta Parishioner</p>	 <p style="text-align: center;">Kitchen & Bath Remodels • Additions Decks • Small Projects</p> <p style="text-align: center; font-weight: bold;">206-423-9387</p> <p style="text-align: center;">www.bhcontractingservices.com</p>	<p style="font-weight: bold;">Do you have Medicare questions you need answered?</p>  <p style="font-weight: bold;">Help is here: Medicare 101.</p> <p>As a licensed insurance agent who focuses on Medicare, I can help you understand and review all of your available plan options to help you select a plan that works for your needs and budget. By representing most major Medicare carriers, I can provide you knowledgeable information at no cost.</p> <p>CONTACT ME: Amber Valencia Senior Health Plan Broker/ St Theresa of Calcutta Parishioner License # 802455 253.315.2311 amber@ambervalencia.com</p>
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