

WELCOME TO SAINT BRENDAN & SAINT TERESA OF CALCUTTA PARISH FAMILY

TWENTY-THIRD SUNDAY OF ORDINARY TIME
SEPTEMBER 6, 2026



Amen, I say to you, whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven. (Mt 18:18)

SAINT BRENDAN PARISH | STB



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 8AM | 10AM* | 12PM* (Misa en Español)

* LIVESTREAM ON FACEBOOK

DAILY MASS Monday, Wednesday - Saturday | 8:30AM

ADORATION

- Monday - Thursday | 1PM to 6PM • Friday | 9:30AM to 6PM
- First Friday | 9:30AM to FIRST SATURDAY DEVOTION at 7:30AM*

*WITH ROSARY FOLLOWED BY BENEDICTION

CONFESSION

- Monday, Wednesday - Saturday | 7:45AM - 8:15AM
- Saturday | 2:30PM - 4PM

SAINT TERESA OF CALCUTTA PARISH | STOC



SUNDAY MASS

- Saturday Vigil | 5PM
- Sunday | 9AM | 11AM

DAILY MASS - Tuesday to Friday | 9AM

ADORATION

- Tuesday - Friday | 8:30am (Prior to Daily Mass)
- Benediction just before 9am Mass

CONFESSION

- Saturday | 3pm to 4:30pm
- Other: By Appointment.

*"Help me to journey beyond the familiar and into the unknown.
Give me the faith to leave old ways and break fresh ground with You."*
—ST. BRENDAN, THE NAVIGATOR

"Do small things with great love"
— ST. MOTHER TERESA OF CALCUTTA

PARISH DIRECTORY



PASTOR

Rev. Nicholas Wichert
frwichert@saintbrendan.org
425-483-9400, Ext 2647
frwichert@saintteresa.org
425-806-8096, Ext. 3103



PAROCHIAL VICAR

Rev. Peter Adoko-Enchill
frpeter@saintbrendan.org
frpeter@saintteresa.org
425-806-8096, Ext 3104

DEACONS

- Dcn. Leon Garcia-Martinez | deaconleon@saintbrendan.org
- Dcn. Armando Medina | deaconarmando@saintbrendan.org

ST. BRENDAN PARISH (STB)

Monday - Friday | 9:15AM-Noon • 12:30PM-4PM

- Church - 10100 NE 192nd St, Bothell, WA 98011-2931
- Office - 10051 NE 195th St., Bothell, WA 98011-2931
- 425-483-9400 | www.saintbrendan.org

Pastoral Assistant for Administration

Pastoral Assistant for Evangelization

Brigette Blair | ext. 2645 | bridgetteb@saintbrendan.org

Bookkeeper | Mary Deitch | ext. 2642 | bookkeeper@saintbrendan.org

Children & Family Ministry • OCIA Coordinator

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Confirmation

Andrew Duncan | Ext. 3102 | andrew@saintteresa.org

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Assistant | Christy Avila | ext. 2677 | christya@saintbrendan.org

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Liturgical Minister Schedule • Bulletin

Ermina Swager | ermina@saintbrendan.org • bulletin@saintbrendan.org

ST. BRENDAN PARISH SCHOOL

Monday, Tuesday, Thursday, Friday | 8AM to 4PM

Wednesday | 8AM to 3PM

- 10049 NE 195th St., Bothell, WA 98011
- 425-483-8300 | www.school.saintbrendan.org

School Principal | Catherine Shumate | catherines@school.saintbrendan.org

Admissions Director | Karah Burgess | karahb@school.saintbrendan.org

Advancement Director | Kerry Engle | kerrye@school.saintbrendan.org

School Secretary | Karyn Murnane | secretary@school.saintbrendan.org

COVER ART

TITLE: *La Penitente (The Penitent)*, 1884

ARTIST: Juan Garcia Martinez | **SOURCE:** picryl.com

ST. TERESA OF CALCUTTA PARISH (STOC)

Monday - Friday | 9:30AM - 3PM

- 17856 NE Woodinville Duvall Rd, Woodinville WA 98077
- 425-806-8096 | www.saintteresa.org

Parish Assistant for Administration

Zoltan Abraham | Ext.3105 | zoltan@saintteresa.org

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First Communion • Children's Catechesis

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Mark Sizemore | childfamilyministry@saintbrendan.org

Director of Music | John Dobson | music@saintteresa.org

MINISTRY TO THE SICK AND HOMEBOUND

To arrange for the Sacrament of Anointing of the Sick, call the Ministry of Pastoral Care of the Eastern Deanery at 425-655-3200.

To arrange for Holy Communion for the sick or homebound, call the parish office.

MINISTERIO PARA LOS ENFERMOS Y LAS PERSONAS CONFINADAS EN CASA

Para concertar el Sacramento de la Unción de los Enfermos, llame al Ministerio de Atención Pastoral del Decanato Oriental al 425-655-3200.

Para concertar la Sagrada Comunión para los enfermos o las personas confinadas en casa, llame a la oficina parroquial.

FUNERAL MASSES AND BURIAL RITES

To arrange for a funeral Mass, please contact the Parish Office, or ask the funeral director to do so.

MISAS PARA FUNERALES Y RITOS DE ENTIERRO

Para hacer arreglos para Misa para funeral, por favor contacte la Oficina de la Parroquia, o pregunte al director de los servicios funerarios.

PARISH NEWSFLASH

If you would like to receive the weekly St. Teresa Newsflash over email, please let us know at admin@saintteresa.org.

TO SUBMIT A BULLETIN ANNOUNCEMENT:

- Due Thursday *a week* before the target weekend.
- St. Brendan > bulletin@saintbrendan.org
- St. Teresa > admin@saintteresa.org

TO SUBMIT A MASS ANNOUNCEMENT OR MASS INTENTIONS:

- St. Brendan > receptionist@saintbrendan.org
- St. Teresa > admin@saintteresa.org

UPCOMING EVENTS

- **DISCIPLES CLUB REGISTRATION** - Now OPEN. See below.
- **STORY TIME WITH MRS. ABRAHAM** - Sunday, SEP. 6 • After the 10AM Mass • See below.
- **LABOR DAY** - SEP. 7 • Parish Office CLOSED • NO Confessions.
- **OCIA CLASSES** (English) - Begins Thursday, SEP. 10 • 6:30PM St. Brendan • Pg 5 for more info.
- **SHARING THE CROSS HIKE** - To support our seminarians and vocations • weekend of SEP. 11-12 • Pg. 5 for details.
- **CLASES DE LA OCIA:** Comienzan el domingo 13 de septiembre • 9:30AM • St. Brendan • Información sobre la inscripción >>.
- **CYO-LED MASS** - Sunday, SEP. 13 • St. Brendan • At the 10AM Mass.
- **HOLY HOUR | HORA SANTA** - Monday, SEP. 14 • 7PM • St. Brendan Chapel. • See below for more info.
- **MOMS GROUP** - Wednesday, SEP. 16 • 9:30AM • STB.
- **DISCIPLES CLUB CLASSES** - Begins Wednesday, SEP. 16 • 6PM to 7PM
- **MEN'S NOCTURNAL ADORATION** - Saturday, SEP. 19 • 9:30PM • St. Brendan. • Pg. 5
- **PARISH FAMILY HARVEST FESTIVAL**- Sunday, SEP. 20 • NOON • St. Teresa • Volunteers Needed • Planning meetings are on Tuesday evenings at St. Teresa • >>>
- **ANNUAL CHARITY ST. BRENDAN SCHOOL GOLF TOURNAMENT** - SEP. 19 • Pg. 10.
- **YOUNG-AT-HEART SENIORS** - Wednesday, SEP. 23 • Pg. 5.
- **STORY TIME WITH MRS. ABRAHAM** - Sunday, SEP. 27 • After the 11AM Mass. • See below.
- **TRAINING - EXTRAORDINARY MINISTER OF HOLY COMMUNION** - Wednesday, SEP. 30 • 6PM • STB. • Pg. 5.

STORY TIME

Mrs. Abraham is hosting Story Time in the St. Brendan nursery on the first Sunday of each month after the 10AM Mass. All children are welcome to come and listen. The next Story Time is Sunday, SEP. 6. **Starting next month, on SEP 27, also join her at St. Teresa on every third Sunday of the month.**



HOLY HOUR / HORA SANTA

We will hold a Holy Hour for families and children, including small children (and babies!), on **Monday, SEP 14, from 6 PM to 7 PM in the small chapel at St. Brendan.** Come and let yourself be blessed by the Lord. Bring the whole family, including babies and small kids. We will pray with hymns, silence, and directed meditations, and will receive benediction.

Tendremos una Hora Santa para las familias con hijos pequeños (y bebés!) el **Lunes 14 de Septiembre, de las 6 a las 7 de la noche en la capilla de San Brendan.** Ven y déjate bendecir por el Señor, trae a toda tu familia. Rezaremos con himnos, silencio, meditaciones dirigidas y recibiremos la bendición.

» A TIME TO GIVE THANKS • A TIME TO COME TOGETHER «

Parish Family Harvest Festival

» *In honor of Michaelmas* «

ST. TERESA

SUNDAY, SEPTEMBER 20, 2026

AFTER THE 11:00AM MASS

JOIN THE AUTUMN FUN!

AUTUMN THEMED GAMES
ANGEL COSTUME CONTEST FOR KIDS
BONFIRE, SCAVENGER HUNT, AND GREAT MUSIC!

TO VOLUNTEER, EMAIL ADMIN@SAINTTERESA.ORG

DISCIPLES CLUB

REGISTER NOW!

GRADES 1 THRU 5

CLASSES BEGIN WEDNESDAY
 SEPTEMBER 16TH - 6 TO 7 PM
 AT ST. BRENDAN SCHOOL

Gear up for a great year of faith, community, and Jesus' adventure!

- First Reconciliation
- First Communion
- Ongoing Faith Education
- To register, scan the QR Code below. Paper forms are available in the narthex. All Children, grades 1 thru 5 should be registered.

PRAYERS & READINGS

READINGS OF THE WEEK

23RD SUNDAY IN ORDINARY TIME SEPTEMBER 6, 2026

IF TODAY YOU HEAR HIS VOICE, HARDEN NOT YOUR HEARTS. (PS 95)

Sunday: Ez 33:7-9 • Ps 95:1-2, 6-7bc-9 • Rom 13:8-10 • Mt 18:15-20

Monday: 1 Cor 5:1-8 • Ps 5:5-7, 12 • Lk 6:6-11

Tuesday: Mi 5:1-4a or Rom 8:28-30 • Ps 13:6abc • Mt 1:1-16, 18-23 or 1:18-23

Wednesday: 1 Cor 7:25-31 • Ps 45:11-12, 14-17 • Lk 6:20-26

Thursday: 1 Cor 8:1b-7, 11-13 • Ps 139:1b-3, 13-14ab, 23-24 • Lk 6:27-38

Friday: 1 Cor 9:16-19, 22b-27 • Ps 84:3-6, 12 • Lk 6:39-42

Saturday: 1 Cor 10:14-22 • Ps 116:12-13, 17-18 • Lk 6:43-49

LET US PRAY FOR . . .

The Sick

All praise and glory is yours, Lord our God, for you have called us to serve you in love. Bless them so that they may bear this illness in union with your Son's obedient suffering. Restore them to health, and lead them to glory. We ask this through Christ our Lord. Amen.

Marta Acuña • Elizabeth Adoko • Harrison Carlin • Cash Crawford • Joan Dedman • Leticia de la Cruz • Toyo Erickson • Rachel Flanagan • Luz Gutierrez • Consuelo Haire • Hannah Joy Haug • Joseph Hayden III • Norman Hradec • Rebecca Jacobson • Ryan Jacobson • Christopher Lagestrom • Jesus Lopez Lopez • Joe Matthews • Melissa Matthews • Sally Merz • John Morgan • Thomas Nash • Dianne Osmialowski • Marilyn Phelps • Alexandra Rocio-Hays • Angela • Seibert • Sarah Watson.

The Deceased

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

J.D. Albin • Patricia Baumann • Olive Bowasi • Rosalia Garcia • Benito Go • Patrick Guentert • Terry Losh • Joseph Mandich • Jon Mott • Elia Nava • Emma Neuman • Arlene Plancich • Katie Sanchez • Eleonore Shotwell • Jack Tonkin • Tekla Vanderwel.

OWE NOTHING TO ANYONE, EXCEPT TO LOVE ONE
ANOTHER; FOR THE ONE WHO LOVES ANOTHER HAS
FULFILLED THE LAW.

(ROM 13:8)

O Sacrament Most Holy

O Sacrament Divine All Praise

and All Thanksgiving Be Every

MomentThine



MASS INTENTIONS

Sunday, September 6

STB

8:00AM Alexander Jensen

10:00AM Guadalupe Silva

12:00PM Saint Brendan Parish

STOC

9:00AM Saint Teresa Parish

11:00AM Saint Teresa Parish

Monday, September 7

STB - 8:30AM Beverly Kocarnik

STOC - 9:00AM NO MASS

Tuesday, September 8

STB - NO MASS

STOC - 9:00AM + Maria Leong dos Remedios

Wednesday, September 9

STB - 8:30AM Guadalupe Silva

STOC - 9:00AM Brent Jensen

Thursday, September 10

STB - 8:30AM Diane Lee Agpalo

STOC - 9:00AM Isabella Young

Friday, September 11

STB - 8:30AM + Souls in Purgatory

STOC - 9:00AM Saint Teresa Parish

Saturday, September 12

STB

8:30AM + German Narag

5:00PM Saint Brendan Parish

STOC - 5:00PM Saint Teresa Parish

+ = deceased.

To submit a Mass intention, contact the parish office at the following email address.

- St. Brendan - receptionist@saintbrendan.org
- St. Teresa of Calcutta - admin@saintteresa.org

St. Brendan & St. Teresa of Calcutta Parish Family

OCIA REGISTRATION

Order of Christian Initiation of Adults (OCIA)




Become Catholic

For Adults 18 and Over.
For Catholics who need the Sacraments and non-Catholics who wish to join the Church.

First class begins on SEPT. 10 at St. Brendan Catholic Church. Classes meet weekly on Thursday nights from 6:30PM to 8:00PM.

Adultos mayores de 18 años
Para Católicos que necesitan Sacramentos y no católicos que desean unirse a la iglesia
La primera clase comienza el 13 de SEP. en la iglesia Católica de San Brendan. Las clases se imparten semanalmente los domingos por la mañana, de 9:30 a 11:30.

Register via the QR Code, link, or via paper forms.
Inscríbete mediante el código QR, el enlace o los formularios en papel.

- English
<https://archseattle.ccbchurch.com/goto/forms/8626/responses/new>
- Español
<https://archseattle.ccbchurch.com/goto/forms/8649/responses/new>



KNIGHTS OF COLUMBUS CORNER (COUNCIL 6686)

- **August Knight of the Month** – Mike Baumann
- **August Family of the Month** – Joe & Dianne Osmialowski

- **The 'Sharing the Cross Hike' to support seminarians and vocations takes place on the weekend of SEP. 11-12.** The Knights will be in the narthex after all masses asking for support from the parish community. Please be generous.
- Are you looking for a place to host a wedding reception, shower, birthday, graduation party or some other event? Look no further. The Bothell Rental Hall is a great place to hold any event. Contact Cindy Roeter at 425-418-3185 for availability.
- What does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Join 2 million Catholic men on a mission. To learn more, go to kofc.org or look for a Knight in a blue vest or contact Grand Knight Joe Osmialowski at 248-343-9021.

9/11 ANNIVERSARY PRAYER

God of Peace and Mercy, on this anniversary for September 11, we lift up the souls who perished on that day. Welcome them with loving arms into Your kingdom. Comfort their families and friends. Help us to mourn alongside them with a constant compassion that can only be rooted in You. May we look to the first responders that day to inspire us to live bravely and courageously, and to selflessly protect others in need. May we look to those who opened up their homes to the stranded and displaced that day to stir us to be more hospitable. Having seen the face of evil and darkness, may we be steadfast and faithful in pursuing You, our perpetual Light. **In Jesus's name we pray. Amen.**

SOURCE: HALLOW.COM

REMEMBERING

SEPTEMBER 11

25TH ANNIVERSARY



MEN'S NOCTURNAL ADORATION

Men of St. Brendan and St. Teresa of Calcutta are invited to a special opportunity for prayer, fellowship, and spiritual renewal through Nocturnal Adoration. Each third Saturday of the month, our brothers gather to pray through the night in the true presence of our Lord Jesus Christ.

Please join us SEP. 19 — at 9:30PM at St. Brendan Church. For the first hour of these two evenings of adoration, we will learn about the beautiful traditions of the American Society for Nocturnal Adoration. Through each other's support, our new members will have the opportunity to learn, participate, and prepare for the full program beginning on Saturday, OCT. 3.

All men are encouraged to attend and experience this powerful time of prayer before the Blessed Sacrament. In the name of Jesus Christ crucified and of gentle Mary.

TRAINING - NEW & CURRENT EXTRAORDINARY MINISTERS OF HOLY COMMUNION

Calling all current ministers and those interested in becoming to be Extraordinary Ministers of Holy Communion! There will be a training on **Wednesday, SEP. 30 at 6PM at St. Brendan.** **This is for all who are called to serve at Mass; distribute Holy Communion to hospitals, to those homebound, or to one of the care facilities; and as sacristans.** Deacon Leon will be covering with all of us the proper way to do this as well as the spiritual components. We will then break off into particular groups to cover group-specific items. Please plan on attending. THANKS for all that you do! We could not do this ministry without you!



VOLUNTEERS NEED TO PRAY

We need volunteers to pray for an end to abortion at the Planned Parenthood Clinic in Everett. **We meet on Tuesday mornings from about 10:15AM to 11:45AM.** We pray peacefully on the sidewalk in front of the facility. If you can spare some time on Tuesday mornings we would love to have you join us. The address is: **1509 32nd St., Everett.** Please prayerfully consider being an advocate for the most defenseless among us, the unborn child in the womb.

JOIN US FOR CYO SUNDAY!

St. Brendan's CYO Committee is kicking off the new school year with a special CYO-sponsored Mass **on Sunday, SEP. 13 at 10:00AM!**

Come celebrate with us as our amazing young athletes fill special roles including altar servers and readers, bringing their spirit, teamwork, and joy to the day. Swing by our CYO Information Booth in the lobby—our Committee members will be ready to answer all your sports questions, share upcoming season details, and help families get connected.

We're excited to launch another year filled with fun, community, and the thrill of CYO sports. See you there!



RESPECT LIFE MINISTRIES

Please Pray For These Expecting Mothers: Sydney Covello • Erin Dolenc • Sarah Hill • Taylor Lockman • Lauryn Manning • Scareth Meija • Meron • Maggie Mock • Hannah Moxley • Joy Stanley • Chrissy White Cuda

Congratulations to: Alex & Hannah Galvan BOCKEL on the birth of their daughter, Alannah Rose • Ryan & Lauren GREEN on the birth of their son, Callahan Howard. We ask that God bless you and bring you much joy as you raise your little one.

If you are expecting a baby and would like your church family to pray for you, please contact Colleen Danforth at rdhcoll@aol.com.

Wills & Estate Planning Seminar

September 16
10 – 11:15am

Saint Teresa of
Calcutta Parish
Social Hall
17856 NE Woodinville
Duvall Rd., Woodinville



Learn how planned giving can support our parish and Catholic ministries, creating a lasting impact for future generations.

Hear from representatives from the Archdiocese of Seattle, Associated Catholic Cemeteries, Catholic Community Services of Western Washington, Fulcrum Foundation and Attorney John Keckemet as they share practical guidance on wills, trusts, and other estate planning tools.

Join us. This event is open to parishioners in our parish family and their guests.

To register or for more information, contact emilina.seats@seattlearch.org.

YOUNG AT HEART SENIORS

Please circle **Wednesday, SEP. 23**, on your calendar. That is the day that seniors of our Parish Family are invited to come to **St. Brendan narthex at 10:30AM** to learn about the activities planned for the 2026-2027 year.

The highlight of the day, however, will be the **presentation by Marianne Marion on "The Trip of a Lifetime"**, in which she will share with us her fantastic experience of being in Italy during Holy Week. A light lunch will follow the presentation. Please contact Donna (206-335-4469) if you have any questions or if you would like to help with the setup or to provide food.



LABOR DAY BLESSING

Dear God,

We thank You for this Labor Day. Bless the men and women who serve in our workforce, and grant them strength and protection in their work. Bless, too, those who courageously seek to build fairer and more just working environments for all our brothers and sisters. Bless all of us as we gather to rest and recreate during this holiday weekend. **Amen.**

Source: Hallow.com

ADORATION - ST. BRENDAN CHAPEL

Come and spend an hour with Jesus in the St. Brendan Adoration Chapel. We need two or three people on the following days:

Monday 2PM to 3PM • 3PM to 4PM • 4PM to 5PM • 5PM to -6PM. | **Tuesday** 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 5PM to 6PM | **Wednesday** 1PM to 2PM • 3PM to 4PM | **Thursday** 3PM to 4PM • 4PM to 5PM • 5PM to 6PM | **Friday** 11am to Noon • Noon to 1PM • 1PM to 2PM • 2PM to 3PM • 3PM to 4PM • 4PM to 5PM. **Saturday** 12AM to 1AM • 1AM to 2AM • 4AM to 5AM • 6AM to 7AM.

If you'd like to sign up or have questions, please contact Christina Plantilla at 425-486-3376.

ST. BRENDAN OVERNIGHT ADORATION OF THE HOLY EUCHARIST

Second Saturday of the Month:

- Women's Overnight Adoration—7PM to 6AM (Sunday)

Third Saturday of the Month:

- Children/Teen's Evening Adoration—6:30PM to 8:30PM
- Men's Overnight Adoration—8:30PM to 6AM (Sunday)

Segundo sábado del mes:

- Adoración nocturna de las mujeres—7PM a 6AM (domingo)

Tercer sábado del mes:

- Adoración nocturna de los niños/adolescentes—6:30PM a 8:30PM
- Adoración nocturna de los hombres—8:30PM a 6:00AM (domingo).

EVANGELIZATION

By Brigitte Blair

Chris Stefanick

- [The Hidden Identity Crisis in Women's Sports](#) | Sam Kelley
- [5 Simple Ways to Actually Change Your Life](#) | Fr. Jonathan Meyer
- [Gym Bro Secrets + Theology of the Body \(This Combo Works\)](#)
- [Christopher West Answers YOUR Questions About Sex, Dating & Gender](#)
- [The Tricky Temptation Nobody Talks About \(It's Not What You Think\)](#)

FORMED

- [Restless Heart](#)
- [Based on a True Saint](#)
- [Lectio: God](#)
- [What Is the Anointing of the Sick? | Catholic Sacraments Explained](#)
- [The Art of Living](#)
- [Jesus Thirsts: The Miracle of the Eucharist](#)
- [Practicing Catholic Podcast](#)
- [Does God Send People to Hell? The Truth About Mercy](#)
- [The Heart of Prayer](#)

Bishop Barron Sunday Sermon

[\(402\) A Living Sacrifice – Bishop Barron's Sunday Sermon](#) • [The Church Prevails](#) • [How Not to Read the Story of the](#)

Ascension Presents

- [Is God Calling You to a Vocation You Don't Want?](#)
- [The Biblical Way to Stop People-Pleasing.](#) | Fr. Columba Jordan | [St. Paul's Letters](#)
- [Not Sure Who You're Supposed to Be? St. Paul Has the Answer!](#) | Fr. Columba Jordan
- [Fr. Mike Schmitz Reviews The Odyssey AND Spider-Man Create These Habits to Master Prayer](#) | Sr. Mary Josephine
- [If You Feel Like You're Constantly Missing the Mark](#)
- [Father Mike Schmitz opens up about his vocation, faith, & his first trip to Ireland](#)
- ["I've Been Thinking About This Everyday"](#)

Fr. Mike Schmitz Homilies

- "Forfeit" | 22nd Sunday in Ordinary Time
- "Who Do You Say?" | 21st Sunday in Ordinary Time
- "Can God Say 'No'?" | 20th Sunday in Ordinary Time
- "In the Storm" | 19th Sunday in Ordinary Time

The Catholic Parent - [The Catholic Parent - FORMED](#)

For Kids

- [Owlegories](#) • [Chime Travelers](#) • [Awesome Animals & Mini Me](#) • [Zack and Yalla](#) • [Brother Francis \(English & Español\)](#) • [Littlest Saints](#)
- [The Wonderful World of Benjamin Cello](#)

GROWING IN FAITH

WHAT IS GENUINE LOVE?

By Zoltan Abraham

In the Second Reading for this Sunday we see that the commandments pertaining to our behavior toward others can be summed up in the sentence: "You shall love your neighbor as yourself" (Romans 13:9). At first blush, such a summary might seem to give us license. After all, didn't the Beatles sing that all we need is love, while they turned away from Christian morality?

The answer is that true love conforms to God's divine law. If we truly love, we will not steal, or cheat, or betray others, or do even more heinous things. Far from giving us license to do whatever we want, true love brings us into perfect harmony with God's divine order, which then empowers us to become channels of God's love to everyone around us. The more we love with a pure heart, the more God's infinite love radiates from our very being.

As the quote from the Second Reading implies, true love also entails that we love ourselves with a healthy self-love. Catholic theology sees virtue as the Greek philosopher Aristotle described it, as the golden mean between two extremes. With regard to self-love, one extreme is complete self-absorption, with the assumption that we are the greatest thing in the world and that the whole universe revolves around us. Such arrogance locks out God's love from our lives. The other extreme is the complete lack of self-love, the attitude that we are utterly worthless, horrible to the core, and that the world would be better off without us. Such total self-loathing also locks God's love out of our lives.

Healthy self-love acknowledges our sinfulness, our brokenness, and our dependence on God, and at the same time also recognizes that God made us to be fundamentally good and that his grace can and will perfect us if we open our hearts to his love. If we do not have healthy self-love, we cannot love others in a meaningful way. If we are consumed with arrogant self-centeredness, we have no love to give to others. Likewise, if we are ruled by self-hatred, there is no love within us to share. We cannot give that which we don't have. Loving ourselves in a healthy way is a precondition for loving others genuinely. Healthy self-love starts with accepting God's love for us, opening our hearts to his infinite, eternal love, and reciprocating his love with our whole being.

In terms of our behavior toward others, the First Reading for this Sunday also implies that it is not enough for us not to act sinfully toward others. We must also do our best to influence others not to sin. Our society tends to encourage us to live a siloed existence, where we focus only on our own actions and let others do their thing, whatever that might be, as long as they don't hurt others. But if we stand idly by while others get mired in sin, we are enabling their self-destruction. Of course, we must be prudent in how we communicate the Gospel message to them. We must also be careful not to engage in hypocrisy, telling others not to do things that we are guilty of ourselves. But genuine love demands that we seek to lead others away from sinful actions.

The Gospel Reading for today gives us a model for how to deal with sinful behavior within the structure of the Church itself. The passage envisions situations in which no reconciliation can be achieved and the person in question is to be excluded from the community and is to be treated as a Gentile or a tax collector. Why are those two categories named? At the time when this passage took place, the disciples were

exclusively Jewish. Only years later did Gentiles get added to their number. Jewish culture required leading a life very separate from those of the Gentiles, so treating someone as a Gentile would mean a thoroughgoing separation. With regard to tax collectors, they were Jews who collaborated with the occupying force of the Romans to raise taxes from the people, which would then be sent away to Rome to finance the workings of the Empire and the lavish lifestyle of the Roman aristocracy. As such, the tax collectors, though feared, were held in universal contempt by the rest of the Jewish people.

Thus, those who were obstinate in their sin were to be excluded from the community. However, we should remember how Jesus treated Gentiles and tax collectors. He reached out to them in love. He kept inviting them to embrace the Gospel. Therefore, even when we have to draw some firm boundaries with people, we should never cease to act with the utmost love toward them.

The Gospel passage for today also highlights the power of prayer, especially when we pray together with others. Christ reminds us that: "where two or three are gathered together in my name, there am I in the midst of them" (Matthew 18:20). In our highly individualistic society, we are often inclined to just do things on our own, without involving others. And it is true that prayer on our own is important; indeed, essential. However, solitary prayer is not enough. We have an innate spiritual need to gather with others to pray, as we do at Mass. In addition to weekly, and preferably more frequent, Mass attendance, we should also gather with others to pray - couples praying together, parents with their children, families altogether, friends in small or larger groups. There are so many opportunities for praying together. We receive immeasurable blessings from Christ when we do so.

YOUTH GROUP KICKS OFF ON SUNDAY, SEPTEMBER 27

Are you looking for a youth ministry for your teen that:

1. **Empowers young people to live as disciples of Jesus Christ in our world today.**
2. **Draws young people to responsible participation in the life, mission, and work of the Catholic faith community.**
3. **Fosters the total personal and spiritual growth of each young person.***

... Then have your son or daughter join us on **Sunday, SEP. 27 at St. Teresa of Calcutta**. Scan the respective QR Code to register.

*Source: USCCB

SINAI

Middle School Youth Group

6th - 8th Grade

Sundays, 12:30PM to 2PM

@St. Teresa - Scan to register >>>



EMMAUS

High School Youth Group

9th - 12th Grade

Sundays, 6PM to 8PM

Dinner Included

@St. Teresa - Scan to register >>>



PARISH FAMILY OUTREACH AND SERVICE

Fairwind - Brittany Park | John McGuinness | johnmcg@gmail.com

Kids of the World | Ken Fabrizio | kenfabrizio4@gmail.com

Knights of Columbus

- STB - Joe Osmialowski | 248-343-9021
- STOC - Dennis Hammonds | dennishammonds45@gmail.com

Ministry to the Homebound

- Bothell Health Care | Cogir of Bothell Memory Care
STB - Anne Chapman 206-234-5849
- All others - STB - Contact receptionist@saintbrendan.org
- STOC - Contact admin@saintteresa.org

Prepares (Pregnancy Support) | Lori Wirtz - loriwirtz@gmail.com

Respect Life | Colleen Danforth - rdhcoll@aol.com

Serving Our Savior (SOS) | Priscilla Finch - cilfinch@hotmail.com

St. Vincent de Paul

- STB - Margie Inghram | 425-486-8953
- STOC - Marion Scichilone | bpgourmet@yahoo.com

SERVING OUR SAVIOR (S.O.S.) SOUP KITCHEN MINISTRY

The Serving Our Savior (SOS) program is replete with canned and dried foods. **What we do need are funds to buy fresh vegetables, fruits and meats**, but the costs have increased significantly. Any amount of money would be very gratefully received. Contact Priscilla Finch at cilfinch@hotmail.com with any questions



MINISTRY AT ST. BRENDAN & ST. TERESA OF CALCUTTA

Supports families in need by providing diapers and clothing for children from birth to school age. We are located in the **lower Brendan House and are open on Tuesdays from 9AM to 11AM**. If you are in a housing or food crisis or in need of other immediate assistance, please call the State of Washington Services at 2-1-1 for help—it's FREE; they are open 24/7 and multilingual. **If you would like to make a financial donation to PREPARES, please write St. Teresa Prepares on the check.** Please contact Lori Wirtz (loriwirtz@gmail.com) with any questions.

NEED: Diapers: Size - 4T and 5T • Diaper Wipes.



CYO SPOTLIGHT

Hey, Parents – did you know that your children are eligible and welcome to participate in all St. Brendan CYO sports programs simply by being registered parishioners at either St. Brendan or St. Teresa of Calcutta Parish Family? Financial Assistance is available to help with registration fees, please contact CYOad@saintbrendan.org for details. For more information on CYO and the programs offered at St. Brendan, please reach out to Ena Demeter at cyosecretary@saintbrendan.org.

HELLO SOCCER MOMS & DADS!

We're gearing up for another awesome season of **CYO Fall Soccer**, and we can't wait to see all those smiling kiddo faces out on the field next week when practices begin!

Coaches will be reaching out soon (if they haven't already!) with details about teams, schedules, and everything you need to know for kickoff.

☀️ **A Few Important Reminders:** • **Teamsideline** will be our hub for messages and RSVPs this season—download the app if you haven't yet! • New to CYO? Welcome! 🎉 At least one parent must complete the **Parent Workshop (PLACT – Play Like a Champion Today)**. It's a quick one-hour virtual course. Just head to the CYO webpage and look for **Mandatory Trainings** in the top right corner. • Kiddos must wear shin guards at all practices and games. • For safety, **no jewelry, barrettes, or bandanas** may be worn during play—practice or games.

We're excited to kick off a fun, energetic season and can't wait to see everyone soon. If you have any questions, feel free to reach out at cyosoccer@saintbrendan.com!

⚽ Let's make it a fantastic season, St. Brendan families! ☀️

CROSS COUNTRY IS BACK!

Students are headed back to school, and our runners are headed back on the course—**Cross Country season starts Tuesday, 9/1!**

Join us for practices every **Tuesday and Thursday from 3:15–4:30 PM** on the **St. Brendan Field**. Don't forget to pack a **change of clothes, running shoes, and a water bottle** so you're ready to hit the ground running!

Already registered? Keep an eye out—our CYO XC Coordinator will be sending a detailed email soon with everything you need to know for the season.

Not signed up yet? There's still time! **Registration is open until Tuesday, 9/9.** 🙌 Sign up at <https://teamsideline.com/seattlecyo> or reach out to the XC Coordinator for more details.

Let's lace up, get moving, and kick off an awesome season together! ☀️🏆

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QUESTIONS? [KERRYE@SCHOOL.SAINTBRENDAN.ORG](mailto:kerrye@school.saintbrendan.org)

14th Annual Golf Tournament
Saturday, September 19th
Promo Code: Earlybird15



14TH ANNUAL CHARITY GOLF TOURNAMENT



The Golf Club at Redmond Ridge

SATURDAY
19th SEPTEMBER, 2026
8:00 AM

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\$165	\$215

KERRYE@SCHOOL.SAINTBRENDAN.ORG

ADULT CYO VOLLEYBALL!



Games run September - October!
1 Game Per Week vs Other CYO Teams!

Interested in Joining?
Email kristatorrey@gmail.com
to be added to the "Interested in More Information" List!



Register by Mid-August!

ONLINE PARISHIONER STEWARDSHIP PLEDGES & ONLINE GIVING

Every person's finances and family situation is different. Jesus makes it clear that it matters not how much one gives, but that it is planned, calculated, at least somewhat sacrificial (see Luke 24:1-4), and not simply from what is "leftover" at the end of the month. We propose the tithe (10%) as the ideal every family can consider working towards. This means taking steps to give 5% to one's parish and 5% to other charities, or causes you have personal passion for.

You can give online at:

- St. Brendan Parish (STB) - parish.saintbrendan.org
- St. Teresa of Calcutta (STOC) - <https://pushpay.com/g/saintteresacalcutta>
- OR can the QR codes with your phone's camera, >>> It's quick, secure, convenient, and easy. Your support helps sustain our parish family. If you need help with online giving, please call the Parish Office at 425-483-9400 (STB) or 425-806-8096 (STOC) .

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