

WELCOME TO
**SAINT BRENDAN & SAINT TERESA OF CALCUTTA
PARISH FAMILY**
FOURTEENTH SUNDAY IN ORDINARY TIME
JULY 5, 2026



Jesus said

"Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

-Mt 10:29-30

SAINT BRENDAN PARISH | STB



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 8AM | 10AM* | 12PM (Misa en Español)
- * LIVESTREAM ON FACEBOOK

DAILY MASS Monday, Wednesday - Saturday | 8:30AM

ADORATION

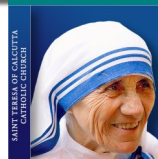
- Monday - Thursday | 1PM to 6PM • Friday | 9:30AM to 6PM
- First Friday | 9:30AM to FIRST SATURDAY DEVOTION at 7:30AM*
- *WITH ROSARY FOLLOWED BY BENEDICTION |

CONFESSION

- Monday, Wednesday - Saturday | 7:45AM - 8:15AM
- Saturday | 2:30PM - 4PM

"Help me to journey beyond the familiar and into the unknown. Give me the faith to leave old ways and break fresh ground with You"
—ST. BRENDAN, THE NAVIGATOR

SAINT TERESA OF CALCUTTA PARISH | STOC



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 9AM | 11AM

DAILY MASS - Tuesday to Friday | 9AM |

ADORATION

- Tuesday - Friday | 8:30AM (Prior to Daily Mass)
- Benediction just before 9AM Mass

CONFESSION

- Saturday | 3PM to 4:30PM
- Other: By Appointment.

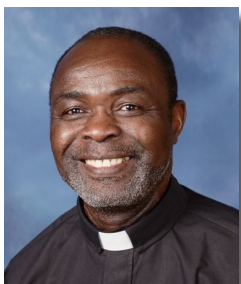
"Do small things with great love"—SAINT MOTHER TERESA

PARISH DIRECTORY



PASTOR

Rev. Nicholas Wichert
frwichert@saintbrendan.org
425-483-9400, Ext 2647
frwichert@saintteresa.org
425-806-8096, Ext. 3103



PAROCHIAL VICAR

Rev. Peter Adoko-Enchill
frpeter@saintbrendan.org
frpeter@saintteresa.org
425-806-8096, Ext 3104

DEACONS

- Dcn. Leon Garcia-Martinez | deaconleon@saintbrendan.org
- Dcn. Armando Medina | deaconarmando@saintbrendan.org

ST. BRENDAN PARISH (STB)

Monday - Friday | 9:15AM-Noon • 12:30PM-4PM

- Church - 10100 NE 192nd St, Bothell, WA 98011-2931
- Office - 10051 NE 195th St., Bothell, WA 98011-2931
- 425-483-9400 | www.saintbrendan.org

Pastoral Assistant for Administration

Pastoral Assistant for Evangelization

Brigette Blair | ext. 2645 | bridgeteb@saintbrendan.org

Bookkeeper | Mary Deitch | ext. 2642 | bookkeeper@saintbrendan.org

Children & Family Ministry • OCIA Coordinator

Mark Sizemore | ext. 2648 | childfamilyministry@saintbrendan.org

Confirmation

Margaret De Leon | ext. 2644 | youthminister@saintbrendan.org

Director of Music | John Dobson | directorofmusic@saintbrendan.org

Facilities Supervisor

Josh Stutzman | ext. 2650 | facilitiesupervisor@saintbrendan.org

Office Assistant | Christy Avila | ext. 2677 | christya@saintbrendan.org

Receptionist | Lupita Silva Ocampo | receptionist@saintbrendan.org

Liturgical Minister Schedule • Bulletin

Ermina Swager | ermina@saintbrendan.org • bulletin@saintbrendan.org

ST. BRENDAN PARISH SCHOOL

Monday, Tuesday, Thursday, Friday | 8AM to 4PM

Wednesday | 8AM to 3PM

- 10049 NE 195th St., Bothell, WA 98011
- 425-483-8300 | www.school.saintbrendan.org

School Principal | Catherine Shumate | catherines@school.saintbrendan.org

Admissions Director | Karah Burgess | karahb@school.saintbrendan.org

Advancement Director | Kerry Engle | kerrye@school.saintbrendan.org

School Secretary | Karyn Murnane | secretary@school.saintbrendan.org

COVER ART

TITLE: *Jesus Speaks Near the Treasury (Jésus parle près du trésor)*

ARTIST - James Tissot, 1886-1896 SOURCE - BrooklynMuseum.org

ST. TERESA OF CALCUTTA PARISH (STOC)

Monday - Friday | 9:30AM - 3PM

- 17856 NE Woodinville Duvall Rd, Woodinville WA 98077
- 425-806-8096 | www.saintteresa.org

Parish Assistant for Administration

Zoltan Abraham | Ext. 3105 | zoltan@saintteresa.org

Administrative Assistant

Audrey Kozel | audrey@saintteresa.org

First Communion • Children's Catechesis

Analaura Rodriguez | Ext 3101 | analaura@saintteresa.org

Confirmation • Youth Ministry

Andrew Duncan | Ext. 3102 | andrew@saintteresa.org

OCIA Coordinator • Adult Catechesis

Mark Sizemore | childfamilyministry@saintbrendan.org

Director of Music | John Dobson | music@saintteresa.org

MINISTRY TO THE SICK AND HOMEBOUND

To arrange for the Sacrament of Anointing of the Sick, call the Ministry of Pastoral Care of the Eastern Deanery at 425-655-3200.

To arrange for Holy Communion for the sick or homebound, call the parish office.

MINISTERIO PARA LOS ENFERMOS Y LAS PERSONAS CONFINADAS EN CASA

Para concertar el Sacramento de la Unción de los Enfermos, llame al Ministerio de Atención Pastoral del Decanato Oriental al 425-655-3200.

Para concertar la Sagrada Comunión para los enfermos o las personas confinadas en casa, llame a la oficina parroquial.

FUNERAL MASSES AND BURIAL RITES

To arrange for a funeral Mass, please contact the Parish Office, or ask the funeral director to do so.

MISAS PARA FUNERALES Y RITOS DE ENTIERRO

Para hacer arreglos para Misa para funeral, por favor contacte la Oficina de la Parroquia, o pregunte al director de los servicios funerarios.

PARISH NEWSFLASH

If you would like to receive the weekly St. Teresa Newsflash over email, please let us know at admin@saintteresa.org.

To submit a bulletin announcement:

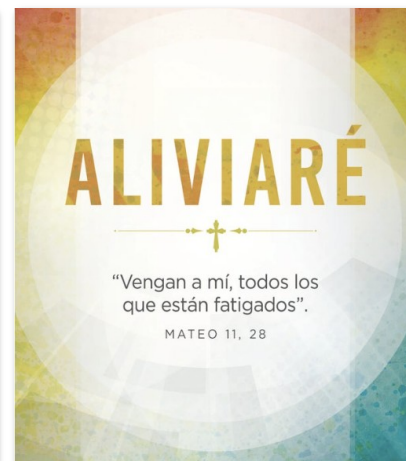
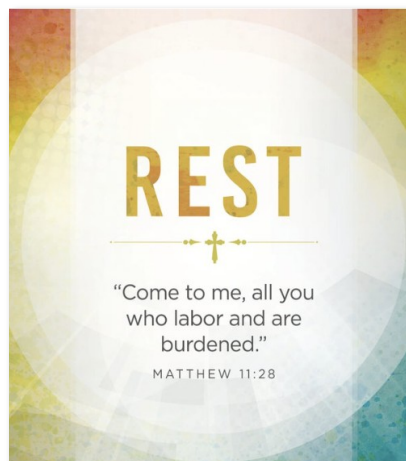
- Due Thursday a week before the target weekend.
- St. Brendan > bulletin@saintbrendan.org
- St. Teresa > admin@saintteresa.org

To submit a Mass announcement or Mass intentions:

- St. Brendan > receptionist@saintbrendan.org
- St. Teresa > admin@saintteresa.org

UPCOMING EVENTS

- **STORY TIME with Mrs. Abraham** - Sunday, JUL 5.
 - St. Brendan • After the 10AM Mass. • Coming to St. Teresa in September. >>>
 - **MOMS GROUP** - Wednesday, JUL. 8 & 22 • 9:30AM • St. Brendan. • Pg. 5
 - **CYO Registrations OPEN — Soccer • Cross Country • Volunteer Opportunities** • Pg. 9.
- SAVE THE DATES**
- **PARISH/SCHOOL MARINERS GAME** - SEP. 6 • See page 10 for ticket info.
 - **ANNUAL CHARITY ST. BRENDAN SCHOOL GOLF TOURNAMENT** - SEP. 19 • Pg. 10.
 - **ST. BRENDAN HOLIDAY CRAFT FAIR** - Saturday, NOV. 14.



STORY TIME

Mrs. Abraham is hosting Story Time in the **St. Brendan nursery on the first Sunday of each month after the 10AM Mass**. All children are welcome to come and listen. The next Story Time is **THIS Sunday, JUL. 5**. [Join her in September at St. Teresa!](#)

VACATION BIBLE SCHOOL

Note of Gratitude

THANK YOU to everyone who helped or participated in this year's Vacation Bible School. We had 58 participants from Kindergarten to 5th grade from St. Teresa and St. Brendan who had a ton of fun while learning about the nature of God.

We are grateful to the 37 volunteers who made this year's VBS possible: **teens** - Natalie, Cristina, Stephanie, Annabelle, Maxine, Noah, Anna, Lydia, Agustin, Lucy, Adele, Rachel, Gavin, Brayden, Keiryn, Genesis, Valentina, Xochitl, Mary, Peter, Emily, Michael, Giovanni, Alana, Sarah • **adults** - Mary, Rosalie, Katie, Priscilla, Megan, Grace, Hailey, Sarah, Greg, Kelly, Holly, Eileen.

Bless all the families and keep them safe during their summer break.



PRAYER AND READINGS

READINGS OF THE WEEK

14TH SUNDAY IN ORDINARY TIME

JULY 5, 2026

FOR EVER I WILL SING THE GOODNESS OF THE LORD. (Ps 89)

Sunday: Zec 9:9-10/Ps 145:1-2, 8-9, 10-11, 13-14/Rom 8:9, 11-13/Mt 11:25-30

Monday: Hos 2:16, 17c-18, 21-22/Ps 145:2-3, 4-5, 6-7, 8-9/Mt 9:18-26

Tuesday: Hos 8:4-7, 11-13/Ps 115:3-4, 5-6, 7ab-8, 9-10/Mt 9:32-38

Wednesday: Hos 10:1-3, 7-8, 12/Ps 105:2-3, 4-5, 6-7/Mt 10:1-7

Thursday: Hos 11:1-4, 8e-9/Ps 80:2ac and 3b, 15-16/Mt 10:7-15

Friday: Hos 14:2-10/Ps 51:3-4, 8-9, 12-13, 14 and 17/Mt 10:16-23

Saturday: Is 6:1-8/Ps 93:1ab, 1cd-2, 5/Mt 10:24-33

LET US PRAY FOR . . .

The Sick

All praise and glory is yours, Lord our God, for you have called us to serve you in love. Bless them so that they may bear this illness in union with your Son's obedient suffering. Restore them to health, and lead them to glory. We ask this through Christ our Lord. Amen.

Elizabeth Adoko • Joan Dedman • Samantha Deitch • Toyo Erickson
Erika Ferreri • Don Galloway • Luz Gutierrez • Hannah Joy Haug • Norman Hradec • Rebecca Jacobson • Dianne Osmialowski • Sully Mills • Francis Nash • Alexandra Rocio • Auggie Stutzman • Sarah Watson

The Deceased

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Gilberto Cruz • Steven Engel • Regina Malloy Shriver • Olga Obdulia Costilla
Bob Stevenson • Shirley Wichert

FOR IF YOU LIVE ACCORDING TO THE FLESH,
YOU WILL DIE, BUT IF BY THE SPIRIT YOU
PUT TO DEATH THE DEEDS OF THE BODY,
YOU WILL LIVE.

(ROM 8:13)

O SACRAMENT MOST HOLY

O SACRAMENT DIVINE

ALL PRAISE AND

ALL THANKSGIVING

BE EVERY MOMENT THINE



MASS INTENTIONS

Sunday, July 5

STB

8:00AM Joan Schatz

10:00AM Saint Brendan Parish

12:00PM + Osvaldo Velazco Garcia

STOC

9:00AM Special Intention

11:00AM Saint Teresa Parish

Monday, July 6

STB - 8:30AM + Fernando Cruz

STOC - NO MASS

Tuesday, July 7

STB - NO MASS

STOC - 9:00AM Bill Anderson

Wednesday, July 8

STB - 8:30AM Christy Avila

STOC - 9:00AM Teresa Ho

Thursday, July 9

STB - 8:30AM Kaylie Anderson

STOC - 9:00AM + Shirley Wichert

Friday, July 10

STB - 8:30AM + Joseph Proulx

STOC - 9:00AM + Auston Barboza

Saturday, July 11

STB

8:30AM + Clemencia Almazan

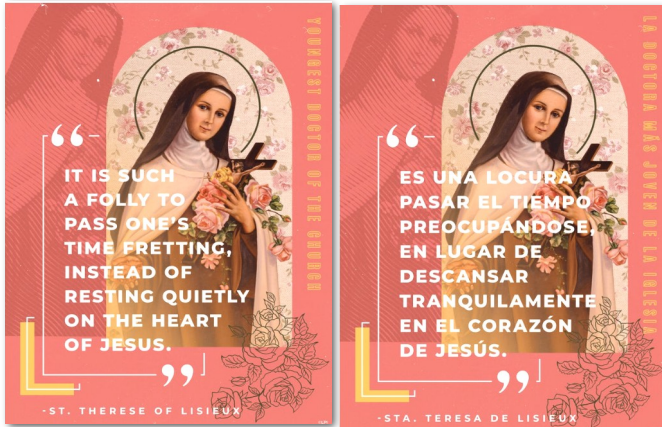
5:00PM + Steve Cottnair

STOC - 5:00PM Saint Teresa Parish

+ = deceased.

To submit a Mass intention, contact the parish office at the following email address.

- St. Brendan - receptionist@saintbrendan.org
- St. Teresa of Calcutta - admin@saintteresa.org



MOMS GROUP

Guided by Mary, we aim to be a space where mothers can find connection and community with other mothers as they seek to grow in their relationship with God and deepen their faith.

We meet every other Wednesdays at **9:30AM** in the **St. Brendan nursery**. Our next meeting is **Wednesday, JUL. 8 and JUL. 22**. All children are welcome up to 10 years of age. Please bring any toys or snacks your child may need. You can email stbmomsgroup25@gmail.com with questions or for more information.

YOUNG CATHOLIC PROFESSIONALS

Networking Happy Hour

Join YCP Seattle for our July Networking Happy Hour at Formula Brewing! This is the perfect opportunity to connect with other young adults in the Seattle area over fellowship and an ice cold drink! YCP Belong members receive a complimentary drink ticket. Food and additional drinks will be available for purchase.

Thursday, JUL. 9, 7PM to 9PM at **Formula Brewing, Issaquah**. To register, scan the QR Code or click this link. https://y.c.p.glueup.com/event/networking-happy-hour-185371/?pk_campaign=widget-event-list



**REGISTER
NOW!**

CALL FOR

VOLUNTEERS



The Serving Our Savior Program (SOS) needs some help picking up donations from grocery stores and bringing them to the church. Do you need community hours? Do you have a couple of hours on Wednesday mornings and/or afternoons, or Thursday mornings?

If you do and want to help bring food to those who need it, please contact Bill Nash at 206.999.7767.

What you do for the least of these, you do for Him.

A TOTAL GIFT: A HOMESCHOOL MOTHER RETREAT

You are invited to a half-day retreat that focuses on St. Ignatius's form of silent interior prayer. We will turn our mind and heart toward God to allow him to reveal His vision for our school year.

Saturday, July 25, 2026

9:00 a.m - 2:00 p.m

Mary Queen of Peace Catholic Church

Cost: \$20 (suggested donation)

Scan for event website & to register

atotalgift.com



Schedule

Mass
Breakfast
Rosary
Silent Prayer & Reflection
Guest Speaker
Adoration

Do you want your homeschool to be a total gift of yourself to God and to your family?

A "Total Gift" school year means seeing your school year as an opportunity to glorify Him, grow in relationship with Him, and reflect His love to others.

PARISH NEWS



KNIGHTS OF COLUMBUS CORNER (Council 6686)

- June Knight of the Month – **Bob Curry**
- June Family of the Month – **Bill and Donna Nash**
- **Congratulations to Ron Volk**, who is celebrating 50 years as a Knight of Columbus. If you see Ron be sure to congratulate him and offer him warm wishes on this milestone.
- Are you looking for a place to host a wedding reception, shower, birthday, graduation party or some other event? Look no further. The Bothell Rental Hall is a great place to hold any event. Contact Cindy Roeter at 425-418-3185 for availability.
- What does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Join 2 million Catholic men on a mission. To learn more, go to kofc.org or look for a Knight in a blue vest or contact Grand Knight Joe Osmialowski at 248-343-9021.

RESPECT LIFE MINISTRIES

Please Pray For These Expecting Mothers: Hannah Galvan Bockel • Sydney Covelio • Erin Dolenc • Sarah Hill • Taylor Lockman • Lauryn Manning • Scareth Meija • Meron • Elizabeth Nguyen • Joy Stanley • Chrissy White Cuda

Congratulations to: Tyler & Claire COOK on the birth of their daughter, Riley Camille • Tim & Jennifer McVicker on the birth of their daughter, Lucille Joan • Ryan & Lauren GREEN on the birth of their son, Callahan Howard. • We ask that God bless you and bring you much joy as you raise your little one.

If you are expecting a baby and would like your church family to pray for you, please contact Colleen Danforth at rdhcoll@aol.com.



MINISTRY AT ST. BRENDAN & ST. TERESA OF CALCUTTA

Supports families in need by providing diapers and clothing for children from birth to school age. We are located in the **lower Brendan House and are open on Tuesdays from 9AM to 11AM**. If you are in a housing or food crisis or in need of other immediate assistance, please call the State of Washington Services at 2-1-1 for help—it's FREE; they are open 24/7 and multilingual. **If you would like to make a financial donation to PREPARES, please write St. Teresa Prepares on the check.** Please contact Lori Wirtz (loriwirtz@gmail.com) with any questions.

NEED: Diapers: Size - 4T and 5T • Diaper Wipes

SAINT OF THE WEEK

120 Martyrs & Saints of China



Religious persecution has a long history in China, especially persecution of Christians, thousands of whom have died for their faith in the last millennium. Chinese Martyrs is the name given to a number of members of the Catholic Church and the Eastern Orthodox Church who were killed in China during the 19th and early 20th centuries. Most were Chinese laity, but others were missionaries from various other countries; many of them died during the Boxer Rebellion.

The 120 Catholics who died between 1648 and 1930 as its "Martyr Saints of China" were canonized by Pope John Paul II on October 1, 2000. Of the group, 87 were Chinese laypeople and 33 were missionaries; 86 died during the Boxer Rebellion in 1900. The 33 foreign-born missionaries, mostly priests and religious, included members of the Order of Preachers, Friars Minor, Jesuits, Salesians, and Franciscan Missionaries of Mary.

One of the more well-known native martyrs was a 14-year old Chinese girl named Ann Wang, who was killed during the Boxer Rebellion when she refused to renounce her religious faith. She bravely withstood the threats of her torturers, and just as she was about to be beheaded, she radiantly declared, "The door of heaven is open to all" and repeated the name of Jesus three times.

Another of the martyrs was 18-year old Chi Zhuzi, who had been preparing to receive the sacrament of Baptism when he was caught on the road one night and ordered to worship idols. He refused to do so, revealing his belief in Christ. His right arm was cut off and he was tortured, but he would not deny his faith. Rather, he fearlessly pronounced to his captors, before being flayed alive, "Every piece of my flesh, every drop of my blood will tell you that I am Christian."

Augustine Zhao Rong was the first native Chinese priest to become a martyr. Born in 1746, he was one of the soldiers who escorted Bishop John Gabriel Taurin Dufresse to his martyrdom in Beijing. The witness of the bishop led Augustine to seek baptism at age 30. He was ordained a priest five years later and was martyred in 1815. Pray for us.

FEAST DAY: JULY 9

Source: [Asian Catholic Initiative](http://AsianCatholicInitiative.org)



LEGION OF MARY

OUR LADY OF HUMILITY AUXILIARY MEMBER

SAVE THE DATE: Saturday, AUG. 29, Information forthcoming.

What is an Auxiliary member? An auxiliary member of the Legion of Mary is the spiritual or "praying wing" of the Catholic lay apostolate. Because they cannot assume the duties of active members, they support the Legion's apostolic work by offering daily prayers. To be an auxiliary member, one must make a few daily commitments:

- **The Rosary:** Praying the five decades of the Rosary every day.
- **Legion Prayers:** Reciting the daily prayers found in the Legion prayer leaflet known as the Tesserà. These include invocations to the Holy Spirit, the Catena (the Magnificat), and concluding prayers.

ADORATION - ST. BRENDAN CHAPEL

Come and spend an hour with Jesus in the St. Brendan Adoration Chapel. We need two or three people on the following days:

Monday 2PM to 3PM • 3PM to 4PM • 4PM to 5PM • 5PM to 6PM.
Tuesday 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 5PM to 6PM
Wednesday 1PM to 2PM • 3PM to 4PM | **Thursday** 3PM to 4PM • 4PM to 5PM • 5PM to 6PM | **Thursday** 4PM to 5PM | **Friday** 11am to Noon • Noon to 1PM • 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 4PM to 5PM. | **Saturday** 12AM to 1AM • 1AM to 2AM • 4AM to 5AM • 6AM to 7AM.

Adoration is seen as a way of life that provides, spiritual protection and nourishment. If you'd like to sign up or have questions, please contact Christina Plantilla at 425-486-3376.

ST. BRENDAN OVERNIGHT ADORATION OF THE HOLY EUCHARIST

Second Saturday of the Month:

- Women's Overnight Adoration—7PM to 6AM (Sunday)

Third Saturday of the Month:

- Children/Teen's Evening Adoration—6:30PM to 8:30PM
- Men's Overnight Adoration—8:30PM to 6AM (Sunday)

Segundo sábado del mes:

- Adoración nocturna de las mujeres—7PM a 6AM (domingo)

Tercer sábado del mes:

- Adoración nocturna de los niños/adolescentes—6:30PM a 8:30PM
- Adoración nocturna de los hombres—8:30PM a 6:00AM (domingo)

EVANGELIZATION

By Brigette Blair

Chris Stefanick

- [A Few Breaths: What Baby Margaret's Death Taught Me About Fear and Eternity](#)
- [The Miracle. The Process. And the 75,000 Person Event behind the Beatification of Fulton Sheen](#)
- [Why the Church Celebrates a Heart \(Not a Brain\) | Sacred Heart Sunday Reflection](#)
- [The 14 Stations of the Eucharist | Fr. Jonathan Meyer](#)
- [Eucharistic Miracles, Scientific Evidence, & What it all Means for YOU](#)
- [The Pope vs. The Terminator: What the New Encyclical Really Says About AI](#)

FORMED

- [Lectio: God](#)
- [The Art of Living](#)
- [Jesus Thirsts: The Miracle of the Eucharist](#)
- [Practicing Catholic Podcast](#)
- [Does God Send People to Hell? The Truth About Mercy](#)
- [The Heart of Prayer](#)

Bishop Barron Sunday Sermon [Fear No One](#) • [Jesus Sees Something in You](#) • [From the Exodus to the Eucharist](#)

Ascension Presents

- [How to Correct Someone Without Hurting Them | Fr. Mike Schmitz](#)
- [Do You Feel Insignificant? | Fr. Mark-Mary Ames](#)
- [You Need Rest, Here's How | Sr. Mary Grace](#)
- [What I'd Tell Someone on Their Deathbed | Fr. Mike Schmitz](#)
- [Why Be Catholic? | Fr. Mike Schmitz](#)
- [The Sin Jesus Spoke About Most Seriously | Fr. Mike Schmitz](#)
- [Fr. Mike Schmitz & Dr. Arthur Brooks Discuss Magnifica Humanitas](#)
- [Pray with Us | Prayers to Protect Us: A Collection of Prayers, Litanies, Hymns, and Readings](#)

Miscellaneous - [Catholics, Pride Month, and the Truth About Identity](#)

Fr. Mike Schmitz Homilies

- ["The Moment of Moments" | 12th Sunday in Ordinary Time](#)
- ["Precisely" | 11th Sunday in Ordinary Time](#)
- ["May They Be One" | Corpus Christi Sunday](#)

The Catholic Parent - [The Catholic Parent - FORMED](#)

For Kids

- [Chime Travelers](#) • [Awesome Animals & Mini Me](#) • [God's Knights](#) • [God's Princesses](#) • [Zack and Yalla](#) • [Brother Francis \(English & Español\)](#) • [Littlest Saints - The Wonderful World of Benjamin Cello](#)

GROWING IN FAITH

THE FLESH AND THE SPIRIT

By Zoltan Abraham

In different parts of the New Testament, we see a dichotomy delineated between the spirit and the flesh. We have to be careful as to how we interpret these passages. We could easily assume that the "spirit" here is synonymous with the spiritual, and the "flesh" with the material. But the meaning is a bit more complex. Flesh, in this context, refers to anything that takes us away from God; whereas spirit refers to anything that takes us toward God. Some material things, depending on what they are and how we approach them, can take us toward God. Some spiritual things, again depending on what they are and how we approach them, can take us away from God.

Christianity does not consider the material world to be evil. We believe that the material world is good in its nature, but fallen and marred by sin. Human nature too is fallen due to sin, and as a result, we have concupiscence, that is to say, a tendency toward sin. Due to concupiscence, our desires are disordered, and we are continually tempted to use the material world in an unwholesome way, harmful both to ourselves and to the world around us.

In reaction to this struggle, some erroneous movements in history rejected all things material. They even denounced married life as wrong, because of its physical component and were against bringing children into the world. The Catholic Church has condemned such ideas. We believe that Christ's grace can help us establish a proper relationship with the material world and thereby help us use material things in a life-giving way. What is more, when Christ returns and refashions creation, he will restore the material world to its original state of grace, before the world was marred by human sin. The New Heaven and New Earth described in the Book of Revelations will not be just a spiritual place but a physical world as well, made completely wholesome and glorious by Christ.

In fact, at the heart of our Catholic faith is belief in the resurrection. Just as Christ rose from the dead, we too will rise as well. When we die at the end of this life, our body and soul are separated. Our body disintegrates but our soul lives on for all eternity. The eternal state of our soul will depend on the choices we made in this life. If we cut ourselves off from God's love completely, our state will be Hell. If we embraced God's love completely, our state will be Heaven. If we embraced God's love only partially, we will have to pass through Purgatory, a period of purification that will eventually lead us to Heaven.

Then, at the Second Coming of Christ, when he returns to judge the whole world, all of humanity will be resurrected. We will all receive back our physical body, which will be reunited with our soul, thereby completing our human condition. But the

body we will receive will no longer be subject to fallen nature, but will be perfect. Our new bodies will never age, get sick, or even tire, and they will never die again. All those who are saved will live body and soul eternally in the new, refashioned creation that Christ will bring about at the end of the ages.

The idea of that Heavenly blessedness is such a beautiful vision. Having said that, we might dread the many more years of suffering and hardship that we must endure in the world we live in now. But in the Gospel Reading for today Jesus tells us: "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light." (Matthew 11:28-30)

Sooner or later all of our lives will be visited by some profound suffering, which we cannot escape or even alleviate. The more we struggle against this suffering, the more angry, hurt, and dispirited we will be. But if we embrace the Cross of our suffering, just as Jesus embraced his, everything will be transformed. If we embrace our Cross and unite our suffering with the suffering of Christ, we will find peace and even joy in the midst of our suffering. That is not to say that the suffering will go away, because we will still feel the pain. But now the pain will be bearable and even meaningful. We will feel joy and a profound sense of peace even as we suffer.

What is more, the peace that we experience in this life is just a limited foreshadowing of the perfect peace we will be given in eternity. In the First Reading for this Sunday, we see an intimation of that peace. The passage is a prophetic anticipation of the Second Coming of Christ, when he will restore the order of the world. All the nations will be subject to him and his peace will rule the human race.

As we await the coming of Christ, let us not forget that his reign will not just be starting at that time. The reign of Christ has already begun. He is the Alpha and the Omega, the beginning and the end. After the Second Coming, his reign will reach its fullness, but he reigns already. The Catholic Church professes the social kingship of Christ, that Christ is the king of our society already today, not just in the future. Thus, our goal should be not just to make Christ the king of our individual lives but to make Christ the king of our society as a whole, so that all aspects of our society, whether education, politics, or entertainment, are subject to Christ here and now. By doing so, we help the world experience the infinite love of Christ, and we prepare others and ourselves for the inexpressibly beautiful reality of the New Jerusalem that Christ will bring into being in the fullness of time.

If you would like to read more of Zoltan's writings, you can find them at www.zoltanabraham.com.

PARISH FAMILY OUTREACH AND SERVICE

Fairwind - Brittany Park | John McGuinness | johnmcg@gmail.com

Kids of the World | Ken Fabrizio | kenfabrizio4@gmail.com

Knights of Columbus

- STB - Joe Osmialowski | 248-343-9021
- STOC - Dennis Hammonds | den-nishammonds45@gmail.com

Ministry to the Homebound

- Bothell Health Care | Cogir of Bothell Memory Care - STB - Anne Chapman 206-234-5849
- All others - STB - Contact receptionist@saintbrendan.org
- STOC - Contact admin@saintteresa.org

Prepares (Pregnancy Support) | Lori Wirtz - loriwirtz@gmail.com

Respect Life | Colleen Danforth - rdhcoll@aol.com

Serving Our Savior (SOS) | Priscilla Finch - cilfinch@hotmail

St. Vincent de Paul

- STB - Margie Inghram | 425-486-8953
- STOC - Marion Scichilone | bpgourmet@yahoo.com

SERVING OUR SAVIOR (S.O.S.) SOUP KITCHEN MINISTRY

Many thanks for the continued generous donations to fill our pantry. Below are what is still needed.

NEED: Canned tuna • canned cream of chicken soup.

Please only donate unexpired goods in their original packaging.



OUR ST. VINCENT DE PAUL is in need of the following items.

Desperately need: Paper towels • toilet paper • canned fruit (e.g., peaches, pears, fruit cocktail, etc.) • Mac 'n' Cheese (*Kraft* is favorite) • laundry detergent • cooking oil • dishwashing liquid (*Dawn* is recommended as it can be used for other purposes).

Can always use: Toothpaste • under-arm deodorant • shampoo • bar soap (*Dial* or other anti-bacterial bath soaps) • cleaning supplies such as spray cleaner (*409*, *Windex*, *Clorox* and others) • sponges • furniture polish, • jams and jellies • packaged meals (e.g., chili, rice pilaf and other rice dishes, potato dishes, stuff you mix with hamburger or other proteins) • mixes for baking (corn bread is always a good one, but occasionally we get a request for cake mix/frosting for a family birthday) • *Bisquick* or similar baking mix • single meal-sized boxes of rice (e.g., *Minute Rice* or *Uncle Ben's*). **We appreciate your generous support!**



CYO SPOTLIGHT

Hey, Parents – did you know that your children are eligible and welcome to participate in all St. Brendan CYO sports programs simply by being registered parishioners at either St. Brendan or St. Teresa of Calcutta Parish Family? Financial Assistance is available to help with registration fees, please contact CYOad@saintbrendan.org for details. For more information on CYO and the programs offered at St. Brendan, please reach out to Ena Demeter at cyosecretary@saintbrendan.org.

ST. BRENDAN CYO SOCCER – REGISTRATION NOW OPEN!

Calling all **soccer families!** It's time to lace up your cleats. **St. Brendan CYO Soccer registration is officially open** for students in **Pre-K through 8th grade!**

Don't wait—early registration is encouraged! Fees increase with late sign-ups, so secure your spot today.

Exciting News for the Season Ahead! We're thrilled to share that **brand-new goals** have been added—making this season even better for all our athletes!

Volunteer Coaches Needed Our program thrives because of our amazing volunteers! If you're interested in coaching this fall, please **sign up by the end of June**. Early commitments help ensure every team has the support it needs.

Questions? We're here to help! Contact **Rob Flajole, Soccer Coordinator** - cyosoccer@saintbrendan.org

Join us for a fun, active, and rewarding season—we can't wait to see you on the pitch!

ST. BRENDAN CROSS COUNTRY

Registration is Now Open!

Calling all students in Grades K–8! Runners of every age and ability level are welcome to join. Whether your child is brand new to running or already loves to race — there's a place for everyone on the team!

• **Early-Bird Registration:** Through August 29th | \$55 per runner

• **Late Registration:** Through September 8th | \$75 per runner

Get Involved — We Need Coaches! We're looking for **volunteer coaches** to help lead practices and make this season a success.

Join Us for a Great Season! Be part of a fun, supportive experience focused on: Fitness • Teamwork • School Spirit

Questions or Interested in Coaching? Contact: Meg Koury (cycrosscountry@saintbrendan.org) Cross Country Coordinator

ST. BRENDAN SCHOOL CORNER



Apply Today!



PRESCHOOL & PREKINDERGARTEN PROGRAM

Our Early Childhood Program offers children a safe place to explore, create, pray and learn within a loving community where they are known, valued and supported every step of the way.



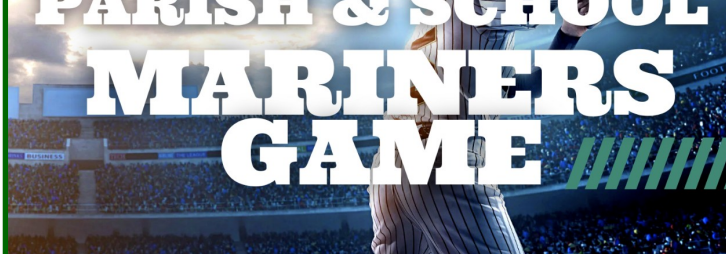
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QUESTIONS? [KERRYE@SCHOOL.SAINTBRENDAN.ORG](mailto:kerrye@school.saintbrendan.org)

14th Annual Golf Tournament
Saturday, September 19th
Promo Code: Earlybird15



14TH ANNUAL CHARITY GOLF TOURNAMENT




The Golf Club at Redmond Ridge

SATURDAY
19th SEPTEMBER, 2026
8:00 AM

STANDARD TICKET	VIP TICKET PACKAGE
\$165	\$215

KERRYE@SCHOOL.SAINTBRENDAN.ORG

St. Brendan
Holiday Craft Fair

Saturday, November 14, 2026

SAVE THE DATE: ST BRENDAN HOLIDAY CRAFT FAIR 2026

This year's Holiday Craft Fair will be held Saturday, November 14, 2026. Vendor applications for the 2026 Holiday Craft Fair are now being accepted (due date May 29, 2026).

The Holiday Craft Fair is our largest community event featuring 100+ small business craft vendors, our beloved bake sale, photos with Santa, and MORE!

Questions about the Craft Fair or to request an application please reach out at CraftFair@school.saintbrendan.org

ONLINE PARISHIONER STEWARDSHIP PLEDGES & ONLINE GIVING

Every person's finances and family situation is different. Jesus makes it clear that it matters not how much one gives, but that it is planned, calculated, at least some-what sacrificial (see Luke 24:1-4), and not simply from what is "leftover" at the end of the month. We propose the tithe (10%) as the ideal every family can consider working towards. This means taking steps to give 5% to one's parish and 5% to other charities, or causes you have personal passion for.

You can give online at:

- St. Brendan Parish (STB) - parish.saintbrendan.org
- St. Teresa of Calcutta (STOC) - <https://pushpay.com/g/saintteresacalcutta>
- OR can the QR codes with your phone's camera, >>>
It's quick, secure, convenient, and easy. Your support helps sustain our parish family. If you need help with online giving, please call the Parish Office at 425-483-9400 (STB) or 425-806-8096 (STOC)

PARISH STEWARDSHIP

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