

WELCOME TO SAINT BRENDAN & SAINT TERESA OF CALCUTTA PARISH FAMILY

TWENTY-SECOND SUNDAY OF LENT
AUGUST 30, 2026

*"For whoever wishes to save his life will lose it, but
whoever loses his life for my sake will find it."
(Mt 16:25)*



SAINT BRENDAN PARISH | STB



SUNDAY MASS

- Saturday Vigil | 5PM
 - Sunday | 8AM | 10AM* | 12PM* (Misa en Español)
- * LIVESTREAM ON FACEBOOK

DAILY MASS Monday, Wednesday - Saturday | 8:30AM

ADORATION

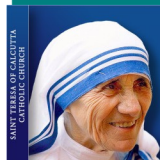
- Monday - Thursday | 1PM to 6PM • Friday | 9:30AM to 6PM
- First Friday | 9:30AM to FIRST SATURDAY DEVOTION at 7:30AM*

*WITH ROSARY FOLLOWED BY BENEDICTION

CONFESSION

- Monday, Wednesday - Saturday | 7:45AM - 8:15AM
- Saturday | 2:30PM - 4PM

SAINT TERESA OF CALCUTTA PARISH | STOC



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 9AM | 11AM

DAILY MASS - Tuesday to Friday | 9AM

ADORATION

- Tuesday - Friday | 8:30am (Prior to Daily Mass)
- Benediction just before 9am Mass

CONFESSION

- Saturday | 3pm to 4:30pm
- Other: By Appointment.

*"Help me to journey beyond the familiar and into the unknown.
Give me the faith to leave old ways and break fresh ground with You."
—ST. BRENDAN, THE NAVIGATOR*

*"Do small things with great love"
— ST. MOTHER TERESA OF CALCUTTA*

PARISH DIRECTORY



PASTOR

Rev. Nicholas Wichert
frwichert@saintbrendan.org
425-483-9400, Ext 2647
frwichert@saintteresa.org
425-806-8096, Ext. 3103



PAROCHIAL VICAR

Rev. Peter Adoko-Enchill
frpeter@saintbrendan.org
frpeter@saintteresa.org
425-806-8096, Ext 3104

DEACONS

- Dcn. Leon Garcia-Martinez | deaconleon@saintbrendan.org
- Dcn. Armando Medina | deaconarmando@saintbrendan.org

ST. BRENDAN PARISH (STB)

Monday - Friday | 9:15AM-Noon • 12:30PM-4PM

- Church - 10100 NE 192nd St, Bothell, WA 98011-2931
- Office - 10051 NE 195th St., Bothell, WA 98011-2931
- 425-483-9400 | www.saintbrendan.org

Pastoral Assistant for Administration

Pastoral Assistant for Evangelization

Brigette Blair | ext. 2645 | bridgetteb@saintbrendan.org

Bookkeeper | Mary Deitch | ext. 2642 | bookkeeper@saintbrendan.org

Children & Family Ministry • OCIA Coordinator

Mark Sizemore | ext. 2648 | childfamilyministry@saintbrendan.org

Confirmation

Andrew Duncan | Ext. 3102 | andrew@saintteresa.org

Director of Music | John Dobson | directorofmusic@saintbrendan.org

Facilities Supervisor

Josh Stutzman | ext. 2650 | facilitiesupervisor@saintbrendan.org Office

Assistant | Christy Avila | ext. 2677 | christya@saintbrendan.org

Receptionist | Lupita Silva Ocampo | receptionist@saintbrendan.org

Liturgical Minister Schedule • Bulletin

Ermina Swager | ermina@saintbrendan.org • bulletin@saintbrendan.org

ST. BRENDAN PARISH SCHOOL

Monday, Tuesday, Thursday, Friday | 8AM to 4PM

Wednesday | 8AM to 3PM

- 10049 NE 195th St., Bothell, WA 98011
- 425-483-8300 | www.school.saintbrendan.org

School Principal | Catherine Shumate | catherines@school.saintbrendan.org

Admissions Director | Karah Burgess | karahb@school.saintbrendan.org

Advancement Director | Kerry Engle | kerrye@school.saintbrendan.org

School Secretary | Karyn Murnane | secretary@school.saintbrendan.org

COVER ART

TITLE: Crucifixion of Saint Peter, 1601 •

ARTIST: Michelangelo Merisi da Caravaggio | **SOURCE:** [wikipedia.org](https://en.wikipedia.org/wiki/Crucifixion_of_Saint_Peter)

ST. TERESA OF CALCUTTA PARISH (STOC)

Monday - Friday | 9:30AM - 3PM

- 17856 NE Woodinville Duvall Rd, Woodinville WA 98077
- 425-806-8096 | www.saintteresa.org

Parish Assistant for Administration

Zoltan Abraham | Ext.3105 | zoltan@saintteresa.org

Administrative Assistant

Audrey Kozel | audrey@saintteresa.org

First Communion • Children's Catechesis

Analaura Rodriguez | Ext 3101 | analaura@saintteresa.org

Confirmation • Youth Ministry

Andrew Duncan | Ext. 3102 | andrew@saintteresa.org

OCIA Coordinator • Adult Catechesis

Mark Sizemore | childfamilyministry@saintbrendan.org

Director of Music | John Dobson | music@saintteresa.org

MINISTRY TO THE SICK AND HOMEBOUND

To arrange for the Sacrament of Anointing of the Sick, call the Ministry of Pastoral Care of the Eastern Deanery at 425-655-3200.

To arrange for Holy Communion for the sick or homebound, call the parish office.

MINISTERIO PARA LOS ENFERMOS Y LAS PERSONAS CONFINADAS EN CASA

Para concertar el Sacramento de la Unción de los Enfermos, llame al Ministerio de Atención Pastoral del Decanato Oriental al 425-655-3200.

Para concertar la Sagrada Comunión para los enfermos o las personas confinadas en casa, llame a la oficina parroquial.

FUNERAL MASSES AND BURIAL RITES

To arrange for a funeral Mass, please contact the Parish Office, or ask the funeral director to do so.

MISAS PARA FUNERALES Y RITOS DE ENTIERRO

Para hacer arreglos para Misa para funeral, por favor contacte la Oficina de la Parroquia, o pregunte al director de los servicios funerarios.

PARISH NEWSFLASH

If you would like to receive the weekly St. Teresa Newsflash over email, please let us know at admin@saintteresa.org.

TO SUBMIT A BULLETIN ANNOUNCEMENT:

- Due Thursday *a week* before the target weekend.
- St. Brendan > bulletin@saintbrendan.org
- St. Teresa > admin@saintteresa.org

TO SUBMIT A MASS ANNOUNCEMENT OR MASS INTENTIONS:

- St. Brendan > receptionist@saintbrendan.org
- St. Teresa > admin@saintteresa.org

UPCOMING EVENTS

- **DISCIPLES CLUB REGISTRATION** - Now OPEN. See below.
- **OCIA REGISTRATION** - Now OPEN • See next column.
- **MOMS GROUP** - Wednesday, SEP. 2 • 9:30AM St. Brendan.
- **STORY TIME WITH MRS. ABRAHAM** - Sunday, SEP. 6 • After the 10AM Mass • St. Brendan. >>>
- **OCIA CLASSES** (English) - Begins Thursday, SEP. 10 • 6:30PM St. Brendan • Registration info >>.
- **CLASES DE LA OCIA:** Comienzan el domingo 13 de septiembre • 9:30AM • St. Brendan • Información sobre la inscripción >>.
- **DISCIPLES CLUB CLASSES** - Begins Wednesday, SEP. 16 • 6PM to 7PM
- **MEN'S NOCTURNAL ADORATION** - Saturday, SEP. 19 • 9:30PM • St. Brendan.
- **PARISH FAMILY HARVEST FESTIVAL**- Sunday, SEP. 20 • NOON • St. Teresa • More info soon. • Pg. 6.
- **PARISH/SCHOOL MARINERS GAME** - SEP. 6 • See page 10 for ticket info.
- **ANNUAL CHARITY ST. BRENDAN SCHOOL GOLF TOURNAMENT** - SEP. 19 • Pg. 10.
- **YOUNG-AT-HEART SENIORS** - Wednesday, SEP. 23 • Pg. 5.

THIS WEEK'S DAILY MASS TIMES

This week's parish family daily Mass will be at St. Brendan at 8:30AM on Monday and Wednesday through Saturday.

St. Brendan & St. Teresa of Calcutta Parish Family

OCIA REGISTRATION

Order of Christian Initiation of Adults (OCIA)




Become Catholic

For Adults 18 and Over.
For Catholics who need the Sacraments and non-Catholics who wish to join the Church.

First class begins on SEPT. 10 at St. Brendan Catholic Church. Classes meet weekly on Thursday nights from 6:30PM to 8:00PM.

Adultos mayores de 18 años
Para Católicos que necesitan Sacramentos y no católicos que desean unirse a la iglesia

La primera clase comienza el 13 de SEP. en la iglesia Católica de San Brendan. Las clases se imparten semanalmente los domingos por la mañana, de 9:30 a 11:30.

Register via the QR Code, link, or via paper forms.

Inscríbete mediante el código QR, el enlace o los formularios en papel.

- English
<https://archseattle.ccbchurch.com/goto/forms/8626/responses/new>
- Español
<https://archseattle.ccbchurch.com/goto/forms/8649/responses/new>



MOMS GROUP

Guided by Mary, we aim to be a space where mothers can find connection and community with other mothers as they seek to grow in their relationship with God and deepen their faith.

We meet every other Wednesdays at 9:30AM in the St. Brendan nursery. Our next meeting will be on **Wednesday, SEP. 2**. Children are welcome! Please bring any toys or snacks your child may need. You can email stbmomsgroup25@gmail.com with questions or for more information.

STORY TIME

Mrs. Abraham is hosting Story Time in the St. Brendan nursery on the first Sunday of each month after the 10AM Mass. All children are welcome to come and listen. The next Story Time is Sunday, SEP. 6. **Starting next month, on SEP 20, also join her at St. Teresa on every third Sunday of the month.**



DISCIPLES CLUB

Gear up for a great year of faith, community, and Jesus' adventure!

- First Reconciliation
- First Communion
- Ongoing Faith Education
- To register, scan the QR Code below. Paper forms are available in the narthex. All children, grades 1 thru 5 should be registered.

REGISTER NOW!
GRADES 1 THRU 5

CLASSES BEGIN WEDNESDAY
SEPTEMBER 16TH - 6 TO 7 PM
AT ST. BRENDAN SCHOOL



PRAYERS & READINGS

READINGS OF THE WEEK

22ND SUNDAY IN ORDINARY TIME
AUGUST 30, 2026

MY SOUL IS THIRSTING FOR YOU, O LORD MY GOD. (PS 63)

- Sunday:** Jer 20:7-9 • Ps 63:2, 3-6, 8-9 • Rom 12:1-2 • Mt 16:21-27
- Monday:** 1 Cor 2:1-5 • Ps 119: 97-102 • Lk 4:16-30
- Tuesday:** 1 Cor 2:10b-16 • Ps 145:8-13abcd-14 • Lk 4:31-37
- Wednesday:** 1 Cor 3:1-9 • Ps 33:12-15, 20-21 • Lk 4:38-44
- Thursday:** 1 Cor 3:18-23 • Ps 24:1bc-3, 4ab-6 • Lk 5:1-11
- Friday:** 1 Cor 4:1-5 • Ps 37:3-4, 5-6, 27-28, 39-40 • Lk 5:33-39
- Saturday:** 1 Cor 4:6b-15 • Ps 145:17-21 • Lk 6:1-5

LET US PRAY FOR . . .

The Sick

All praise and glory is yours, Lord our God, for you have called us to serve you in love. Bless them so that they may bear this illness in union with your Son's obedient suffering. Restore them to health, and lead them to glory. We ask this through Christ our Lord. Amen.

- Marta Acuña • Harrison Carlin • Cash Crawford • Joan Dedman • Tim Dickison • Toyo Erickson • Rachel Flanagan • Luz Gutierrez • Consuelo Haire • Hannah Joy Haug • Joseph Hayden III • Norman Hradec • Rebecca Jacobson • Ryan Jacobson • Christopher Lagestrom • Joe Matthews • Melissa Matthews • Thomas Nash • Dianne Osmialowski • Marilyn Phelps • Megan Riggs • Alexandra Rocio-Hays • Kyle Stemm • Sarah Watson.

The Deceased

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

- J.D. Albin • Patricia Baumann • Olive Bowasi • Benito Go • Patrick Guentert • Terry Losh • Jon Mott • Elia Nava • Emma Neuman • Tom Nickolson • Arlene Plancich • Ron Runyon • Katie Sanchez • Eleonore Shotwell • Tekla Vanderwel.

I URGE YOU, BROTHERS AND SISTERS, BY THE MERCIES
OF GOD, TO OFFER YOUR BODIES AS A LIVING
SACRIFICE, HOLY AND PLEASING TO GOD, YOUR
SPIRITUAL WORSHIP.
(ROM 12:1)

O Sacrament Most Holy
O Sacrament Divine All Praise
and All Thanksgiving Be Every
MomentThine



MASS INTENTIONS

Sunday, August 30

- STB**
8:00AM Christopher Jensen
10:00AM Saint Brendan Parish
12:00PM + Lucas Rodriguez Lopez
- STOC**
9:00AM Saint Teresa Parish
11:00AM Saint Teresa Parish

Monday, August 31

- STB** - 8:30AM + Jack White
STOC - 9:00AM

Tuesday, September 1

- STB** - NO MASS
STOC - 9:00AM NO MASS

Wednesday, September 2

- STB** - 8:30AM + Patricia Baumann
STOC - 9:00AM Kathryn Jensen

Thursday, September 3

- STB** - 8:30AM + Arlene Plancich
STOC - 9:00AM All Priests

Friday, September 4

- STB** - 8:30AM + Shirley Wichert
STOC - 9:00AM Saint Teresa Parish

Saturday, September 5

- STB**
8:30AM Kileea Pablo
5:00PM + Shirley Wichert
STOC - 5:00PM Saint Teresa Parish

+ = deceased.

To submit a Mass intention, contact the parish office at the following email address.

- St. Brendan - receptionist@saintbrendan.org
- St. Teresa of Calcutta - admin@saintteresa.org



RESPECT LIFE MINISTRIES

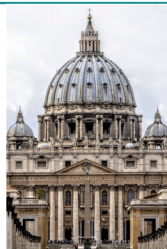
Please Pray For These Expecting Mothers: Sydney Covello • Erin Dolenc • Sarah Hill • Taylor Lockman • Lauryn Manning • Scareth Meija • Meron • Maggie Mock • Hannah Moxley • Joy Stanley • Chrissy White Cuda

Congratulations to: Alex & Hannah Galvan BOCKEL on the birth of their daughter, Alannah Rose • Ryan & Lauren GREEN on the birth of their son, Callahan Howard. We ask that God bless you and bring you much joy as you raise your little one.

If you are expecting a baby and would like your church family to pray for you, please contact Colleen Danforth at rdhcoll@aol.com.

YOUNG AT HEART SENIORS

Please circle **Wednesday, SEP. 23**, on your calendar. That is the day that seniors of our Parish Family are invited to come to **St. Brendan narthex at 10:30AM** to learn about the activities planned for the 2026-2027 year. The highlight of the day, however, will be the **presentation by Marianne Marion on "The Trip of a Lifetime"**, in which she will share with us her fantastic experience of being in Italy during Holy Week. A light lunch will follow the presentation. Please contact Donna (206-335-4469) if you have any questions or if you would like to help with the setup or to provide food.



HOLY HOUR / HORA SANTA

We will hold a Holy Hour for families and children, including small children (and babies!), on **Monday, SEP 14, from 6 PM to 7 PM in the small chapel at St. Brendan**. Come and let yourself be blessed by the Lord. Bring the whole family, including babies and small kids. We will pray with hymns, silence, and directed meditations, and will receive benediction.

Tendremos una Hora Santa para las familias con hijos pequeños (y bebés!) el **Lunes 14 de Septiembre, de las 6 a las 7 de la noche en la en la capilla de San Brendan**. Ven y déjate bendecir por el Señor, trae a toda tu familia. Rezaremos con himnos, silencio, meditaciones dirigidas y recibiremos la bendición.



KNIGHTS OF COLUMBUS CORNER (COUNCIL 6686)

- **August Knight of the Month** – Mike Baumann
- **August Family of the Month** – Joe & Dianne Osmialowski
- **The 'Sharing the Cross Hike' to support seminarians and vocations takes place on the weekend of SEP. 11-12.** The Knights will be in the narthex after all masses asking for support from the parish community. Please be generous.
- Are you looking for a place to host a wedding reception, shower, birthday, graduation party or some other event? Look no further. The Bothell Rental Hall is a great place to hold any event. Contact Cindy Roeter at 425-418-3185 for availability.
- What does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Join 2 million Catholic men on a mission. To learn more, go to kofc.org or look for a Knight in a blue vest or contact Grand Knight Joe Osmialowski at 248-343-9021.

PARISH NEWS

SPIRITUAL ADOPTION UPDATE

"I looked around today!"

Our spiritual adopted babies are now seven months old. Beginning this month the baby uses four senses. His eyelids open and close and the eyes look around. The baby can taste, touch, cough, yawn and hiccup. He now recognizes his mother's voice and he responds when her voice reaches his ears. His grip is even stronger now than it will be after his birth. The hair on his head is growing longer and the downy covering on the rest of his body is disappearing. During this time the baby will receive antibodies from the mother providing him immunity to a wide variety of diseases.

Truly you have formed my inmost being, you knit me in my mother's womb. I give you thanks that I am fearfully, wonderfully made: wonderful are your works. My soul also you knew full well nor was my frame unknown to you when I was made in secret, when I was fashioned in the depths of the earth. Your eyes have seen my actions; in your book they are written; my days were limited before one of them existed.

— Psalms 139: 13-16

next step
PREGNANCY
SERVICES

Gala
2026

SEATS ARE
filling up—
don't miss
this special
evening!

AN EVENING OF
HOPE IMPACT LIFE

SATURDAY
SEPTEMBER 19TH

5:30PM
DOORS OPEN

HOLY ROSARY
PASTORAL CENTER
IN EDMONDS

JOIN US FOR AN EVENING OF
HOPE IMPACT LIFE

REGISTER TODAY!

nssupport.org/gala2026

Gala Tickets and More!

Empowering women. Saving lives. Building futures.

SAINT OF THE WEEK

St. Gregory the Great

Pope and Doctor of the Church



Saint Gregory the Great lived in a most turbulent time. There were devastating episodes of plague, the sacking of Rome and the breakdown of strong Roman rule, invasions by Lombards and Franks, floods, and a widening gap between imperial Byzantium and the Roman Church.

Born around 540 into a noble Roman family, Saint Gregory was probably trained in law, and started his public service as a Prefect of Rome. However, upon the death of his father, he converted his family home to monastery, where he resided as a monk. He built six more monasteries in Sicily and one in Rome.

Often called the father of the medieval papacy and Apostle of the English, Saint Gregory was named Pope by acclamation in 590. Although he was reluctant to assume this post, preferring the cloistered life, his accomplishments were many. He was an extremely capable manager of Church estates and tenants and is known for his reform of the liturgy. He was instrumental in the consolidation of papal power and led the fight against the many heresies promoted by small Christian groups at the time. Through his prolific correspondence he oversaw monastic life, curtailing the power of grasping bishops, correcting abuses, and enforcing discipline. He was particularly concerned with the conversion of England, sending 40 monks from his monastery to evangelize there.

Saint Gregory died in 604 and was sainted immediately. He is one of four key doctors of the Western Church. Among the miracles attributed to him is a Eucharistic miracle in which the woman who prepared the bread for communion laughed at the consecration, denying the transformation of the bread to the real presence of Jesus. Saint Gregory prayed for the Lord to show the congregation the truth and confirm their belief. The piece of bread transformed into a piece of flesh and then returned to bread, reforming the woman, and strengthening the faith of all.

St. Gregory the Great, pray for us!

PATRON SAINT OF: Musicians • Singers • Students • Teachers.

FEAST DAY: September 3

Source: LPI

BACK-TO-SCHOOL PRAYER

Blessed are you, LORD GOD, creator of body and mind and heart; you have the SPIRIT OF WISDOM and knowledge to guide your people in their ways.

At the beginning of this new school year, in this time of uncertainty and anxiety, we implore your mercy.

Bless and protect our students, teachers, staff, and their families. Give wisdom to the decisionmakers, be they in our schools or in our homes.

Expand the horizons of our minds, and deepen our commitment to seek the truth of your ways. Enliven our faith to reach out to those in need, particularly those isolated and lonely.

In these days when so much has changed, help us to trust in the love of your SON JESUS, our DIVINE TEACHER, who is the same yesterday, today, and forever. Amen.

SEPT 4 - FIRST FRIDAY 24 HOURS ADORATION SEPT 5 - FIRST SATURDAY DEVOTION

Spend time in the true presence of Jesus in the Blessed Sacrament. Start after the 8:30 AM Friday Mass and continues the whole night and finish the following day with First Saturday devotion start 7:30 AM ended with Benediction followed by 8:30AM Mass.

ADORATION - ST. BRENDAN CHAPEL

Come and spend an hour with Jesus in the St. Brendan Adoration Chapel. We need two or three people on the following days:

Monday 2PM to 3PM • 3PM to 4PM • 4PM to 5PM • 5PM to -6PM. | **Tuesday** 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 5PM to 6PM | **Wednesday** 1PM to 2PM • 3PM to 4PM | **Thursday** 3PM to 4PM • 4PM to 5PM • 5PM to 6PM | **Friday** 11am to Noon • Noon to 1PM • 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 4PM to 5PM. **Saturday** 12AM to 1AM • 1AM to 2AM • 4AM to 5AM • 6AM to 7AM.

If you'd like to sign up or have questions, please contact Christina Plantilla at 425-486-3376.

ST. BRENDAN OVERNIGHT ADORATION OF THE HOLY EUCHARIST

Second Saturday of the Month:

- Women's Overnight Adoration—7PM to 6AM (Sunday)

Third Saturday of the Month:

- Children/Teen's Evening Adoration—6:30PM to 8:30PM
- Men's Overnight Adoration—8:30PM to 6AM (Sunday)

Segundo sábado del mes:

- Adoración nocturna de las mujeres—7PM a 6AM (domingo)

Tercer sábado del mes:

- Adoración nocturna de los niños/adolescentes—6:30PM a 8:30PM
- Adoración nocturna de los hombres—8:30PM a 6:00AM (domingo).

EVANGELIZATION

By Brigitte Blair

Chris Stefanick

- [The Hidden Identity Crisis in Women's Sports](#) | Sam Kelley
- [5 Simple Ways to Actually Change Your Life](#) | Fr. Jonathan Meyer
- [Gym Bro Secrets + Theology of the Body \(This Combo Works\)](#)
- [Christopher West Answers YOUR Questions About Sex, Dating & Gender](#)
- [The Tricky Temptation Nobody Talks About \(It's Not What You Think\)](#)

FORMED

- [Restless Heart](#)
- [Based on a True Saint](#)
- [Lectio: God](#)
- [What Is the Anointing of the Sick? | Catholic Sacraments Explained](#)
- [The Art of Living](#)
- [Jesus Thirsts: The Miracle of the Eucharist](#)
- [Practicing Catholic Podcast](#)
- [Does God Send People to Hell? The Truth About Mercy](#)
- [The Heart of Prayer](#)

Bishop Barron Sunday Sermon

[The Church Prevails](#) • [How Not to Read the Story of the Syrophenician Woman](#) • [A Tiny Whispering Voice](#)

Ascension Presents

- [Not Sure Who You're Supposed to Be? St. Paul Has the Answer!](#) | Fr. Columba Jordan
- [Fr. Mike Schmitz Reviews The Odyssey AND Spider-Man Create These Habits to Master Prayer](#) | Sr. Mary Josephine
- [If You Feel Like You're Constantly Missing the Mark](#)
- [Father Mike Schmitz opens up about his vocation, faith, & his first trip to Ireland](#)
- ["I've Been Thinking About This Everyday"](#)
- [Fr. Mark-Mary Explains the Liturgy of the Hours in Less than 7 Minutes](#)
- [Called to Lift the Next Generation](#) | Fr. Mike Schmitz and JoAnn Chávez

Fr. Mike Schmitz Homilies

- ["Who Do You Say?"](#) | 21st Sunday in Ordinary Time
- ["Can God Say 'No'?"](#) | 20th Sunday in Ordinary Time
- ["In the Storm"](#) | 19th Sunday in Ordinary Time

The Catholic Parent - [The Catholic Parent](#) - FORMED

For Kids

- [Owlegories](#) • [Chime Travelers](#) • [Awesome Animals & Mini Me](#) • [Zack and Yalla](#) • [Brother Francis \(English & Español\)](#) • [Littlest Saints](#)
- [The Wonderful World of Benjamin Cello](#)

GROWING IN FAITH

FEAR OF THE CROSS

By Catholic Daily Reflections

“Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it. What profit would there be for one to gain the whole world and forfeit his life? Or what can one give in exchange for his life?”

— Matthew 16:24–26

Just before Jesus gave this teaching, He predicted to the Twelve for the first time that He would “suffer greatly from the elders, the chief priests, and the scribes, and be killed and on the third day be raised.” In fear, Peter objected, saying, “God forbid, Lord! No such thing shall ever happen to you.” To Peter’s statement, Jesus responds firmly, “Get behind me, Satan! You are an obstacle to me. You are thinking not as God does, but as human beings do.” What a difficult thing that must have been to hear from Jesus!

Jesus was ready and willing to suffer and die for the salvation of the world. He knew that by dying He would transform death itself into the very means of eternal salvation. He knew that laying down His life in this way was the greatest act of love He could offer; therefore, Jesus didn’t hesitate at all. He was ready and willing to give His human life so that we could live.

To understand this we must realize three things. First, by assuming our human nature, Jesus forged a bond between God and humanity. Second, by sharing in our death He made it possible for us to cling to Him in our own death. Third, by rising from the dead, Jesus made it possible for those who cling to Him in death to also share in His Resurrection. Though we will only fully understand this great mystery of redemption in Heaven, we must strive to comprehend it as best we can here on earth.

Peter did not understand this, at least not at that moment when Jesus first revealed it. Peter allowed fear to tempt him to interfere in Jesus’ glorious act of salvation. This is why Jesus rebuked him so strongly. It was a loving rebuke meant to free Peter from his fear and to give him courage to embrace the Sacrifice Jesus was about to offer.

The passage quoted above follows Peter’s rebuke and is Jesus’ instruction on how we will all share in His gift of salvation. In order to rise with Christ, we must freely die with Him. We must deny ourselves, meaning all selfishness and sin, and imitate Jesus’ heroic sacrificial gift of His life. The result will be that we are united to Him in His death and in His Resurrection to new life.

Fear can paralyze us. But fear, in this case, is a response that is based on an error. We embrace that error when we act out of selfishness. Each of us will die. That’s a fact. The question is how we die. We can either die selfishly, seeing our earthly life as the center of all. Or we can die in a self-giving way with our Lord by uniting ourselves to His act of sacrificial love. We do this by turning our eyes away from ourselves and seeking out every way that we can imitate Jesus’ death. We must strive to serve, live sacrificially, put God’s will first, unite ourselves to Christ, and make love for our neighbor our mission in life. This is what Jesus did. When we do



this, we take up our cross, follow Him, die with Him, and are prepared to share in His Resurrection. This is the only way to eternal life.

Reflect, today, upon the words “Take up your cross and follow Me.” This is Jesus’ most sacred instruction to us all on how we should live and how we will share in His gift of eternal life. What cross in your life are you fearful of? What act of sacrifice do you avoid? True love hurts in the sense that it is always selfless. We must die to ourselves. Reflect upon any way that you fail to do this, and allow Jesus’ rebuke of Peter to also rebuke you so that you will be freed from the fear of this holy sacrificial love that will unite you to our Lord.

My sacrificial Lord, You did not fear laying down Your sacred life for us all. You embraced Your mission of love by entering into death itself so that we could die with You and thus share in Your Resurrection. Please free me from all fear of the crosses in my life and help me to fully embrace a life of sacrificial love. Jesus, I trust in You.

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Editor's Note: The author is currently on vacation. This piece was previously published through [Catholic Daily Reflections](#).

PARISH FAMILY OUTREACH AND SERVICE

Fairwind - Brittany Park | John McGuinness | johnmcg@gmail.com

Kids of the World | Ken Fabrizio | kenfabrizio4@gmail.com

Knights of Columbus

- STB - Joe Osmialowski | 248-343-9021
- STOC - Dennis Hammonds | dennishammonds45@gmail.com

Ministry to the Homebound

- Bothell Health Care | Cogir of Bothell Memory Care
STB - Anne Chapman 206-234-5849
- All others - STB - Contact receptionist@saintbrendan.org
- STOC - Contact admin@saintteresa.org

Prepares (Pregnancy Support) | Lori Wirtz - loriwirtz@gmail.com

Respect Life | Colleen Danforth - rdhcoll@aol.com

Serving Our Savior (SOS) | Priscilla Finch - cilfinch@hotmail

St. Vincent de Paul

- STB - Margie Inghram | 425-486-8953
- STOC - Marion Scichilone | bpgourmet@yahoo.com

SERVING OUR SAVIOR (S.O.S.) SOUP KITCHEN MINISTRY

The Serving Our Savior (SOS) program is replete with canned and dried foods. **What we do need are funds to buy fresh vegetables, fruits and meats**, but the costs have increased significantly. Any amount of money would be very gratefully received. Contact Priscilla Finch at cilfinch@hotmail.com with any questions



MINISTRY AT ST. BRENDAN & ST. TERESA OF CALCUTTA

Supports families in need by providing diapers and clothing for children from birth to school age. We are located in the **lower Brendan House and are open on Tuesdays from 9AM to 11AM**. If you are in a housing or food crisis or in need of other immediate assistance, please call the State of Washington Services at 2-1-1 for help—it's FREE; they are open 24/7 and multilingual. **If you would like to make a financial donation to PREPARES, please write St. Teresa Prepares on the check.** Please contact Lori Wirtz (loriwirtz@gmail.com) with any questions.

NEED: Diapers: Size - 4T and 5T • Diaper Wipes.



CYO SPOTLIGHT

Hey, Parents – did you know that your children are eligible and welcome to participate in all St. Brendan CYO sports programs simply by being registered parishioners at either St. Brendan or St. Teresa of Calcutta Parish Family? Financial Assistance is available to help with registration fees, please contact CYOad@saintbrendan.org for details. For more information on CYO and the programs offered at St. Brendan, please reach out to Ena Demeter at cyosecretary@saintbrendan.org.

ST. BRENDAN CYO SOCCER – REGISTRATION NOW OPEN!

Calling all **soccer families**! It's time to lace up your cleats. **St. Brendan CYO Soccer registration is officially open** for students in **Pre-K through 8th grade**!

Don't wait—early registration is encouraged! Fees increase with late sign-ups, so secure your spot today.

Exciting News for the Season Ahead! We're thrilled to share that **brand-new goals** have been added—making this season even better for all our athletes!

Volunteer Coaches Needed Our program thrives because of our amazing volunteers! If you're interested in coaching this fall, please sign up by the end of June. Early commitments help ensure every team has the support it needs.

Questions? We're here to help! Contact Rob Flajole, Soccer Coordinator - cyosoccer@saintbrendan.org

Join us for a fun, active, and rewarding season—we can't wait to see you on the pitch!

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Questions or Interested in Coaching? Contact: Meg Koury (cyocrosscountry@saintbrendan.org) Cross Country Coordinator

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St. Brendan Holiday Craft Fair

Saturday, November 14, 2026

SAVE THE DATE: ST BRENDAN HOLIDAY CRAFT FAIR 2026

This year's Holiday Craft Fair will be held Saturday, November 14, 2026. Vendor applications for the 2026 Holiday Craft Fair are now being accepted (due date May 29, 2026).

The Holiday Craft Fair is our largest community event featuring 100+ small business craft vendors, our beloved bake sale, photos with Santa, and MORE!

Questions about the Craft Fair or to request an application please reach out at CraftFair@school.saintbrendan.org

ONLINE PARISHIONER STEWARDSHIP PLEDGES & ONLINE GIVING

Every person's finances and family situation is different. Jesus makes it clear that it matters not how much one gives, but that it is planned, calculated, at least somewhat sacrificial (see Luke 24:1-4), and not simply from what is "leftover" at the end of the month. We propose the tithe (10%) as the ideal every family can consider working towards. This means taking steps to give 5% to one's parish and 5% to other charities, or causes you have personal passion for.

You can give online at:

- St. Brendan Parish (STB) - parish.saintbrendan.org
- St. Teresa of Calcutta (STOC) - <https://pushpay.com/g/saintteresacalcutta>
- OR can the QR codes with your phone's camera, >>> It's quick, secure, convenient, and easy. Your support helps sustain our parish family. If you need help with online giving, please call the Parish Office at 425-483-9400 (STB) or 425-806-8096 (STOC) .

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